



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
 SOUTH SEAS HOUSE RECREATION CENTER
 2301 W 24TH ST., LOS ANGELES, CA 90018 | 323.373.9483 | RAP.SOUTHSEASHOUSE@LACITY.ORG



ADULT PROGRAMS AND CLASSES

APRIL 8 - MAY 31*

YOGA 18+ | MONDAYS | 4/8/24-6/3/24 | 5:00PM-6:00PM | \$40

COMPUTER 101 18+ | FRIDAYS | 4/12/24-5/3/24 | 9:00AM-10:00AM | \$20

WALKING CLUB 18+ | FRIDAYS | 4/12/24-5/3/24 | 10:00AM-11:00AM | \$20

CYBER & MOBILE SECURITY 18+ | FRIDAYS | 5/10/24-5/31/24 | 9:00AM-10:00AM | \$20

CRAFTY CLUB 18+ | FRIDAYS | 5/10/24-5/31/24 | 10:00AM-11:00AM | \$20

DANCE IT OUT I 18+ | FRIDAYS | 4/12/24-5/31/24 | 5:00PM-6:00PM | \$40

DANCE IT OUT II 18+ | FRIDAYS | 4/12/24-5/31/24 | 6:00PM-7:00PM | \$40



REGISTER TODAY!



REGISTRATION IS LIMITED!

*THERE WILL NOT BE CLASSES ON ALL CITY OBSERVED HOLIDAYS!
 A MINIMUM OF SIX (6) PARTICIPANTS MUST BE REGISTERED FOR EACH CLASS,
 IN ORDER FOR THE CLASS TO BE FULFILLED.

WE ARE CLOSED ON MONDAY, MARCH 25, 2024 IN OBSERVANCE OF THE CESAR CHAVEZ HOLIDAY

TO REGISTER VISIT US AT: WWW.LAPARKS.ORG/RECCENTER/SSH



ALL PROGRAMS ARE SUBJECT TO CHANGE OR CANCELLATION. ACHIEVING GENDER EQUALITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS. PROGRAMS ARE OFFERED ON A FIRST-COME, FIRST-SERVED BASIS. PERSONS WITH DISABILITIES ARE WELCOMED TO PARTICIPATE IN OUR CLASSES AND PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PROGRAMS AND CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE RECREATION CENTER.