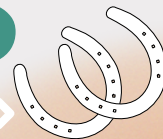




ADULT CLASSES



CLASS	DESCRIPTION	AGE	DAY	TIME	MONTHLY FEE
Light Stretch Workout/Walking	This class will assist you to increase your flexibility safely. Stretching your body to become more supple offers many physical benefits.	18+	Monday	9:30AM-10:00AM	\$5
Soccer Sports Workshop Fundamental	Learn the fundamentals of soccer to improve your soccer skills	18+	Tuesday	6PM-7PM	\$5
Free Style Kickball	Learn the fundamentals of kickball	18+	Thursday	6PM-7PM	\$20
Pickle Ball	Learn basic Pickleball skills	18+	Tuesday	7PM-8PM	\$20
Horse Shoe	Horseshoes is an outdoor game with players alternating turns tossing horseshoes at stakes in the ground.	18+	Tuesday	6PM-7PM	\$20
Adult Recreational Volleyball	Participation in recreational volleyball games provides opportunities to meet diverse groups of people, foster friendships, and build a sense of community	18+	Thursday	10AM-12PM	\$40
Free Play	Participate in recreational sports, learn the fundamental of different sports	18+	Thursday	12PM-3PM	Free



PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENT. PROGRAMS ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE RECREATION CENTER.