

Silver Lake Recreation Center 1850 W. Silver Lake Drive Los Angeles, CA 90026 323-644-3946



IIIII STRENGTH TRAINING AND YOGA

Tuesday 9:30AM- 11:30AM Thursday 10:00AM- 12:00PM



BE STRONG, BE FIT, AND BE HEALTHY.

\$ 5 per class \$40 for the month

Register online at www.laparks.org/Silverlake or in person at our main office.