

- Effective 12-26-23

EXPO CENTER WINTER 2024 AQUATICS

LA84/John C. Argue Swim Stadium

Online Registration Begins JAN. 6

WINTER Classes Begin JAN. 8

MONDAY - FRIDAY

ADULT LAP SWIM (18yrs & up)

7:30am - 4:00pm
(Competition Pool Only)

Mon. - Thu. | Fri.
5:00pm - 7:00pm | 5:00pm - 6:30pm
(Family Pool Only)
Limited lanes based on classes

RECREATIONAL SWIM

1:00pm - 5:00pm
(Family Pool Only)

SATURDAY

ADULT LAP SWIM (18yrs & up)

1:00pm - 4:30pm
(Competition Pool Only)

RECREATIONAL SWIM

1:00pm - 4:30pm
Closed Sunday

GENERAL ADMISSION

17 years & under \$1.00

18 years to 49 years \$4.00

50+ Adults \$1.00

Persons with Disabilities \$1.00

NOTE:

Under 4 yrs., swim diaper required.

6 yrs. & under, must be accompanied by adult on a 1:1 ratio. (One child to one adult)

All Prices subject to change

(213) 763-0125

LAP PASS

Adult Lap Pass

\$88.00 for 30 admission

Youth, 50+ Adults and Persons with Disabilities Pass

\$25.00 for 30 admissions

PLAYLA USA

Ages 7-17 is designed for entry-level athletes.
The year-round program is a department sponsored league in partnership with USA Swimming.

Registration requirements

- Assessment to demonstrate intermediate level swimming -

\$10.00 per participant

Training Schedule

Mon. - Thu. 5:00pm - 7:00pm

NOVICE TEAMS

Ages 7-17

Registration begins Jan. 27

Practice begins Jan. 30

\$10.00 per participant

ARTISTIC SWIMMING

Mon./Wed. 5:00pm - 6:30pm

Fri. 5:00pm - 7:00pm

WATER POLO

Mon. / Wed.

6:30pm - 8:30pm

Fri.

5:00pm - 6:00pm



WINTER 2023

JUNIOR Lifeguard CAMP

Pre-registration

Dec. 1 - Dec. 15

Ages: 9-17 8:00am - 4:00pm

Session 1: \$120 per session

Session 2&3: \$100 per session

\$25 registration fee (one time, non-refundable)

Session 1: Dec. 18 - Dec. 22

Session 2: Dec. 26 - Dec. 29

Session 3: Jan. 02 - Jan. 05

For more information
call Aquatic office (213) 763-0125

GENERAL INFORMATION and EVENTS

IMPORTANT DATES

EXPO Winter Classes Registration begins	Nov. 06
EXPO Winter Festival	Dec. 09
Winter Camp Begins	Dec. 18
Aquatic/EXPO Winter Classes begin	Jan. 02
Spring Class Registration begins	Feb. 20



EXPO Center and POOL Closed

Christmas	Dec. 25	Cesar Chavez Day	Mar. 25
New Years	Jan. 01		
Martin Luther King Jr. Day	Jan. 15		
NASCAR Event	Feb. 04		
Presidents Day	Feb. 19		

Scheduling of Special Events at LA Coliseum and LAFC games may cause additional days of closure to EXPO Center and LA84/John C. Argue Swim Stadium.

EXPO Hours of Operation: Mon. - Fri. 6:00am - 8:00pm | Sat. 9:00am - 5:00pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037

laparks.org/expo

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City of Los Angeles Department of Recreation and Parks

All classes and programs are subject to cancellation. All refunds will be assessed an 15% fee

Rev 11-21-23

Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodation may take 30 days or longer. Please submit your request for an accommodation as soon as possible.

WINTER 2024 AQUATICS

LA84/John C. Argue Swim Stadium

SCHEDULE OF CLASSES

Online Registration Begins JAN. 6

WINTER Classes Begin JAN. 8

(213) 763-0125

YOUTH GROUP SWIM LESSONS

FREE per session
25 minutes per lesson

AGES 3-6 yrs. INFANT-PRESCHOOL AQUATIC PROGRAM

Children **must** be accompanied by an adult.

Mon./Wed. 4:00pm-4:25pm Level 1
4:30pm-4:55pm Level 3

Tue./Thu. 6:00pm-6:25pm Level 1

AGES 7-17 yrs.

Level 1 - WATER CONFIDENCE

Mon./Wed. 5:00pm-5:25pm

Tue./Thu. 5:30pm-5:55pm

Level 2 - BEGINNER

Mon./Wed. 5:30pm-5:55pm

6:00pm-6:25pm

Tue./Thu. 5:00pm-5:25pm

5:30pm-5:55pm

Level 3 - ADVANCE BEGINNER

Mon./Wed. 6:30pm-6:55pm

Tue./Thu. 4:30pm-4:55pm

5:00pm-5:25pm

Level 4 - INTERMEDIATE

Mon./Wed. 6:30pm-6:55pm

Tue./Thu. 4:00pm-4:25pm

Level 5 - SWIMMERS

Tue./Thu. 4:00pm-4:25pm

ADULT GROUP SWIM LESSONS (18+ yrs.)

\$30.00 per session
25 minutes per lesson

Level 1 - WATER CONFIDENCE

Tue./Thu. 1:00pm-1:25pm | 6:00pm-6:25pm

Level 2 - BEGINNER

Mon./Wed. 1:00pm-1:25pm | 6:00pm-6:25pm

Level 3 - ADVANCED BEGINNER

Mon./Wed. 4:30pm - 4:55pm

Tue./Thu. 4:30pm - 4:55pm

PRIVATE SWIM LESSONS

Fees: 4 lessons of 25 min each

(1 person) *Private \$108.00

(2 persons) *Semi-Private \$160.00

*Private: is a one-to-one ratio

*Semi-private: is a two-to-one ratio

Registration: Private lessons are limited to 2 half-hours slots per family.

Ages 3-6 - Parent must accompany child in the water.

- Friday Only -

See Pool Clerk for Scheduling

- Space in class is limited, registrations taken on a first come first serve basis until class is full. No refunds unless class is cancelled by facility.
- All prices subject to change without notice. All classes and programs in this schedule are subject to change or cancellation.
- All refunds will be assessed an 15% administrative fee.

AQUACISE

18+ yrs

Adults - \$5.00 per class

\$40.00 per series (8 lessons)

Adults 50+- \$4.00 per class

\$32.00 per series (8 lessons)

Mon./ Wed.

12:00pm-1:00pm | 5:00pm-6:00pm

BOGA FIT

Friday

6:00pm - 7:00pm

Fees: Adult - \$10.00 walk-in

\$90.00 series of 10 classes



ADAPTIVE AQUATICS

Students "swimming ability" not required. This class is designed for athletes with disabilities.

Fri. 5:30pm-6:30pm

Fee: Free

Aquatics Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037 laparks.org/expo
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11-21-23

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EXPO CENTER



AQUATICS

LA84/John C. Argue Swim Stadium

- SCHEDULE OF SWIM CLASSES -

ONLINE REGISTRATION

<https://reg.laparks.org>

Online Registration: starts Saturday at 9:00am and closes Tuesday at 11:59pm

WALK - IN Swim Lessons Registration (Session 1- 5)

SESSIONS: (1) Sat. Jan. 6 | (2) Sat. Feb. 3 | (3) Sat. Mar. 2 | (4) Sat. Mar. 30 | (5) Sat. Apr. 27

SWIM CLASSES	SESSION: 1 Jan. 8 - Feb. 1	SESSION: 2 Feb. 5 - Feb. 29	SESSION: 3 Mar. 4 - Mar. 28	SESSION: 4 Apr. 1 - Apr. 25	SESSION: 5 Apr. 29 - May 16
Level 1 Water Confidence	Introduction to water safety and water acclimation. This beginner level teaches buoyancy in water and basic locomotion skills. Kicking, breathing and alternative arm action techniques are introduced.				
Level 2 Beginner	Learn locomotion skills including front and back crawl and swimming in semi deep water.				
Level 3 Advance Beginner	Learn elementary backstroke and continue to improve front and back crawl.				
Level 4 Intermediate	Learn breaststroke and sidestroke skills.				
Level 5/6 Swimmer/Advance Swimmer	Participants refine strokes and learn aquatic skills such as butterfly stroke.				

IN PERSON TEAMS Registration Jan. 27 starts at 9:00am

There are no classes on holidays and there will be no make ups.

Take the LIFEGUARD CHALLENGE - How to become a LOS ANGELES CITY LIFEGUARD

- Swim a 200 yard lifeguard medley (breaststroke, backstroke, sidestroke and front crawl) within proper form under 3minutes and 52 seconds.
- Perform the L.A. City Dummy Tow Swim under 1 minute and 18 seconds
- Retrieve a 10 pound diving brick off the bottom of a 10 feet pool
- Swim 25 yards in 18 seconds or less
- Tread water with a 10 pound diving brick for 1 minute



Interested in working for us, but won't be 17 by next summer? That's O.K!

If you are over the age 15 you can become a Locker Attendant if interested visit citywide.aquatics@lacity.org

For information concerning dates and times Call Aquatic Head Quarter (323) 906-7953.

LAC-PAT - For updated information concerning **LAC-PAT** call **EXPO Aquatic office (213) 763-0125.**

Aquatic Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

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laparks.org/expo/aquatic

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