



**CITY OF LOS ANGELES**  
DEPARTMENT OF RECREATION AND PARKS

**CITYWIDE AQUATICS DIVISION**  
3900 CHEVY CHASE DR, LOS ANGELES, CA 90039  
TEL (323) 906-7953 FAX (818) 243-6495

**DATE:** December 9, 2021  
**TO:** RETURNING LIFESAVING STAFF  
**FROM:** ELIZABETH BENAVIDES-ARAGON, AFM II  
**SUBJ:** SUMMER 2022 RECERTIFICATION

Welcome Back, Summer 2022 is quickly approaching! Recertification for the Summer of 2022 will be modified due to the current Covid-19 restrictions. **Step 1:** Choose a virtual Lecture. **Step 2:** Choose a practical skills testing date. Please see [Instruction 265](#) for Annual Recheck And Recertification Standard.

**STEP 1**

VIRTUAL TRAINING
INSTRUCTOR LED
DATES AND TIMES ATTACHED
PAID 3.5 HOUR SESSION

**STEP 2**

<b>OPEN WATER LIFEGUARDS</b>	<b>POOL LIFEGUARDS</b>
RECHECK SWIM 500	DUMMY TOW & 200 LG MEDLEY
PRACTICAL SKILLS- AHA BLS, FIRST AID AND EXAMS	
COLA SKILLS REVIEW	
PAID 8 HOUR SESSION	



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**Study Materials are Available for Review Now**

<https://www.laparks.org/openwater/login>

USERNAME: CWA-Lifesavingstaff

PASSWORD: Recertification@2022

Contents: Study Guides, Lecture PPT Slides, Video Clips, and Skill Sheets



**Recertification Reminders**

- Bring your confirmation email for your scheduled Practical Skills Test
- All participants must be in full uniform: see [Instruction 902](#) for Uniform and Grooming requirements for part-time lifesaving personnel
  - Red Shorts with LG logo / White T-shirt or Polo with COLA LG insignia.
  - Fanny pack (whistle, pocket mask), wrist watch.
  - Optional items Sweats/sweater 3 season Jacket (optional, plain navy blue or COLA LG insignia no stripes). Footwear must have rubber soles.
- COLA Skills Review: all participants must wear red LG shorts. No goggles or swim caps can be utilized for the skills review.

**The following County Public Health Covid-19 Protocols will be followed:**

- All Participants must participate in an onsite health screening. If you are ill on your recertification date during normal business hours 8:00 a.m. - 5:00 p.m Monday-Friday to contact Citywide Aquatics and speak to an Aquatic Director. Outside of business hours Call the On Call AD 213-921-0156.
- All participants must show a negative Covid-19 test prior to the onsite skills challenge date selected, if they are not fully vaccinated. Covid-19 PCR test will be available from 9:00am-5:00pm Tuesday @ CSY 3900 Chevy Chase Drive. Los Angeles CA 90039
- Additional testing opportunities can be found at the following link
  - <https://corona-virus.la/covid-19-testing>
- All participants must wear a mask at all times unless in the water.
- All participants must adhere to social distancing of 6 feet during the training session.

**See Recertification Schedule Below**

**PLEASE NOTE YOU MUST COMPLETE STEP 1 BEFORE STEP 2 TO COMPLETE THE RECERTIFICATION PROCESS**



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# Recertification Dates

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>12/14/21</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM <b>CAPACITY</b>	<b>12/15/21</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM <b>CAPACITY</b>	<b>12/16/21</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM <b>CAPACITY</b>	<b>12/17/21</b> In Person: 1 PM - 9 PM <b>CAPACITY</b>	<b>12/18/21</b> In Person: 9 AM - 5:30 PM <b>CAPACITY</b>
<b>12/19/21</b> In Person: 9 AM - 5:30 PM <b>CAPACITY</b>		<b>1/4/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM <b>CAPACITY</b>	<b>1/5/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/6/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/7/22</b> In Person: 1 PM - 9 PM <b>CAPACITY</b>	<b>1/8/22</b> In Person: 9 AM - 5:30 PM
<b>1/9/22</b> In Person: 9 AM - 5:30 PM		<b>1/11/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/12/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/13/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/14/22</b> In Person: 1 PM - 9 PM	<b>1/15/22</b> In Person: 9 AM - 5:30 PM
<b>1/16/22</b> In Person: 9 AM - 5:30 PM		<b>1/18/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/19/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/20/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/21/22</b> In Person: 1 PM - 9 PM	<b>1/22/22</b> In Person: 9 AM - 5:30 PM
<b>1/23/22</b> In Person: 9 AM - 5:30 PM		<b>1/25/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/26/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM	<b>1/27/22</b> <b>Virtual Lecture:</b> 5:30 PM - 9 PM <b>CAPACITY</b>	<b>1/28/22</b> In Person: 1 PM - 9 PM	<b>1/29/22</b> In Person: 9 AM - 5:30 PM <b>CAPACITY</b>
<b>1/30/22</b> In Person: 9 AM - 5:30 PM						

Sign up via [bit.ly/cwarecert2022](https://bit.ly/cwarecert2022)