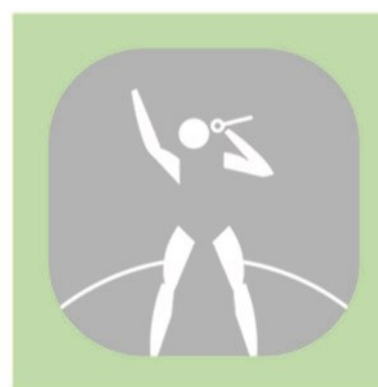
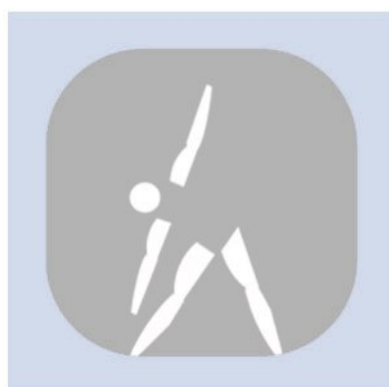
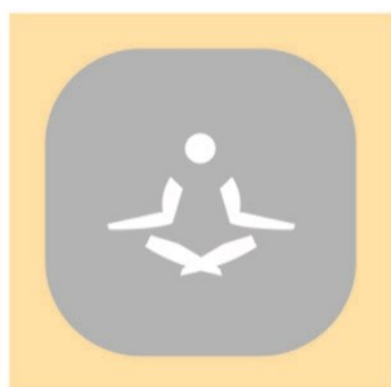
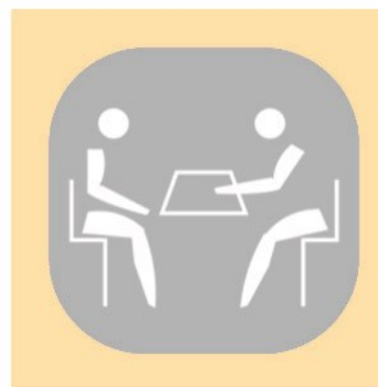
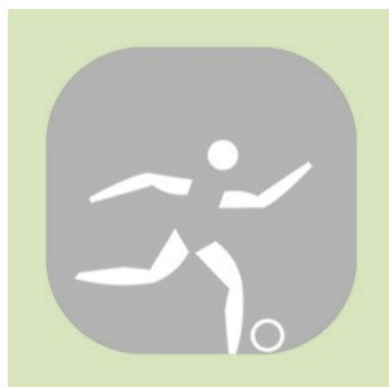
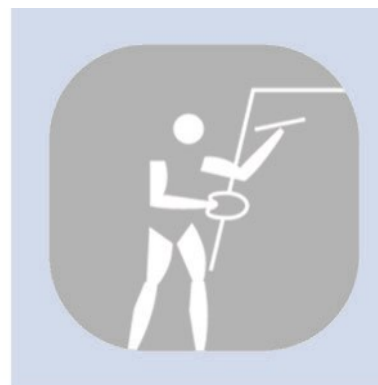
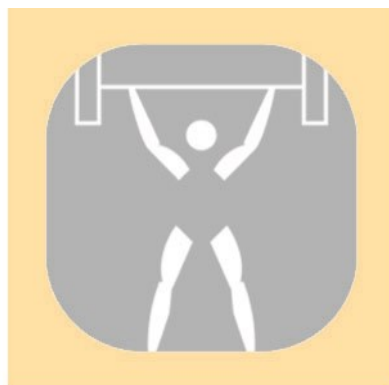
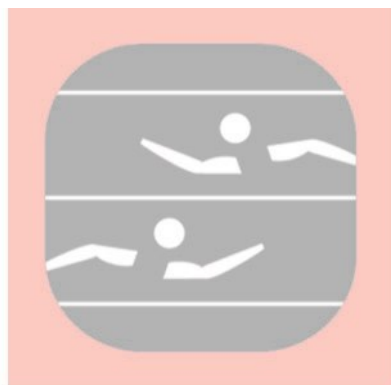


City of Los Angeles Department of Recreation and Parks

WINTER 2024

EXPO CENTER



Hours: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037



laparks.org/expo

[f](https://www.facebook.com/expocenterla) [@expocenterla](https://www.instagram.com/expocenterla)

All classes and programs are subject to cancellation. All refunds will be assessed a 15% fee.

"Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible"



EXPO CENTER

YOUTH & TEENS

Roy A. Anderson Recreation Center

SCHEDULE OF CLASSES

Registration Begins **NOV. 06**

CALL **(213) 763-0114**

Classes Begin **JAN. 3**

SPORTS



SOCCER - LEAGUES

Fees: \$10

January 2 to March 22

League evaluation days - Proof of age required
Dec. 15: Minors @ 6pm | Majors @ 7pm
Juniors @ 8pm

Ages: 5-6 (Tiny Kickers) Mon./Wed./Fri. 6:00pm-9:00pm

Ages: 7-8 (Little Kickers) Mon./Wed./Fri. 6:00pm-9:00pm

Ages: 9-10 (Minors) Mon./Wed./Fri. 6:00pm-9:00pm

Ages: 11-13 (Majors) Mon./Wed./Fri. 6:00pm-9:00pm

Ages: 14-15 (Juniors) Mon./Wed./Fri. 6:00pm-9:00pm

Practice days/times are TBA and are based on coach availability

BASKETBALL - LEAGUES

Fees: \$10

January 9 to March 13

League evaluation days - Proof of age required
Dec. 12: Minors @ 6pm | Majors @ 7pm
Juniors @ 8pm

Ages: 5-6 (Rookies) Mon./Tue./Th./Fri. 6:00pm-9:00pm

Ages: 7-8 (Pee Wees) Mon./Tue./Th./Fri. 6:00pm-9:00pm

Ages: 9-10 (Minors) Mon./Tue./Th./Fri. 6:00pm-9:00pm

Ages: 11-13 (Majors) Mon./Tue./Th./Fri. 6:00pm-9:00pm

Ages: 14-15 (Juniors) Mon./Tue./Th./Fri. 6:00pm-9:00pm

Practice days/times are TBA and are based on coach availability

SPORTS



GIRLS SOCCER - LEAGUE

Fees: \$10

January 2 to March 22

League evaluation days - Proof of age required
Dec. 15: Minors @ 6pm | Majors @ 7pm
Juniors @ 8pm

Ages: 8-10 (Minors) Mon./Wed./Fri. 6:00pm-9:00pm

Ages: 11-13 (Majors) Mon./Wed./Fri. 6:00pm-9:00pm

Ages: 14-15 (Juniors) Mon./Wed./Fri. 6:00pm-9:00pm

Practice days/times are TBA and are based on coach availability



GIRLS BASKETBALL - LEAGUE

Fees: \$10

January 2 to March 22

League evaluation days - Proof of age required
Dec. 14: Minors @ 6pm | Majors @ 7pm

Ages: 8-10 (Minors) Mon./Tue./Th./Fri. 6:00pm-9:00pm

Ages: 11-13 (Majors) Mon./Tue./Th./Fri. 6:00pm-9:00pm

Practice days/times are TBA and are based on coach availability

RECREATIONAL



KARATE - CLASS

Fees: \$10

January 2 to March 22

Ages: 5-15 Mon. 6:00pm - 7:00pm

Ages: 5-15 Mon. 7:00pm - 8:00pm



JOIN THE CLUBHOUSE!! Ages: 11-17

GENERAL INFORMATION and EVENTS

IMPORTANT DATES

EXPO Winter Classes Registration begins	Nov. 06
EXPO Winter Festival	Dec. 09
Winter Camp Begins	Dec. 18
Aquatic/EXPO Winter Classes begin	Jan. 08
Spring Class Registration begins	Feb. 20

EXPO Center and POOL Closed

Christmas	Dec. 25	Cesar Chavez Day	Mar. 25
New Years	Jan. 01		
Martin Luther King Jr. Day	Jan. 15		
NASCAR Event	Feb. 04		
Presidents Day	Feb. 19		

Scheduling of Special Events at LA Coliseum and LAFC games may cause additional days of closure to EXPO Center and LA84/John C. Argue Swim

Hours of Operation: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037

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City of Los Angeles Department of Recreation and Parks

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11-21-23

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WINTER 2024 YOUTH & TEENS



Roy A. Anderson Recreation Center

SCHEDULE OF CLASSES

Registration Begins **NOV. 06**

CALL **(213) 763-0114**

Classes Begin **JAN. 2**

PRESCHOOL

RALPH M. PARSONS Ages: 3-5
Mon. - Fri. 7am - 6pm

Full-Day Preschool

- 7:00am - 6:00pm \$160 wk

Kinder Care

- 2:00pm - 6:00pm \$60 wk

Call for more information
(213) 763-5119



AFTER SCHOOL

AFTER SCHOOL ENRICHMENT PROGRAM

Fee: \$45 (Cost \$60 with \$15 subsidy)

Grades: 1st - 5th Hours: 2pm - 6pm

Walking Pick Up Locations:

Science Center and Menlo Ave.

(Pickup is available within 3 mile radius from EXPO, with 3 or more kids per school)

Call ASEP Office for information
(213) 763-0114 Ext.228

EXPO CAMPS

WINTER 2023 CAMP

December 18 -
January 5



Ages: 6-12 Hours: 7:30am - 6:00pm

REGISTER NOW!
Limited Enrollment

Camp offers: Creative activities, indoor games, winter DIY projects, sports and much more! Campers MUST bring their own lunch. Afternoon snacks provided.

Fee \$120

Week 1: Mon.- Fri. Dec. 18 - 22

Fee \$100

Week 2: - Tue.-Fri. Dec. 26 - Dec. 29

Week 3: - Tue.- Fri. Jan. 3 - 6

Closed Dec. 26 and Jan.2

Limited number of scholarships available on a first come, first served basis.

Camp information call (213) 763-0114



EXPO CAMPS

CLASS PARKS TEEN CLUB PROGRAM



WINTER 2023 CAMP

December 18 - January 5

REGISTER NOW!

Limited Enrollment

Ages 13-17

Hours: 7:30am - 6:00pm

Camp has a wide selection of programs:

Fee \$120

Week 1: Mon.- Fri. Dec. 19 - 23

Fee \$100

Week 2: - Tue.-Fri. Dec. 27 - Dec. 30

Week 3: - Tue.- Fri. Jan. 3 - 6

Closed Dec. 26 and Jan.2

Limited number of scholarships available on a first come, first served basis.

Teen Camp information:

Call (213) 763-0114 Ext. 227



GENERAL INFORMATION and EVENTS

IMPORTANT DATES

EXPO Winter Classes Registration begins	Nov. 06
EXPO Winter Festival	Dec. 09
Winter Camp Begins	Dec. 18
Aquatic/EXPO Winter Classes begin	Jan. 02
Spring Class Registration begins	Feb. 20



EXPO Center and POOL Closed

Christmas	Dec. 25	Cesar Chavez Day	Mar. 25
New Years	Jan. 01		
Martin Luther King Jr. Day	Jan. 15		
NASCAR Event	Feb. 04		
Presidents Day	Feb. 19		

Hours of Operation: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

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City of Los Angeles Department of Recreation and Parks

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11-21-23

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EXPO CENTER

YOUTH & TEENS

Roy A. Anderson Recreation Center

SCHEDULE OF CLASSES

The Clubhouse

Ages 11-17

CALL (213) 763-0114



The Clubhouse

WHERE TECHNOLOGY MEETS IMAGINATION

@ EXPO CENTER

A safe out-of school digital design studio where young people express themselves through "STEAM"-STEM and the arts. Members engage with high-end technologies, supported by Mentors and take ownership of their learning, while developing technological, workforce and leadership skills.

The Clubhouse @ EXPO Center

is part of The Clubhouse Network, An international community of 100 Clubhouses located in 19 countries, providing youth with life-changing opportunities for 23 years.

For more information visit

The Clubhouse Network

www.theclubhousenetwork.org

The Clubhouse Hours

Open Lab

Mon-Thu. 3:00pm - 8:00pm

Fri. 3:00pm - 9:00pm

Sat. 9:00am - 4:00pm

Be Creative @ The Clubhouse !



Digital Portfolios

Canvas Art

Graphic Design

Photography

Youth Radio: Podcasts

**For more information call
(213) 763-0114 Ext. 257**

JOIN THE CLUBHOUSE!! Ages: 11-17



Monday – Thursday

3:00pm - 8:00pm

Friday

3:00pm - 8:00pm

Ages: 11-17

S.T.E.A.M.

Field Trips

Saturday

Specialty Workshops & Field Trips,
Community Service, Special Events.



BECOME A MENTOR in The Clubhouse @ EXPO Center

Make a difference in a young person's life, join a unique community of young people and adults who create, invent, and explore together using the latest in technology! If you are interested in mentoring at our Clubhouse, please call (213) 763-0114 Ext. 257.

Hours of Operation: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

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EXPO CENTER



YOUTH & TEENS

Roy A. Anderson Recreation Center

CALL (213) 763-0114

EXPO Center TEEN COUNCIL

Are you a High School student and interested in providing leadership for Teens at the EXPO Center?

The EXPO Center invites you to apply for the Teen Council and lead the way for your age group and make a difference for Teens in South Los Angeles.

The Teen Council makes recommendations to the EXPO Center management on the delivery of teen programs, facilities, activities, services and policies.

For more information call (213) 763-0114 Ext.257



JOIN THE CLUBHOUSE!! Ages: 11-17



The TEEN LEADERSHIP PROGRAM

Preparing Young Minds for Success in College Life

Topics include:

Financial Literacy
Professional Development
Job Interviews
Resume Writing
Self Evaluation
Guest Speakers

**Tuesday and Thursday
January 16 - March 1
(4 sessions)**

6:00pm - 8:00pm

**For information call
(213) 763-0114 Ext. 257**

EXPO CLUBHOUSE MENTORSHIP PROGRAM

Clubhouse members are grouped with Professional mentors. Clubhouse Mentors support members as they connect their interests with their technology skills.

Mentors vary in age, background, interest and skills, current mentors include university students, artists, educators, graphic designers and Clubhouse Alumni.

To learn more about the Mentorship Program, please contact the Clubhouse at (213)763-0114 Ext. 257



TO REGISTER ONLINE go to <http://bit.ly/EXPOandersonRC>

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11-21-23

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WINTER 2024

SENIOR CENTER

SCHEDULE OF CLASSES

AHMANSON SENIOR CENTER

CALL (213) 763-0118

HOURS of OPERATION Mon. - Fri. 8:00am - 4:00pm

MONTHLY PROGRAM FEE: \$10.00 - 55 years old and up | \$15.00 - 18-54 years old

CLASSES included with Monthly Program Fee - Due 1st of each Month (Checks payable to the City of LA)

Some activities, programs, or events may have additional fees. All classes and programs listed may be subject to change or cancellation.

Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.

EDUCATION

COMPUTER CLASS

Mon. / Wed. 9:30am - 11:00am

Learn from an instructor on how to use a computer.

COMPUTER OPEN LAB

Tues. 9:00am - 12:00pm

Come in and use the computers to sharpen your skills. An instructor will not be available.

Location: Ahmanson Computer Lab

ENGLISH NOW - ESL CLASS

Begins February 2024

Students develop listening and speaking skills in English. It is a multi-level class FREE to Ahmanson Senior Center members.

Thu. 9:30am - 10:30am

Fri. 10:30am - 11:30am

CREATIVE WRITING CLASS

Mon. 11:00am - 1:00pm

Come in and learn how to enhance your writing skills.

BOOK CLUB

Fri. 12:30pm - 2:30pm

Come in to read exciting new books, and engage in discussions.

SOCIAL CAFÉ (Members Only)

Mon. - Fri. 9am - 4pm

Come enjoy yourself in our Social Café. You can watch TV, play games, read books/magazines, or simply socialize with friends.

Contact Senior Center office for more information (213) 763-0118

HEALTH & FITNESS

SENIOR CIRCUIT TRAINING

Tone, shape, and sculpt in a class setting. Improve your posture and get results.

Tue. 11:00am-12:00 pm | Thu. 11:00am-12:00pm

Sessions are instructed by a certified trainer in the fitness room at Roy A. Anderson Recreation Center.



MAMBO MANIA

Dance away the pounds with this fun, full-body workout-one hour of cardio dance.

Tue./ Thu. 9:30am - 10:30am

SALSA CLASS - BEGINNERS

Wed. 11:00am - 12:00pm

SALSA CLASS

Tues./Thu. 11:00am - 12:00pm

LINE DANCE - BEGINNERS

Mon. 11:00am - 12:00pm

LINE DANCE

Mon. 12:30pm - 2:30pm

ZUMBA

Fridays. 9:30am - 10:30am

SENIOR PROGRAMS

KNITTING & CROCHETING CLUB

Create something great while socializing

Wed. 10:00am - 3:00pm



CRAFT CLUB

Create fun craft projects

Fri. 10:00am - 12:00pm

ART CLASS

Create art projects

Mon. 10:00am - 12:00pm

QUILTING CLUB

Learn various styles of quilting while completing your projects.

Wed. 10:00am - 3:00pm

SQUARE DANCE

Thu. 7:30pm - 9:00pm



Ahmanson Senior Center Hours of Operation: Mon. - Fri. 8:00am - 4:00pm | Sat. and Sun. Closed

3990 Bill Robertson Lane, Los Angeles, CA 90037

laparks.org/expo

@expocenterla

City of Los Angeles Department of Recreation and Parks

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11-21-23

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EXPO CENTER



ADULTS & SENIORS

Roy A. Anderson Recreation Center

SCHEDULE OF CLASSES

Registration Begins **NOV. 6**

CALL (213) 763-0114

Classes Begin **JAN. 2**

HEALTH & FITNESS

Get FIT at EXPO FITNESS SESSIONS

November 13 - December 23

December 26 - February 03



HEALTH & FITNESS CENTER

(Membership)

Allows access to fitness center, weight room, and open gym.



FITNESS PASS:

QUARTELY: Adults 18+yrs \$50

Adults 55+yrs \$30

MONTHLY: Adults 18+yrs \$20

Adults 55+yrs \$10

DAY PASS: Adults 18+ yrs \$5

Adults 55+yrs \$3

RECREATION CLASSES



AQUACISE CLASS for ADULTS

This class offers low to high intensity workouts that promotes cardio vascular fitness, conditioning, increased flexibility, and range of motion.

Adults: 18-49yrs \$5.00 per class
\$40.00 per series*

Adults: 50+yrs \$4.00 per class
\$32.00 per series*
*(8 classes)

Mon./ Wed.
12:00pm - 1:00pm | 5:00pm - 6:00pm

Register for classes at Roy A. Anderson Recreation Center.

TOTAL BODY SPIN BIKE CLASS

Tue. / Thu. / Sat.

7:00am | 8:00am

8:00am | 9:00am

9:30am | 10:30am

Fee: \$40 each session



GENERAL INFORMATION

IMPORTANT DATES

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EXPO Winter Festival	Dec. 09
Winter Camp Begins	Dec. 18
Aquatic/EXPO Winter Classes begin	Jan. 02
Spring Class Registration begins	Feb. 20



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Martin Luther King Jr. Day	Jan. 15		
NASCAR Event	Feb. 04		
Presidents Day	Feb. 19		

Scheduling of Special Events at LA Coliseum and LAFC games may cause additional days of closure to EXPO Center and LA84/John C. Argue Swim

Hours of Operation: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

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11-21-23

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- Effective 12-26-23



EXPO CENTER

WINTER 2024

AQUATICS



LA84/John C. Argue Swim Stadium

Online Registration Begins JAN. 6

WINTER Classes Begin JAN. 8

MONDAY - FRIDAY

ADULT LAP SWIM (18yrs & up)

7:30am – 4:00pm
(Competition Pool Only)

Mon. - Thu. | Fri.
5:00pm - 7:00pm | 5:00pm - 6:30pm
(Family Pool Only)
Limited lanes based on classes

RECREATIONAL SWIM

1:00pm - 5:00pm
(Family Pool Only)

SATURDAY

ADULT LAP SWIM (18yrs & up)

1:00pm - 4:30pm
(Competition Pool Only)

RECREATIONAL SWIM

1:00pm – 4:30pm
Closed Sunday

GENERAL ADMISSION

17 years & under \$1.00

18 years to 49 years \$4.00

50+ Adults \$1.00

Persons with Disabilities \$1.00

NOTE:

Under 4 yrs., swim diaper required.

6 yrs. & under, must be accompanied by adult on a 1:1 ratio. (One child to one adult)

All Prices subject to change

(213) 763-0125

LAP PASS

Adult Lap Pass

\$88.00 for 30 admission

**Youth, 50+ Adults and
Persons with Disabilities Pass**
\$25.00 for 30 admissions

PLAYLA USA

*Ages 7-17 is designed for entry-level athletes.
The year-round program is a department sponsored
league in partnership with USA Swimming.*

Registration requirements

- Assessment to demonstrate intermediate
level swimming -

\$10.00 per participant

Training Schedule

Mon. - Thu. 5:00pm - 7:00pm

NOVICE TEAMS

Ages 7-17

Registration begins Jan. 27

Practice begins Jan. 30

\$10.00 per participant

ARTISTIC SWIMMING

Mon./Wed. 5:00pm - 6:30pm

Fri. 5:00pm - 7:00pm

WATER POLO

Mon. / Wed.

6:30pm – 8:30pm

Fri.

5:00pm – 6:00pm



WINTER 2023

JUNIOR Lifeguard CAMP

Pre-registration

Dec. 1 - Dec. 15

Ages: 9-17 8:00am - 4:00pm

Session 1: \$120 per session

Session 2&3: \$100 per session

\$25 registration fee (one time, non-refundable)

Session 1: Dec. 18 - Dec. 22

Session 2: Dec. 26 - Dec. 29

Session 3: Jan. 02 - Jan. 05

For more information
call Aquatic office (213) 763-0125

GENERAL INFORMATION and EVENTS

IMPORTANT DATES

EXPO Winter Classes Registration begins	Nov. 06
EXPO Winter Festival	Dec. 09
Winter Camp Begins	Dec. 18
Aquatic/EXPO Winter Classes begin	Jan. 02
Spring Class Registration begins	Feb. 20



EXPO Center and POOL Closed

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NASCAR Event	Feb. 04		
Presidents Day	Feb. 19		

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EXPO Hours of Operation: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

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City of Los Angeles Department of Recreation and Parks

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Rev 11-21-23

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WINTER 2024 AQUATICS

LA84/John C. Argue Swim Stadium

SCHEDULE OF CLASSES

Online Registration Begins JAN. 6

WINTER Classes Begin JAN. 8

(213) 763-0125

YOUTH GROUP SWIM LESSONS

FREE per session
25 minutes per lesson

AGES 3-6 yrs. INFANT-PRESCHOOL AQUATIC PROGRAM

Children **must** be accompanied by an adult.

Mon./Wed. 4:00pm-4:25pm Level 1
4:30pm-4:55pm Level 3

Tue./Thu. 6:00pm-6:25pm Level 1

AGES 7-17 yrs.

Level 1 - WATER CONFIDENCE

Mon./Wed. 5:00pm-5:25pm

Tue./Thu. 5:30pm-5:55pm

Level 2 - BEGINNER

Mon./Wed. 5:30pm-5:55pm

6:00pm-6:25pm

Tue./Thu. 5:00pm-5:25pm

5:30pm-5:55pm

Level 3 - ADVANCE BEGINNER

Mon./Wed. 6:30pm-6:55pm

Tue./Thu. 4:30pm-4:55pm

5:00pm-5:25pm

Level 4 - INTERMEDIATE

Mon./Wed. 6:30pm-6:55pm

Tue./Thu. 4:00pm-4:25pm

Level 5 - SWIMMERS

Tue./Thu. 4:00pm-4:25pm

ADULT GROUP SWIM LESSONS (18+ yrs.)

\$30.00 per session
25 minutes per lesson

Level 1 - WATER CONFIDENCE

Tue./Thu. 1:00pm-1:25pm | 6:00pm-6:25pm

Level 2 - BEGINNER

Mon./Wed. 1:00pm-1:25pm | 6:00pm-6:25pm

Level 3 - ADVANCED BEGINNER

Mon./Wed. 4:30pm - 4:55pm

Tue./Thu. 4:30pm - 4:55pm

PRIVATE SWIM LESSONS

Fees: 4 lessons of 25 min each

(1 person) *Private \$108.00

(2 persons) *Semi-Private \$160.00

*Private: is a one-to-one ratio

*Semi-private: is a two-to-one ratio

Registration: Private lessons are limited to 2 half-hours slots per family.

Ages 3-6 - Parent must accompany child in the water.

- Friday Only -

See Pool Clerk for Scheduling

- Space in class is limited, registrations taken on a first come first serve basis until class is full. No refunds unless class is cancelled by facility.
- All prices subject to change without notice. All classes and programs in this schedule are subject to change or cancellation.
- All refunds will be assessed an 15% administrative fee.

AQUACISE

18+ yrs

Adults - \$5.00 per class

\$40.00 per series (8 lessons)

Adults 50+- \$4.00 per class

\$32.00 per series (8 lessons)

Mon./ Wed.

12:00pm-1:00pm | 5:00pm-6:00pm

BOGA FIT

Friday

6:00pm - 7:00pm

Fees: Adult - \$10.00 walk-in

\$90.00 series of 10 classes



ADAPTIVE AQUATICS

Students "swimming ability" not required. This class is designed for athletes with disabilities.

Fri. 5:30pm-6:30pm

Fee: Free

Aquatics Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

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11-21-23

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EXPO CENTER



AQUATICS

LA84/John C. Argue Swim Stadium

- SCHEDULE OF SWIM CLASSES -

ONLINE REGISTRATION

<https://reg.laparks.org>

Online Registration: starts Saturday at 9:00am and closes Tuesday at 11:59pm

WALK - IN Swim Lessons Registration (Session 1- 5)

SESSIONS: (1) Sat. Jan. 6 | (2) Sat. Feb. 3 | (3) Sat. Mar. 2 | (4) Sat. Mar. 30 | (5) Sat. Apr. 27

SWIM CLASSES	SESSION: 1 Jan. 8 - Feb. 1	SESSION: 2 Feb. 5 - Feb. 29	SESSION: 3 Mar. 4 - Mar. 28	SESSION: 4 Apr. 1 - Apr. 25	SESSION: 5 Apr. 29 - May 16
Level 1 Water Confidence	Introduction to water safety and water acclimation. This beginner level teaches buoyancy in water and basic locomotion skills. Kicking, breathing and alternative arm action techniques are introduced.				
Level 2 Beginner	Learn locomotion skills including front and back crawl and swimming in semi deep water.				
Level 3 Advance Beginner	Learn elementary backstroke and continue to improve front and back crawl.				
Level 4 Intermediate	Learn breaststroke and sidestroke skills.				
Level 5/6 Swimmer/Advance Swimmer	Participants refine strokes and learn aquatic skills such as butterfly stroke.				

IN PERSON TEAMS Registration Jan. 27 starts at 9:00am

There are no classes on holidays and there will be no make ups.

Take the LIFEGUARD CHALLENGE - How to become a LOS ANGELES CITY LIFGUARD

- Swim a 200 yard lifeguard medley (breaststroke, backstroke, sidestroke and front crawl) within proper form under 3minutes and 52 seconds.
- Perform the L.A. City Dummy Tow Swim under 1 minute and 18 seconds
- Retrieve a 10 pound diving brick off the bottom of a 10 feet pool
- Swim 25 yards in 18 seconds or less
- Tread water with a 10 pound diving brick for 1 minute



Interested in working for us, but won't be 17 by next summer? That's O.K!

If you are over the age 15 you can become a Locker Attendant if interested visit citywide.aquatics@lacity.org

For information concerning dates and times Call Aquatic Head Quarter (323) 906-7953.

LAC-PAT - For updated information concerning **LAC-PAT** call **EXPO Aquatic office (213) 763-0125.**

Aquatic Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037

laparks.org/expo/aquatic

[f](https://www.facebook.com/expocenterla) [@expocenterla](https://www.instagram.com/expocenterla)

City of Los Angeles Department of Recreation and Parks

All classes and programs listed may be subject to change or cancellation.

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Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodation may take 30 days or longer. Please submit your request for an accommodation as soon as possible.



EXPO CENTER

VOLUNTEER INFORMATION

Ready to Become A Volunteer!!

Get involved! Build your community through people, programs, and events at **EXPO CENTER!**

WHY BECOME A VOLUNTEER?

- Give back to the community
- Improve the quality of life in South Los Angeles
- Gain valuable skills and experience
- Practice and strengthen leadership skills
- Meet new people
- Help EXPO Center bring programs and services to more people
- Have fun and utilize your unique skills

EXPO Center values inclusivity and encourages persons with disabilities to volunteer. Certain assignments may have specific ability requirements. Speak with the program's staff to discuss necessary accommodation.

Follow these Steps

HOW TO BECOME A VOLUNTEER?

- Choose a program or event to volunteer your time and talents!
- Contact program staff to arrange an interview.
- Complete the **Volunteer Application Form** and **Volunteer Questionnaire**.
- Get fingerprinted at EXPO Center and pass background check. It's free!
- After clearance, staff will contact you for assignment and orientation!

For more information Call (213) 763-0114

Hours of Operation: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037

laparks.org/expo

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City of Los Angeles Department of Recreation and Parks

11-21-23



Councilmember *Curren D. Price* 9th District



Trish Delgado, *Executive Director - EXPO Center*

NOTES

11-16-23