



Delano Recreation Center

Programas de Primavera 2024



Registración de G.P.L.A. y Play LA clases comienza el 4 de Marzo, 2024

Programa	Edad	Fecha de Ingreso	Fecha de Conclusion	Horarios	Costo
Clases y Clinicas, Girls Play LA (G.P.L.A.)					
Gymnastics, Principiante	5-8	Abril 10, 2024	Mayo 28, 2024	Miercoles, 5:30 PM	\$10
Gymnastics, Principiante	9-12	Abril 10, 2024	Mayo 28, 2024	Miercoles, 6:30 PM	\$10
Gymnastics, Avanzada	6-12	Abril 10, 2024	Mayo 28, 2024	Miercoles, 7:30 PM	\$10
Folklorico, Principiante	5-8	Abril 9, 2024	Mayo 28, 2024	Jueves, 5:30 PM	\$10
Folklorico, Principiante	9-12	Abril 9, 2024	Mayo 28, 2024	Jueves, 6:30 PM	\$10
Acondicionamiento de Voleibol I	8-10	Dia 1, Abril 14, 5PM to 7PM	Dia 2, Abril 21, 5PM to 7PM	Dia 3, Abril 28, 5PM to 7PM	\$10
Acondicionamiento de Voleibol II	13-15	Dia 1, Abril 14, 7PM to 9PM	Dia 2, Abril 21, 7PM to 9PM	Dia 3, Abril 28, 7PM to 9PM	\$10
Acondicionamiento de Voleibol III	11-12	Dia 1, Abril 28, 5PM to 7PM	Dia 2, Mayo 5, 5PM to 7PM	Dia 3, Mayo 19, 5PM to 7PM	\$10
Acondicionamiento de Voleibol IV	16-17	Dia 1, Abril 28, 7PM to 9PM	Dia 2, Mayo 5, 7PM to 9PM	Dia 3, Mayo 19, 7PM to 9PM	\$10
Clases y Clinicas de Deportes, Play LA Sports					
Judo I	5-12	Abril 11, 2024	Mayo 30, 2024	Martes, 5:30 PM	\$10
Judo II	5-12	Abril 11, 2024	Mayo 30, 2024	Martes, 6:30 PM	\$10
Tiro al arco, Introduccion	7-12	Abril 9, 2024	Mayo 28, 2024	Jueves, 4:00 PM	\$10
Tiro al arco, Introduccion	7-12	Abril 9, 2023	Mayo 28, 2024	Jueves, 5:00 PM	\$10
Habilidades de futbol de bandera I	7-8	Dia 1, Abril 13, 1PM to 3PM	Dia 2, Abril 20, 1PM to 3PM	Dia 3, Abril 27, 1PM to 3PM	\$10
Habilidades de futbol de bandera II	9-10	Dia 1, Abril 13, 3PM to 5PM	Dia 2, Abril 20, 3PM to 5PM	Dia 3, Abril 27, 3PM to 5PM	\$10
Desarrollo de Carrera	7-9	Dia 1, Abril 9, 3PM to 5PM	Dia 2, Abril 16, 3PM to 5PM	Dia 3, Abril 23, 3PM to 5PM	\$10
Desarrollo de Carrera	9-11	Dia 1, Abril 9, 5PM to 7PM	Dia 2, Abril 16, 5PM to 7PM	Dia 3, Abril 23, 5PM to 7PM	\$10
Clubs					
Club Despues de Escuela	6-12	Concurrente	Concurrente	Lun, Mier-Vier., 2:30PM-6PM Martes, 1:30 PM-6 PM	Precios pueden variar
Club de Adolescentes	12-17	Concurrente	Concurrente	Martes-Jueves, 3 PM a 7PM	Gratis
"Adolescentes Xtremos"	12-17	Concurrente	Concurrente	Viernes, 5 PM a 9 PM	Gratis

Lograr la equidad de género a través de un compromiso continuo con las niñas y mujeres en el deporte

Las personas con discapacidades son bienvenidas a participar en nuestros programas. Se harán adaptaciones razonables con arreglos previos.



Delano Recreation Center

Spring 2024 Programs



Registrations for G.P.L.A. and Play LA classes begins March 4, 2024

Program	Ages	Start Date	End Date	Days & Times	Fee
Girls Play LA Classes (GPLA) and Clinics					
Gymnastics, Beginner	5-8	April 10, 2024	May 28, 2024	Wednesday, 5:30 PM	\$10
Gymnastics, Beginner	9-12	April 10, 2024	May 28, 2024	Wednesday, 6:30 PM	\$10
Gymnastics, Advanced	6-12	April 10, 2024	May 28, 2024	Wednesday, 7:30 PM	\$10
Folklorico, Beginner	5-8	April 9, 2024	May 28, 2024	Thursday, 5:30 PM	\$10
Folklorico, Beginner	9-12	April 9, 2024	May 28, 2024	Thursday, 6:30 PM	\$10
Volleyball Conditioning I	8-10	Day 1, April 14, 5PM to 7PM	Day 2, April 21, 5PM to 7PM	Day 3, April 28, 5PM to 7PM	\$10
Volleyball Conditioning II	13-15	Day 1, April 14, 7PM to 9PM	Day 2, April 21, 7PM to 9PM	Day 3, April 28, 7PM to 9PM	\$10
Volleyball Conditioning III	11-12	Day 1, April 28, 5PM to 7PM	Day 2, May 5, 5PM to 7PM	Day 3, May 19, 5PM to 7PM	\$10
Volleyball Conditioning IV	16-17	Day 1, April 28, 7PM to 9PM	Day 2, May 5, 7PM to 9PM	Day 3, May 19, 7PM to 9PM	\$10
Play LA Sports Classes and Clinics					
Judo I	5-12	April 11, 2024	May 30, 2024	Tuesday, 5:30 PM	\$10
Judo II	5-12	April 11, 2024	May 30, 2024	Tuesday, 6:30 PM	\$10
Archery, Intro	7-12	April 9, 2024	May 28, 2024	Tuesday, 4:00 PM	\$10
Archery, Intro	7-12	April 9, 2023	May 28, 2024	Tuesday, 5:00 PM	\$10
Flag Football Skills I	7-8	Day 1, April 13, 1PM to 3PM	Day 2, April 20, 1PM to 3PM	Day 3, April 27, 1PM to 3PM	\$10
Flag Football Skills II	9-10	Day 1, April 13, 3PM to 5PM	Day 2, April 20, 3PM to 5PM	Day 3, April 27, 3PM to 5PM	\$10
Running Development	7-9	Day 1, April 9, 3PM to 5PM	Day 2, April 16, 3PM to 5PM	Day 3, April 23, 3PM to 5PM	\$10
Running Development	9-11	Day 1, April 9, 5PM to 7PM	Day 2, April 16, 5PM to 7PM	Day 3, April 23, 5PM to 7PM	\$10
Clubs					
After School Club	6-12	Ongoing	Ongoing	M, W-Fri, 2:30PM-6PM Tue., 1:30 PM to 6 PM	Price May Vary
Teen Club	12-17	Ongoing	Ongoing	Tue-Thu, 3 PM to 7 PM	Free
Extreme Teens	12-17	Ongoing	Ongoing	Friday, 5 PM to 9 PM	Free



Achieving gender equity through a continuous commitment to girls and women in sports.



Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.