



# ADULT PROGRAMS

## DAVID M GONZALES RECREATION CENTER

10943 HERRICK AVE. PACOIMA, CA 91331



### JOIN US NOW



OFFICE:

(818)899-1950

### WOMEN'S BOXING AEROBIC CLASSES / CLASES AEROBICAS DE BOXING PARA MUJERES

9:00AM - 11:00AM AGES/EDADES: 18+

SATURDAYS ONLY

SOLO SABADOS

**\$10**

MONTHLY/MES

MON/WED/FRI

LUN/MIE/VIE

**\$25**

MONTHLY/MES

MON/WED/FRI/SAT

LUN/MIE/VIE/SAB

**\$35**

MONTHLY/MES

### BOXING OPEN GYM / GIMNASIO LIBRE DE BOXEO

4:30PM - 7:30PM AGES/EDADES: 18+

MONDAY - THURSDAY

LUNES-JUEVES

**\$45**

MONTHLY/MES

OPEN GYM IS FOR THE USE OF THE PUNCHING BAGS, WEIGHTS, AND EQUIPMENT THAT SURROUNDS THE BOXING RING.

ENTRADA LIBRE ES PARA EL USO DE SACOS DE BOXEO, PESAS, Y EQUIPOS QUE RODEAN EL RING DE BOXEO.

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PROGRAMS AND CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE RECREATION CENTER.

LAS PERSONAS CON DISCAPACIDADES SON BIENVENIDAS A PARTICIPAR EN NUESTROS PROGRAMAS. SE HARAN ADAPTACIONES RAZONABLES CON ARREGLOS PREVIOS. LOS PROGRAMAS Y LAS CLASES ESTAN SUJETOS A CAMBIOS O CANCELACIONES SIN PREVIO AVISO. NO SE EMITIRAN REEMBOLSOS A MENOS QUE CENTRO DE RECREACION CANCELE EL PROGRAMA.