
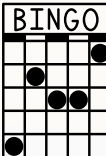


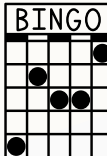















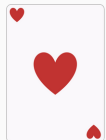













COSTELLO SENIOR CENTER

PHONE/ NUMERO DE TELEFONO: (213)485-9143



Time/ Tiempo	Monday/ Lunes	Tuesday/ Martes	Wednesday/ Miercoles	Thursday/ Jueves	Friday/ Viernes
10:00-11:30 AM	SOCIAL CAFE/ WALK FOR WELLNESS 	BINGO 9AM:Check in 9:30: start 	SOCIAL CAFE/ WALK FOR WELLNESS 	SOCIAL CAFE/ WALK FOR WELLNESS 	BINGO 9AM:Check in 9:30: start 
11:30-12:30 PM	LUNCH 	LUNCH 	LUNCH 	LUNCH 	LUNCH 
12:30-1:30 PM	Loteria 	BINGO 	KARAOKE 	CHAIR YOGA 	BINGO 
1:30- 2:30 PM	Loteria 	KARAOKE 	AEROBICS \$1 	CHAIR WORKOUT WITH DUMBBELLS 	KARAOKE 
2:30-3:30 PM	Card Friendly Game 	Loteria 	Dance \$1 	Loteria 	Loteria 
3:30- 4:30 PM	Billiards/ Computer Lab 	Loteria 	Billiards/ Computer Lab 	Loteria 	Loteria 

\$5 Monthly For Required Membership

\$5 Mensual Para membresía requerida

Low cost \$1 classes

Clases de bajo costo \$1

*Subject to Change

*sujeta a cambios