

WINTER Classes

**CHILDREN'S CLASSES**

CLASS NAME	AGES	TIME	FEE / WEEKS	INSTRUCTOR	CLASS DATES
<b>MONDAY - NO CLASSES ON January 15th and February 19th</b>					
Karate	5 - 8	4:00 - 4:45pm	\$130 / 8 wks	Roesha Hightower	1/8 - 3/11
Karate	9 - 12	5:00 - 5:45pm	\$130 / 8wks	Roesha Hightower	1/8 - 3/11
Karate	13 - 17	6:00 - 6:45pm	\$130 / 8wks	Roesha Hightower	1/8 - 3/11
<b>TUESDAY</b>					
Clay & Ceramics for Kids	6 - 10	4:00 - 4:45pm	\$130 / 8wks	Teacher Fereshteh	1/9 - 2/27
GPLA Volleyball Clinic	8 - 10	4:00 - 4:45pm	\$10 / 8wks	Staff	1/9 - 2/27
GPLA Volleyball Clinic	11 - 13	5:00 - 5:45pm	\$10 / 8wks	Staff	1/9 - 2/27
Racquetball Beginners	13 - 17	7:00 - 7:55pm	\$130 / 8wks	Jacob Helali	1/9 - 2/27
Karate	6 - 12	6:00 - 6:45pm	\$130 / 8 wks	Roesha Hightower	1/9 - 2/27
<b>WEDNESDAY</b>					
High 5 Basketball Clinic	5 - 8	4:00 - 4:45pm	\$130 / 8wks	Staff	1/10 - 2/28
Healthy Cooking with Annie	6 - 12	4:30 - 5:30pm	\$160 / 8wks	Teacher Annie	1/10 - 2/28
Taqball	9 - 15	7:00 - 7:45pm	\$10 / 8wks	Staff	1/10 - 2/28
Karate	5 -12	6:00 - 6:45pm	\$130 / 8wks	Roesha Hightower	1/10 - 2/28
Karate	13 - 17	7:00 - 7:45pm	\$130 / 8wks	Roesha Hightower	1/10 - 2/28
<b>THURSDAY</b>					
High Five Basketball Clinic	5 - 8	4:00 - 4:45pm	\$130 / 8wks	Staff	1/11 - 2/29
Art Studio	5 - 12	4:00 - 5:00pm	\$130 /8wks	Teacher Annie	1/11 - 2/29
Drawing Class	5 - 12	5:30 - 6:30pm	\$130 /8wks	Teacher Annie	1/11 - 2/29
<b>FRIDAY</b>					
Karate	5 - 8	4:00 - 4:45pm	\$130 / 8wks	Roesha Hightower	1/12 - 3/1
Karate	9 - 12	5:00 - 5:45pm	\$130 / 8wks	Roesha Hightower	1/12 - 3/1
Karate	13 - 17	6:00 - 6:45pm	\$130 / 8wks	Roesha Hightower	1/12 - 3/1

2024

**ADULT CLASSES**

CLASS NAME	AGES	TIME	FEE / WEEKS	INSTRUCTOR	CLASS DATES
<b>MONDAY - No CLASSES ON January 15th and February 19th</b>					
Adult Fitness/Cardio m,w,th	18+	8:00 - 8:55am	\$230 / 8wks	Deidre Smith	1/8 - 3/11
<b>TUESDAY</b>					
Ceramics	18+	9:00am - 2:00pm	\$275 / 8wks	Teacher Fereshteh	1/9 - 2/27
Racquetball Beginners	18+	6:00 - 6:55pm	\$130 / 8wks	Jacob Helali	1/9 - 2/27
Racquetball Beginners	18+	7:00 - 7:45pm	\$130 / 8wks	Jacob Helali	1/9 - 2/27
<b>THURSDAY</b>					
Racquetball - Intermediate	18+	6:00 - 6:55pm	\$130 / 8wks	Jacob Helali	1/11 - 2/29
Racquetball - Advanced	18+	7:00 - 7:45pm	\$130 / 8wks	Jacob Helali	1/11 - 2/29
<b>SATURDAY</b>					
Karate - Beginning	18+	2:00 - 2:55pm	\$130 / 8wks	Roesha Hightower	1/13 - 3/2
Karate - Intermediate	18+	3:00 - 3:55pm	\$130 / 8wks	Roesha Hightower	1/13 - 3/2



Achieving gender Equality through a continuous commitment to girls and women in sports.  
Reasonable Accommodations for people with disabilities are available upon request, (with prior arrangements).  
**REFUND POLICY: A 15% cancellation fee is assessed for all refunds. Full refunds are only issued when the Recreation Center cancels the activity. \*\*No refunds will be issued after January 13th 2023**

City of Los Angeles  
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