

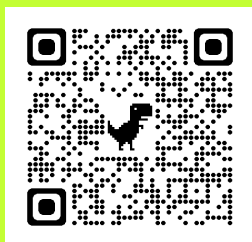


Spring Classes

2024

**Starts/Comienza 04.08.2024 -
Ends/Termina on 06.03.24**

**Choose your DAY / TIME
For example, Tuesdays @ 6pm,
then enjoy eight weeks of pro-
gramming ..all for \$10!**



**Mount Carmel
Recreation Center
830 West 70th Street
Los Angeles, CA 90044**

**Ask us how to become a
volunteer coach?**

Boxing Class / Clase de Boxeo

Monday/Lunes | 5:30pm - 6:30pm |

Ages/Edad: 7 - 11 yrs

Monday/Lunes | 6:30pm - 7:30pm |

Ages/Edad: 12 - 17yrs.

Wednesday/Miercoles | 5:30pm - 6:30pm |

Ages/Edad: 7 - 11 yrs.

Wednesday/Miercoles | 6:30pm-7:30pm |

Ages/Edad: 12-17 yrs.

Friday/Viernes | 5:30pm - 6:30pm |

Ages/Edad: 7 - 11 yrs.

Friday/Viernes | 6:30pm-7:30pm |

Ages/Edad: 12-17 yrs.

Cheer Class / Clase de Porrista

Monday/Lunes | 5:30pm - 6:30pm |

Ages/Edad: 5 - 12 yrs.

Tuesday/Martes | 5:30pm - 6:30pm |

Ages/Edad : 5 - 12 yrs.

Softball Class / Clase de Sofbol

Tuesday/Martes | 6:00pm - 7:00pm |

Ages/Edad : 8 - 12 yrs.

Volleyball Class / Clase de Voleibol

Monday/Lunes | 6:30pm - 7:30pm |

Ages/Edad: 8 - 15 yrs.

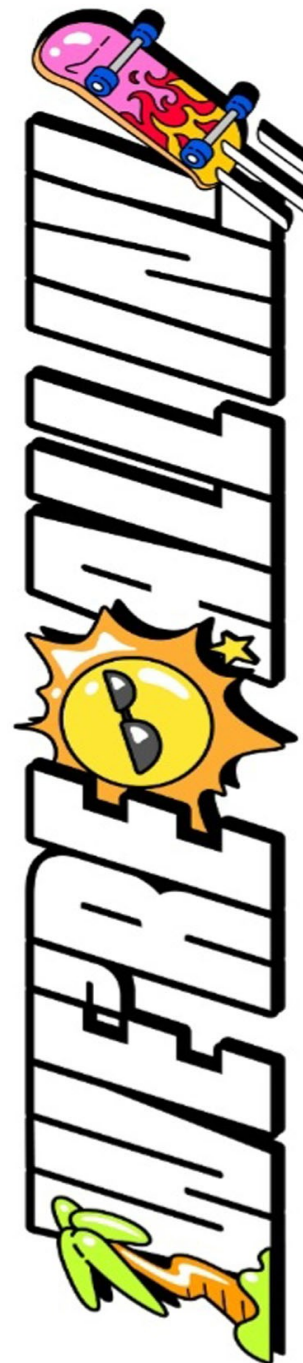
Tuesday/Martes | 6:30pm - 7:30pm |

Ages/Edad: 8 - 15 yrs.

Football Class / Clase de Futbol Americano

Monday/Lunes | 6:00pm - 7:00pm |

Ages/Edad: 6 - 13 yrs.




Registration Begins February 3rd !!

REGISTER NOW!

**LIMITED SPOTS
AVAILABLE !**

Have Questions? Call Us!

 **(323) 789 - 2756 /
(323) 789 - 2757**

Follow Us!

@ mountcarmelrec



WWW.LAPARKS.ORG/RECCENTER/MOUNT-CARMEL



PlayLA Youth and Adaptive Sports Program is made possible by the LA28 Olympic and Paralympic Games, allowing youth to participate for \$10. Waivers are available, ask for details. ACHIEVING GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS. ALL INFORMATION AND ACTIVITIES ARE SUBJECT TO CHANGE OR CANCELLATION. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE. IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS.