



City of Los Angeles
 Department of Recreation and Parks
 Valley Municipal Sports Office
 3900 West Chevy Chase Drive
 Los Angeles, CA 90039
 (818) 246-5613



Flagfootball.munisports@lacity.org

2023-24 Flag Football Fact Sheet

TOPIC	DESCRIPTION
Registration	<ul style="list-style-type: none"> • Registration by teams only. • Individuals may register for the Free Agent List. • Registration will be accepted starting Monday, July 10th and will continue until the league fills or 5pm on Friday, August 4th.
Individual Players	<ul style="list-style-type: none"> • Players seeking to join a team can e-mail the sports office with the following information: Name, Age, Phone number, Experience, and positions played. • We will compile a list and circulate it to the team managers.
Type of League	<ul style="list-style-type: none"> • 7-on-7: traditional, blocking allowed
League Starts	<ul style="list-style-type: none"> • League is tentatively scheduled to start on Sunday, September 17th. • Regular season will consist of approximately 12 games plus playoffs for teams that qualify.
Manager's Meeting	<ul style="list-style-type: none"> • Thursday, August 31st @ 6:00pm – To be held virtually
Games	<ul style="list-style-type: none"> • Games will be played on Sundays at Robinson Stadium at the Michelle and Barack Obama Sports Complex (formerly Rancho Cienega). • Game times vary between 9am and 4pm pending total number of teams.
League Web Site	<ul style="list-style-type: none"> • https://www.laparks.org/sports/flagfootball • Web site consists of a variety of league information; in addition, all forms pertaining to the league may be downloaded from this site.
E-mail address	<ul style="list-style-type: none"> • Flagfootball.munisports@lacity.org
Holidays (no games scheduled)	<ul style="list-style-type: none"> • Nov 26 Thanksgiving weekend • Dec 26 Christmas weekend • Dec 31 New Year's Eve • Feb 11 Super Bowl
For More Information	<ul style="list-style-type: none"> • Contact Eric Mellem at eric.mellem@lacity.org