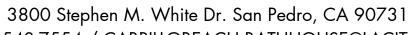
Cabrillo Beach Bathhouse



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(Epoch - The beginning of a new era, marked by radical changes)



"...because your Workouts should be Epoch!"

30's

40'S

50's

60'8

70'5

Charleston
The Jerk
Hustle
Twist
& More

DRESS UP IN YOUR FAVORITE ERA

18+ YRS ONLY! \$25/MONTH
THURSDAY, 9:15AM - 10:15AM
THURSDAY, 6:45PM - 7:45PM
Classes begin May 16th
Call to register TODAY!





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Persons with disabilities are welcome to participate in our programs. Reasonable accomodations will be made with prior arrangements. PlayLA youth and adaptive sports program is made possible by the LA2S Olympic Paralympics Games. Waivers available for those who qualify. Ask for detils. Classes and programs are subect to change for cancellation without prior notice.