

# FREE RECREATION SERVICES

These services are available to all patrons of the park. They do not require a registration form or enrollment fee. Call your desired recreation center for more information on free recreation services offered.

## OPEN GYM at Cheviot Hills

**Basketball:** The gym is available to the public for open basketball. Times of free play may vary depending on the park programs using the gym. For your convenience, a gym schedule will be posted at the recreation center.

**Scottish Dance:** Tuesday nights 7:30 p.m. - 9:00 p.m. in the Small Gym.

**Volleyball:** The gym is open Monday nights from 8:00 p.m. - 9:30 p.m. for open play. All ages and levels are welcome. The gym is often closed for open volleyball due to the frequency of holidays that fall on Mondays. Please call the office to confirm that the gym will be open.



**Los Angeles Pétanque Club**

Organized play every Monday and Thursday evenings; Saturday all day from 10:00 AM. Tournaments monthly.  
Free instruction available. Open to all, join us!

Cheviot Hills Recreation Center  
2551 Motor Avenue, Los Angeles, California 90064

Max Legrand, President: maxleg@aol.com  
Carol Marcus, Secretary: csmarcus@ucla.edu

[www.losangelespetanque.com](http://www.losangelespetanque.com)

### Archery at Cheviot



Archery is located in the back of the park. For more information please call (310) 839-1516.

### **Palms Recreation Center** Self-Help Groups

Alcoholics Anonymous	Mondays	6:30 p.m.
Alcoholics Anonymous	Tuesdays	7:30 p.m.
Overeaters Anonymous	Wednesdays	7:30 p.m.
Cocaine Anonymous	Thursdays	7:30 p.m.
Clutterers Anonymous	Sundays	12:45 p.m.

### **CHEVIOT HILLS Recreation Center** Self-Help Groups

Alcoholics Anonymous	Mondays	7:15 p.m. - 8:00 p.m.
GAMANON	Mondays	8:15 p.m. - 9:00 p.m.
Gamblers Anonymous	Mondays	8:15 p.m. - 9:00 p.m.
Narcotics Anonymous	Tuesdays	7:30 p.m. - 9:00 p.m.
Cocaine Anonymous	Fridays	7:30 p.m. - 9:45 p.m.

\*Meeting days and times are subject to change. Please call your recreation center office to confirm meetings.

*"Promoting health and wellness in our community."*

