

**CITY OF LOS ANGELES
DEPARTMENT OF RECREATION & PARKS**

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PARKPROUDLA

If you have a concern, complaint, or compliment about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:

3401 Riverside Dr. L.A., CA 90027
(323) 906-7953

citywide.aquatics@lacity.org

**CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS
CITYWIDE AQUATICS DIVISION**

**GLASSELL
SWIMMING POOL**

**3704 Verdugo Road
Los Angeles, CA 90065
(323) 226-1670**

Summer 2017

**June 11th – June 17th/
Aug. 13th – Sept. 3rd**

Lap Swim Only

Monday – Friday 6:00 a.m. - 8:00 a.m.

Recreational & Lap Swim

Monday – Friday 12:00 p.m. - 2:30 p.m.
3:00 p.m. - 7:00 p.m.
Saturday & Sunday 1:00 p.m. - 5:00 p.m.

June 18th – Aug. 12th

Lap Swim Only

Monday – Friday 6:00 a.m. - 8:00 a.m.

Recreational & Lap Swim

Monday – Friday 10:00 a.m. - 3:00 p.m.
4:00 p.m. - 7:00 p.m.
Saturday & Sunday 1:00 p.m. - 5:00 p.m.

www.LAPARKS.org

Persons with disabilities are welcome to participate in programs and classes. Reasonable accommodations will be provided upon request. To ensure availability, you are advised to make your request at least 72 hours prior to the program or class you wish to participate.

Registration

Sunday, June 11th, 2017 @ 8:00 a.m. (Team Registration ONLY)
Saturday, June 17th, 2017 @ 8:00 a.m. (Lesson Registration ONLY)

Team try-outs & swim lesson assessments are required for registration.
Available beginning May 23rd: Tuesday - Friday from 5:00 p.m. - 6:00 p.m.

Novice Team Sports

Designed for entry-level competitors ages 7-17. Proof of age required. Age verification must be completed before the first meet or the participant will not be allowed to compete. Participants compete in a Department-sponsored league. Participants must demonstrate an intermediate level swimming competency. All meet times and locations will be announced. Length of season: June 19th, 2017 - Mid August. Last day to register is July 14th, 2017.

Registration: \$45.00 for one team, \$40.00 for additional team
(Fees includes t-shirt and awards)

A team sport awards banquet will be scheduled at the end of the season. Athletes who compete in two or more meets and/or sports will receive a combined participation award.

Workouts: Monday - Friday

Synchronized Swimming.....2:00 p.m. – 3:00 p.m.
Swim Team.....3:00 p.m. – 4:00 p.m.
Novice Water Polo.....5:00 p.m. – 6:00 p.m.



The LA84 Foundation (a legacy of the 1984 Olympic Games) has provided a limited number of team sport sponsorships for community youth. Sponsorships are issued on a first-come-first-served basis for Diving, Water polo, Swimming & Synchronized Swimming team sports only.

Junior Lifeguard Program

Cost **\$40.00** Age 10 – 17 Meeting Time Mon. – Fri., 4:00 p.m. – 5:00 p.m.

Participants are taught basic lifeguard skills & participate in Jr. Lifeguard competitions with other LA City pools. Fee includes one Junior Lifeguard T-shirt, bus transportation to selected events, materials, & instruction. See Junior Lifeguard brochure for more details. **Limited to 20 participants.**

LEARN TO SWIM

ADMISSION FEES

Fees subject to change without notice

Adults (Ages 18 - 64).....	\$3.50
Youth* (17 & under).....	\$1.00
Seniors (Ages 65 & up).....	\$1.00
Persons with Disabilities (All ages).....	\$1.00
Adult Lap Pass (Ages 18 - 64, for 30 Admissions).....	\$87.50
Admission Pass (Youth, Seniors, Persons w/ Disabilities, for 30 Admissions).....	\$25.00
Youth Summer Swim Pass (Ages 17 & under).....	\$10.00



GROUP LESSONS CATEGORIES & REQUIREMENTS

Preschool: 4 yrs. – 6 yrs. **Children:** 7 yrs. – 17 yrs. **Adult:** 18 yrs. & older

Preschool Aquatics (Levels 1-3) – Child must be accompanied by an adult. Parent and child are introduced to basic water safety and skills.

Water Confidence (Level 1) – Introduction to water safety, water acclimation, kicking, breathing, arm action, floating and basic skills.

Beginner (Level 2) – Begin to develop front and back strokes and swimming in deep water.

Advance Beginner (Level 3) – Introduction to diving, elementary backstroke, dolphin & scissor kicks. Further develop front and back strokes.

Intermediate (Level 4) – Refine crawl and elementary backstroke. Introduction to breaststroke, sidestroke & butterfly. Turns & surface dives.

Swimmer (Level 5) – Refine strokes, improve conditioning and diving into the pool. Learn additional aquatic skills such as flip turns.

***NOTE:** Each child under the age of 7 must be accompanied by an adult (18+ years old) on a one-to-one ratio. The adult must be within one arm's length of the child at all times, whether on the pool deck or in the water.

Children under the age of 4 must wear a swim diaper.

SWIM ATTIRE – Swim suits, Swim trunks with liner (exception board shorts providing coverage), must be worn by persons in the pool area. White t-shirts or white rash guards will not be allowed, while in the pool or on deck.

Lap lane availability subject to change without notice.

Groups or individuals desiring to provide coaching or instruction at City of Los Angeles swimming pools must obtain a permit. Private instruction (one-on-one) is not permissible. Permit guidelines and applications can be obtained online at LAParks.org, aquatic link.

WATER AEROBICS

The techniques used in shallow water exercise are designed for swimmers and non-swimmers. Water aerobics increases flexibility and stamina, range of motion & provides a cardiovascular workout.

Walk-in: \$4.50 / \$4.00 seniors

Registration per series: \$40.00 / \$35.00 seniors

Classes: Tuesday & Thursday 6:00 p.m. – 6:45 p.m.

June 20th - August 24th

- **No refunds unless a class is cancelled.**
- **Lessons are 45 minutes in length.**

Revised: 6/1/2017

LESSON REGISTRATION

- Registration for the series begins one week prior to the series start date, during regular business hours.
- No telephone registration.
- Fees must be paid at the time of registration. **NO EXCEPTIONS.**
- **Checks payable to:**
City of L.A. Department of Recreation & Parks
- No refunds unless a series is cancelled.
- Lessons are 25 minutes in length.
- Swim instruction will be given from the pool deck.
- Refunds will be assessed an administration fee of 10%.
- A swim assessment is required.
- **Registration dates:**
 - Series #1.....June 4th - June 21st
 - Series #2.....June 30th - July 2nd
 - Series #3.....July 14th - July 18th
 - Series #4.....July 28th - Aug. 1st
 - Series #5.....Aug. 11th - Aug. 15th

GROUP LESSONS DATES

YOUTH \$20.00 ADULT \$40.00

Series #1.....June 19th - June 30th
Series #2.....July 3rd - July 14th
Series #3.....July 17th - July 28th
Series #4.....July 31st - Aug. 11th

Afternoon Classes Only

Series #5Feb. 8 - Mar. 3



Kaiser Permanente sponsorships for Learn to Swim available on a first come first serve basis.

GROUP LESSON TIMES

Monday - Friday (2 weeks)

Beginner.....	10:00 a.m. - 10:25 a.m.
Water Conf.....	10:00 a.m. - 10:25 a.m.
Beginner.....	10:00 a.m. - 10:25 a.m.
Beginner.....	10:30 a.m. - 10:55 a.m.
Preschool Aquatics.....	10:30 a.m. - 10:55 a.m.
Beginner.....	11:00 a.m. - 11:25 a.m.
Adv. Beginner.....	11:00 a.m. - 11:25 a.m.
Intermediate.....	11:30 a.m. - 11:55 a.m.
Swimmer.....	11:30 a.m. - 11:55 a.m.
Water Conf.....	3:00 p.m. - 3:25 p.m.
Preschool Aquatics.....	3:00 p.m. - 3:25 p.m.
Adv. Beginner.....	3:00 p.m. - 3:25 p.m.
Beginner.....	3:30 p.m. - 3:55 p.m.
Intermediate.....	3:30 p.m. - 3:55 p.m.
Adaptive.....	3:30 p.m. - 4:00 p.m.
Adult (Non-Swimmer).....	6:00 p.m. - 6:30 p.m.
Adult (Swimmer).....	6:30 p.m. - 7:00 p.m.

PRIVATE & SEMI-PRIVATE LESSONS

Provides personalized instruction to adults and youth ages 4 yrs. and older. Private lesson schedule is based on staff availability. Registration rules apply & participants must register for 4 lessons. Lessons are 25 minutes in length. Maximum of two participants per semi-private lesson. Inquire with Pool Clerk or Manager for scheduling.

Private: 4 lessons @ \$27.00 ea. = \$108.00

Semi-Private: 4 lessons @ \$40.00 = \$160.00

PLEASE SEE STAFF TO REQUEST ASSISTANCE

- It is policy of the City of L.A. to provide access to its programs, services & activities for persons with disabilities in accordance with Title II of the ADA.
- Es la política del La Ciudad De Los Angeles el proveer acceso a sus programas , servicios y actividades a personas con discapacidad, de acuerdo con el Artículo II de la Ley para Estadounidenses con Discapacidad.