

Your child(ren) *must* reach the appropriate age by the Online Registration date. *There are NO exceptions.*

Cheviot Hills

Palms

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GIRL'S BASKETBALL 2010

Online Registration: Monday, October 13, 2009
Walk-In Registration: Tuesday, Nov 2, 2009 (If space is available)
Rookies: 2nd-3rd* Minors: 4th-6th*
Practices begin in late Dec. Games begin January 9, 2010.

CO-ED BASKETBALL 2010

Online Registration: Monday, October 13, 2009
Walk-In Registration: Tuesday, Nov 2, 2009 (If space is available)
Little Dribblers: K-1st* Rookies: 2nd-3rd* Minors: 4th-5th*
Majors: 6th-7th* Juniors: 8th-10th*
Practices begin in mid Dec. Games begin January 9, 2010.

**Must be in appropriate grade by 9/9/2009.*

HOOPSTERS 2010

Online Registration: Monday, October 13, 2009
Walk-In Registration: Monday, Nov. 2, 2009 (If space is available)
Hoopsters: 5-7 years*
Practices begin December 14, 2009.
Games begin January 9 and end February 27, 2010.

**Must reach appropriate age by Online Registration date.*



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T-BALL/5-PITCH 2010

Online Registration: Monday, February 1, 2010
Applications will be available in our Winter Brochure
T-Ball: 4-5 years* 5-Pitch: 6-8 years*
Practices begin March 22, 2010.
Games begin April 3 and end June 5, 2010.

GIRL'S BASKETBALL 2010

Online Registration: Monday, February 1, 2010
Walk-In Registration: TBD (If space is available)
Rookies: 6-8 years* Minors: 9-10 years*
Majors: 11-12 years* Juniors: 13-15 years*
Practices begin in March.
Games begin April 10, 2010 and end June 13, 2010.

**Must reach appropriate age by Online Registration date.*

T-BALL/5-PITCH 2010

Online Registration: Monday, February 1, 2010
Applications will be available in our Winter Brochure
T-Ball: 4-5 years* 5-Pitch: 6-8 years*
Practices begin March 8, 2010.
Games begin March 20 and end May 22, 2010.

**Must reach appropriate age by Online Registration date.*

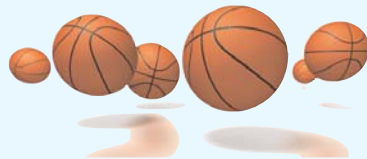


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CO-ED BASKETBALL 2010

Online Registration: TBD
Walk-In Registration: TBD (If space is available)
Little Dribblers: K-1st* Rookies: 2nd-3rd* Minors: 4th-5th*
Majors: 6th-7th* Juniors: 8th-10th*

**Must reach appropriate age by Online Registration date.*



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FLAG FOOTBALL 2010

Online Registration: TBD
Walk-In Registration: TBD (If space is available)
Divisions: TBD



GIRL'S BASKETBALL 2010

Online Registration: TBD
Walk-In Registration: TBD (If space is available)
Divisions: TBD

SOCCER 2010

Online Registration: Monday, June 7, 2010
Walk-In Registration: Monday, July 5, 2010 (If space is available)
Pee Wees: 4-5 years* Rookies: 6-8 years*
Practices begin September 20, 2010.
Games begin October 2 and end November 20, 2010.

**Must reach appropriate age by Online Registration date.*



WINTER HOOPSTERS LEAGUE



Hoopsters: 5-7 years **FEE: \$100**
Proof of age required for all new players.

— REGISTRATION INFORMATION —

Online Registration: October 5
 We accept Visa and Mastercard ONLY.

PARENTS & NEW COACHES MEETING
 Wed. Nov. 18 @ 6pm
ALL COACHES MEETING
 Wed. Dec. 9 @ 6pm

Walk-In Registration: Nov. 2 (If openings are still available)

HOOPSTERS:

5-7 years*

**Must reach appropriate age by Online Registration date*

Once you have successfully enrolled online, please drop off or mail your Registration Form (pages 18/19) to:

Palms Recreation Center
 2950 Overland Avenue
 Los Angeles, CA 90064

Please complete both sides of the application.



REFUND POLICY: If you wish to drop out of our sports program on or before December 19, 2009, a 15% administrative fee will be deducted from your refund. There will be NO refunds after 5:00 p.m. on December 19, 2009.

DATES: Games are played at Palms Recreation Center on Saturdays beginning January 9 and ending February 27. Games are played between 1 p.m. and 6 p.m.

PRACTICES: Each team will practice at Palms Recreation Center one afternoon per week. **You must give at least 2 options for your choice of practices.** Unfortunately, we can not guarantee your first choice.

COACHES: Parent volunteers are always needed. Please call 310.838-3838 or 310.202.4531 or email us at palms.recreationcenter@lacity.org to express your interest.

note Please attend the mandatory Parents Meeting on Nov. 18 to fill out your Player Availability Form.

CHEVIOT HILLS RECREATION CENTER



WINTER 2009-2010 GIRL'S BASKETBALL



Online Registration begins Monday, October 5, 2009

See www.laparks.org/dos/ereg/facility/cheviothills.htm for detailed instructions.

★ **Online Registration:** Online registration begins October 5, 2009 and ends November 1, 2009. Register online at www.laparks.org. If you are having trouble registering online please call (310) 837-5186.

After registering online, paper applications must be downloaded from www.laparks.org/dos/ereg/facility/cheviothills.htm, filled out and mailed in or dropped off at Cheviot Hills Recreation Center prior to December 1, 2009. Requests will only be taken from these paper applications.

★ **Mail-In Registration:** We will accept mail in registration no earlier than October 14, 2009. However, there may be no available spaces at that time.

NO CASH ACCEPTED. Make checks or money orders payable to: "L.A. City Recreation and Parks." Mail form and payment to Cheviot Hills Recreation Center, 2551 Motor Avenue, Los Angeles, CA 90064. Only preprinted bank checks with a California address will be accepted. Cheviot Hills Recreation Center is not responsible for lost or misdirected mail.

★ **Refund Policy:** If you wish to drop out of our sports program on or before December 19, 2009, a 15% administrative fee will be deducted from your refund. There will be NO refunds after 5:00 p.m. on December 19, 2009.

Walk-In Registration begins at 9:00 a.m. on Monday, November 2, 2009

Winter 2009-2010 Girl's Basketball Timeline

★ Tryouts: Early Dec. Practices Begin: Late Dec. Opening Day: Jan. 9, 2010 Closing Day: Mar. 14, 2010 ★

GAME TIMES AND DAYS:

Rookies: Sundays -- 12pm, 1pm, 2pm, and 3pm
(Small Gym)

Minors: Sundays -- 1pm, 2pm, and 3pm

Players are required to attend practice once a week.

TRYOUTS

Each player **must attend** one evaluation prior to the start of the season. **Players who do not attend tryouts must notify the league director.** Any player who does not attend tryouts, and does not notify the league director as to their abilities, **may not** be allowed to participate in league play. Teams are constructed based on ability. It is our goal to make fair and equitable teams based on player evaluations.

Division



Grade As Of 9/9/09

Rookies

2nd - 3rd Grade

Minors

4th - 6th Grade



Price

\$115

\$115

Cheviot Hills Recreation Center operates an instructional non-competitive league. We believe that sports leagues build and reveal character, and that all players must learn the value of sportsmanship before they learn the value of competition. We stress "Victory with Honor," and vigorously support the Department of Recreation and Parks "Character Counts" Program.

CHEVIOT HILLS RECREATION CENTER

WINTER 2009-2010 CO-ED BASKETBALL



Online Registration begins Monday, October 5, 2009

See www.laparks.org/dos/ereg/facility/cheviothills.htm for detailed instructions.

★ **Online Registration:** Online registration begins October 5, 2009 and ends November 1, 2009. Register online at www.laparks.org. If you are having trouble registering online please call (310) 837-5186.

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Walk-In Registration begins at 9:00 a.m. on Monday, November 2, 2009

Winter 2009-2010 Co-Ed Basketball Timeline

★ **Tryouts:** Early Dec. **Practices Begin:** Mid Dec. **Opening Day:** Jan. 9, 2010 **Closing Day:** Mar. 14, 2010 ★

GAME TIMES AND DAYS:

Little Dribblers: Saturday mornings
Rookies: Saturday and Sunday afternoons
Minors: Saturday mornings
Majors: Saturday afternoons
Majors: Sunday and Saturday evenings

Players are required to attend practice once a week.

TRYOUTS

Each player **must attend** one evaluation prior to the start of the season. **Players who do not attend tryouts must notify the league director.** Any player who does not attend tryouts, and does not notify the league director as to their abilities, **may not** be allowed to participate in league play. Teams are constructed based on ability. It is our goal to make fair and equitable teams based on player evaluations.

Division	Grade As Of 9/9/09	Price
Little Dribblers	K - 1st Grade	\$115
Rookies	2nd - 3rd Grade	\$115
Minors	4th - 5th Grade	\$115
Majors	6th - 7th Grade	\$115
Juniors	8th - 10th Grade	\$115



Cheviot Hills Recreation Center operates an instructional non-competitive league. We believe that sports leagues build and reveal character, and that all players must learn the value of sportsmanship before they learn the value of competition. We stress "Victory with Honor," and vigorously support the Department of Recreation and Parks "Character Counts" Program.

SPORTS REGISTRATION FORM

● Following your successful online registration, you must complete and return this form by the Parent Meeting date. ●

WINTER SPORTS	(Please write in) <u>Name of Sport</u> <u>Division</u> <u>M/F</u> <u>D.O.B.</u> / /
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GENERAL PLAYER	<i>Please fill out this form completely.</i>
	Last Name _____ First Name _____
	Birth date _____ Age _____ Height _____ Weight _____ Male <input type="checkbox"/> Female <input type="checkbox"/>
	School _____ Grade _____
	Are you a returning player? Yes <input type="checkbox"/> No <input type="checkbox"/> If Yes, Team _____
	Do you have a brother or sister playing in this age division? Yes <input type="checkbox"/> No <input type="checkbox"/> If Yes, Name _____ Age _____
	Parent/Guardian Name _____ Primary Contact: Cell <input type="checkbox"/> Work <input type="checkbox"/> Home <input type="checkbox"/>
	Cell Phone _____ Work Phone _____ Home Phone _____
	Address _____ City _____ Zip _____
	E-Mail _____
Emergency Contact Name _____ Primary Contact: Cell <input type="checkbox"/> Work <input type="checkbox"/> Home <input type="checkbox"/>	
Cell Phone _____ Work Phone _____ Home Phone _____	

My child is available for practice the following day(s). **Please check at least two days.** PRACTICE REQUESTS ARE NOT GUARANTEED.
 Monday Tuesday Wednesday Thursday Friday

Special Request(s): _____
Same team privileges will only apply to siblings. We do not honor requests for coaches.

Please check below if you are interested in helping with one of the following:
 Coach Team Parent Volunteer Phone _____ Email _____
 How did you hear about this program? Newspaper Mail Friend/Relative School Phone inquiry Other _____

REFUND POLICY
 If you wish to drop out of our sports program on or before December 19, 2009, a 15% administrative fee will be deducted from your refund. There will be NO refunds after 5:00 p.m. on December 19, 2009.

PARENT CONSENT FORM
 I, the undersigned, give permission for my child, whose name appears above, to participate in the _____ athletic program. I understand the nature of the sport's activities and the minor's experience and capabilities, and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I agree to relieve the City of Los Angeles Department of Recreation and Parks, its officers, agents and employees from any liability in connection with any injury to my child in connection with this league. I understand the Recreation Facility CARRIES NO INSURANCE. I, the undersigned parent of _____, a minor, do hereby authorize Palms Recreation Center as agents for the undersigned to consent to X-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under the general or specialized supervision of any physician licensed under the provisions of the Medical Practice Act on the staff of a licensed hospital, whether such diagnosis or treatment is rendered at the office of said physician or a said hospital. It is understood that this authorization is given in advance of any such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his best judgement may deem advisable. This authorization shall remain effective for the duration of the program, unless revoked sooner in writing and delivered to said agent.

Signature of Parent/Guardian _____ Date _____

PARENT'S OATH TO KIDS

I promise to demonstrate good sportsmanship by being a positive role model and encouraging you to play and have fun while supporting you and your team in both victory and defeat.
 Signature of Parent/Guardian _____ Date _____

RR NUMBER	AMOUNT	RECEIVED BY(INITIAL)	AGE VERIFIED (INITIAL)

CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS
**GOOD SPORTSMANSHIP IS EVERYONE'S
RESPONSIBILITY:
BE A GOOD SPORT**

PARENT'S CODE OF CONDUCT

I hereby pledge to live up to my responsibilities as a parent of a child participating in the Department of Recreation and Parks Sports Program by following the Parent's Code of Conduct.

- 1 I will place the emotional and physical well-being** of the children above any personal desire to win. I will help my child understand the valuable lessons sports can teach.
- 2 I will be a role model of good sportsmanship** and character. I will help my child meet his/her responsibilities to the coach and the team.
- 3 I will do my best to make sure that the game is** fun for all participants.
- 4 I will lead by example in demonstrating fair play** and sportsmanship to all participants. I will treat participants, coaches, recreation administrators, and the public with respect.
- 5 I will help maintain a sports environment for all** participants that is free of drugs, tobacco, and alcohol. I will refrain from their use at all youth sports events.
- 6 I will make only positive and encouraging** comments to players on both teams. I will not interfere or coach from the stands.
- 7 I will remember to not take the game or myself** too seriously.
- 8 I will strive to create a positive recreational** experience for everyone involved in the activity.
- 9 I will remember that I am a youth sports parent** and that the game is for children and not adults. Accordingly, I will encourage my child to play sports by providing a supportive atmosphere, but not pressure them.
- 10 I will discuss the significance of this code** with my family members.

I understand that the penalties for not adhering to this Code of Conduct may range from a verbal warning to expulsion from the activity.

Parent / Guardian Signature

Date

CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS
**GOOD SPORTSMANSHIP IS EVERYONE'S
RESPONSIBILITY:
BE A GOOD SPORT**

PLAYER'S CODE OF CONDUCT

I hereby pledge to live up to my responsibilities as a player participating in the Department of Recreation and Parks Sports Program by following the Player's Code of Conduct.

- 1 I will play by the rules and never argue or complain** about the officials' decisions.
- 2 I will be a role model of good sportsmanship and** character. I will meet my responsibilities to the coach and the team.
- 3 I will play for the fun of it and do my best to make** sure that the game is fun for all participants.
- 4 I will demonstrate fair play and sportsmanship.** I will treat participants, coaches, recreation administrators, and the public with respect as I would like to be treated.
- 5 I will refrain from the use of alcohol, drugs, or** tobacco at all youth sports events.
- 6 I will make only positive encouraging comments** to players on both teams. I will be a good sport by cooperating with my coaches, teammates, opponents, and officials.
- 7 I will remember that the goals of the game are to** have fun, improve skills, and feel good about playing. I will not take the game or myself too seriously. I will control my temper.
- 8 I will work equally hard for the team as for myself,** and will always give my best effort.
- 9 I will remember that I am a youth sports player** and the game is for my enjoyment and my skill improvement.
- 10 I will demonstrate good sportsmanship.**

I understand that the penalties for not adhering to this Code of Conduct may range from a verbal warning to expulsion from the activity.

Player's Signature

Date
