

2009 JR. LIFEGUARD PROGRAM
Be a Los Angeles City Junior Lifeguard!



Applications deadline: June 13th, 2009
Program Dates: June 22th - July 31st, 2009
Program Times: 8:00am -12pm
Program Fee: \$335.00
Additional Fees: \$10.00 U.S.L.A. Membership
\$12.00 Cal State Games Registration
(\$10 if registering online at calstategames.org)

Test Dates will be: Saturday, May 30th, 2009
Van Nuys Sherman Oaks Pool
14201 Huston St.
Van Nuys, CA. 91423
Saturdays, June 6th & 13th, 2009
Hubert Humphrey Pool
12560 Filmore St.
Pacoima, CA. 91331

Physical Standard: 100 yard swim in 1 min. 59 seconds or less

Who is eligible: 9-17 years old
Enrollment is limited

WHAT TO DO

1. Pass Swim Test: 100 Yards in 1:59 or less.
2. Read Program Brochure



For further information please contact:
Hansen Dam Aquatic Center
(818) 899-3779

The classes and programs in this flyer may be subject to cancellation