

WESTWOOD RC SPRING FLAG FOOTBALL



REGISTRATION BEGINS FEBRUARY 8TH 2024
Online or In Person - laparks.org/reccenter/westwood



PRACTICES START THE WEEK OF MARCH 17TH, 2024
SEASON BEGINS: MARCH 30TH, 2024

Registration Fee: \$170 - Includes uniform, ref fees, and medal

Division is determined by age as of January 1ST, 2024

DIVISION	YEAR BORN	EVALUATION DATE	DRAFTS (COACHES ONLY)
ROOKIES	2017 - 2018	NONE	NONE
BANTAMS	2015 - 2016	Saturday March 9th 9:30AM	Saturday March 16th 9:30AM
MINORS	2013 - 2014	Saturday March 9th 11:00AM <small>*NO SPECIAL REQUESTS</small>	Saturday March 16th 11:00AM
MAJORS	2011 - 2012	Saturday March 9th 1:30PM <small>*NO SPECIAL REQUESTS</small>	Saturday March 16th 1:30PM
JUNIORS	2008 - 2010	Saturday March 9th 3:00PM <small>*NO SPECIAL REQUESTS</small>	Saturday March 16th 3:00PM



Make Up Evaluations will be on Wednesday, March 13th at 4PM for all Divisions

ADDITIONAL INFORMATION

The goal of the Westwood Sports Program is to provide a balanced and competitive league.
Requests for Practice Days, Coaches, Friends or Car Pools will not be honored.*

- * Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

See Jason Liss for Intent to Coach Form and Paperwork - All Volunteer Coaches **MUST** be fingerprinted.

Reasonable Accommodations for people with disabilities are available upon request, (with prior arrangements).

Achieving gender Equality through a continuous commitment to girls and women in sports.

Good Sportmanship is Everyone's Responsibility. Be A Good Sport!

REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. **NO REFUNDS WILL BE ISSUED AFTER MARCH 30TH 2024



City of Los Angeles
Department of Recreation & Parks
Westwood Recreation Center
1350 S. Sepulveda Blvd. Los Angeles,
CA 90025
310-473-3610
Westwood.RecreationCenter@cityofla.org

WESTWOOD SPRING BASKETBALL

**2024
SPRING
LEAGUE**



REGISTRATION BEGINS FEB 8TH

Online or in Person

laparks.org/reccenter/westwood

PRACTICES START WEEK OF MARCH 24TH

SEASON BEGINS APRIL 6TH

Registration Fee: \$160 - Includes uniform, ref fees, and trophy

Division is determined by age as of January 1, 2024

DIVISION	YEAR BORN	EVALUATION DATE	PRACTICE DAY
ROOKIES	2017 -2018	NONE	TUESDAY
BANTAMS	2015 -2016	NONE	THURSDAY
MINORS	2013 -2014	Saturday March 16th 10AM *NO SPECIAL REQUESTS	MONDAY
MAJORS	2011 -2012	Saturday March 16th 12PM *NO SPECIAL REQUESTS	WEDNESDAY

Make Up Evaluations will be on Wednesday, March 20th at 5PM for all Divisions

NO SPECIAL REQUESTS/ADDITIONAL INFORMATION

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- Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.
- Practices will begin in March.
- League starts April 6th, 2024.

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

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WESTWOOD RC SPRING BASKETBALL GIRLS

GPLA
GIRLS PARKS LEAGUE ASSOCIATION



REGISTRATION BEGINS FEBRUARY 8TH
Online or In Person at 9AM
laparks.org/reccenter/westwood

PRACTICES START WEEK OF MARCH 24TH
SEASON BEGINS: APRIL 6TH

Registration Fee: \$160 FEE WAIVER IS POSSIBLE UPON REGISTRATION
Includes uniform, ref fees, and trophy Division is determined by age as of January 1, 2024

DIVISION	YEAR BORN	EVALUATION DATE	PRACTICE DAY
GIRLS ROOKIES	2017 -2018	NONE	Monday
GIRLS BANTAMS	2015 -2016	NONE	Wednesday



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(with prior arrangements).

ADDITIONAL INFORMATION

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- Practices will begin in late March.

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

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WESTWOOD RC SPRING GIRLS VOLLEYBALL

GPLA



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PRACTICES START WEEK OF MARCH 24TH
SEASON BEGINS: APRIL 6TH



Good Sportmanship is Everyone's Responsibility. Be A Good Sport!

Registration Fee: \$160 Waiver is possible at registration!
Division is determined by age as of January 1, 2024 Includes uniform, ref fees, and trophy

DIVISION	YEAR BORN	PRACTICE DAY
GIRLS MINORS	2013 -2014	TBD
GIRLS MAJORS	2011 -2012	TBD

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- Practices will begin late March.
- League starts April 6th, 2024.

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REFUND POLICY:

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