



FSCC MARCH NEWS

FAIRFAX SENIOR CITIZEN CENTER NEWS

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RONALD EVANS
CENTER DIRECTOR

<https://www.laparks.org/scc/fairfax>

WEEKLY SCHEDULE
ON BACK-SIDE

JFSLA SENIOR

NUTRITION

MONDAY - FRIDAY
LUNCH IS SERVED

10:30 AM TO 12:00 PM

60 AND OVER \$3

SUGGESTED DONATION

BINGO

EVERY WEDNESDAY

1:00 PM TO 3:00 PM

BL# S1015

ART CLASS

TUES & THURS

11:30 AM - 12:45 PM

TECH HELP

TUES & THURS

10:30 AM - 12:30 PM

PARTY TIME

SAINT PATRICK'S DAY PARTY

MONDAY MARCH 18TH

12:30 PM TO 3:00 PM

ENJOY BAGELS TO MUNCH
ON AND GREEN VEGGIES TO
CRUNCH WITH COFFEE,

CAKE AND TEA

A SPECIAL PRIZE WILL BE

AWARDED FOR THE
MOST GREEN OUTFIT.

TO SIGN-UP FOR THIS
EVENT, PLEASE SEE RON

VACCINATIONS

PHARMACIST IS AVAILABLE
MONDAY 9:00AM TO 1:00PM

FIELD TRIP

SKIRBALL CULTURAL CENTER

THURSDAY MARCH 14TH

10:00 AM - 5:00 PM

THE BUS IS LEAVING AT

10:00 AM SHARP

FULL - WAIT LIST ONLY

YOGA &

MEDITATION

WE HAVE TWO AMAZING
INSTRUCTORS. PLEASE
TURN THE PAGE OVER TO
SEE THE SCHEDULE

MONDAY

- 9:00 AM TO 3:30 PM - PUZZLE TIME (FREE)
- 9:00 AM TO 1:00 PM - VACCINATIONS (PHARMACIST TRICIA FROM 986 PHARMACY VAN NUYS)
- 10:30 AM TO 12:00 PM - LUNCH PROVIDED BY JFSLA 60 & OVER \$3 SUGGESTED DONATION
- 10:30 AM TO 1:00 PM - COMPUTER LAB (FREE)

TUESDAY

- 9:00 AM TO 3:30 PM - PUZZLE TIME (FREE)
- 10:30 AM TO 12:00 PM - LUNCH PROVIDED BY JFSLA 60 & OVER \$3 SUGGESTED DONATION
- 10:30 AM TO 12:30 PM - COMPUTER LAB & TECH HELP WITH BILL (FREE)
- 11:30 AM TO 12:45 PM - MULTIMEDIA ART CLASS WITH TESSA (FREE)
- 12:15 PM TO 12:45 PM - WALK WITH EASE WITH RON (FREE)
- 1:00 PM TO 2:00 PM - CHAIR YOGA WITH MARUCA (FREE)
- 1:00 PM TO 2:00 PM - SOUND BATH & MEDITATION YOGA WITH TESSA (FREE)

WEDNESDAY

- 9:00 AM TO 3:30 PM - PUZZLE TIME (FREE)
- 10:00 AM TO 11:00 AM - STRENGTH CLASS WITH MARUCA (\$7.00 OR \$20 PER MONTH)
- 10:30 AM TO 12:00 PM - LUNCH PROVIDED BY JFSLA 60 & OVER \$3 SUGGESTED DONATION
- 10:30 AM TO 1:00 PM - COMPUTER LAB (FREE)
- 11:00 AM TO 12:00 PM - ADVANCED YOGA WITH MARUCA (\$7.00 OR \$20 PER MONTH)
- 1:00 PM TO 3:00 PM - BINGO (WIN PRIZES) (\$0.25 PER CARD, 6 CARDS MAXIMUM, LIC # S1015)

THURSDAY

- 9:00 AM TO 3:30 PM - PUZZLE TIME (FREE)
- 10:30 AM TO 12:00 PM - LUNCH PROVIDED BY JFSLA 60 & OVER \$3 SUGGESTED DONATION
- 10:30 AM TO 12:30 PM - COMPUTER LAB & TECH HELP WITH BILL (FREE)
- 11:30 AM TO 12:45 PM - MULTIMEDIA ART CLASS WITH TESSA (FREE)
- 12:15 PM TO 12:45 PM - WALK WITH EASE WITH RON (FREE)
- 1:00 PM TO 2:00 PM - CHAIR YOGA WITH MARUCA (FREE)
- 1:00 PM TO 2:00 PM - SOUND BATH & MEDITATION YOGA WITH TESSA (FREE)

FRIDAY

- 9:00 AM TO 3:30 PM - PUZZLE TIME (FREE)
- 10:00 AM TO 11:00 AM - STRENGTH CLASS WITH MARUCA (\$7.00 OR \$20 PER MONTH)
- 10:30 AM TO 12:00 PM - LUNCH PROVIDED BY JFSLA 60 & OVER \$3 SUGGESTED DONATION
- 10:30 AM TO 1:00 PM - COMPUTER LAB (FREE)
- 11:00 AM TO 12:00 PM - ADVANCED YOGA WITH MARUCA (\$7.00 OR \$20 PER MONTH)
- 1:00 PM TO 3:30 PM - MOVIE TIME & POPCORN (FREE)

SPECIAL EVENTS

- 12:30 PM TO 3:00 PM WED., MAR. 18TH - SAINT PATRICK'S DAY PARTY
- 10:00 AM TO 5:00 PM THUR., MAR. 14TH - SKIRBALL CENTER TRIP

Classes & Event flyers are available to view or print at:
<https://www.laparks.org/scc/fairfax> or scan this QR code

