

City of Los Angeles Recreation and Parks Department



Glassell Park Senior Center



Chair Aerobics

Wednesday's 9:00am-10:00am



\$5 per
month

Join us for a fun workout tailored to Seniors.

Full refunds will not be given unless class is cancelled by the center. A 15% administrative fee will be added to all refunds. Programming subject to change or CANCELLATION WITHOUT notice. persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangement.