CITY OF LOS ANGELES



DEPARTMENT OF RECREATION & PARKS

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CITYWIDE AQUATICS DIVISION

SUPERINTENDENT TRACI GOLDBERG

PRINCIPAL RECREATION SUPERVISOR I ANDRE BRENT

AQUATIC DIRECTORS KELLY CALDWELL MELANIE ESCAMILLA CARLOS ESPINOZA MAHA YATEEM

If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS CITYWIDE AQUATICS DIVISION

VERDUGO HILLS

SWIMMING POOL

10654 Irma Ave. Tujunga, CA 91042 (818) 353 – 1365

SUMMER 2023 POOL HOURS

*Times subject to change without Soft Opening, Jur M-F Recreational Swim Saturday MOPF Saturday MOPF Saturday MOPF Saturday MOPF Saturday Saturday Saturday MOPF Saturday Saturday Saturday MOPF Saturday Saturday Saturday Saturday Saturday .

Saturday & Sunday 1:00 p.m. - 5:00 p.m. Labor Day

Monday, Sept. 4 1:00 p.m. - 5:00 p.m.

Important Registration Dates: 9:00 a.m.

Team Programs	Saturday, June 10
Lesson Session #1	Sunday, June 11
Lesson Session #2	Saturday, July 1
Lesson Session #3	Saturday, July 15
Weekend Session #2	Saturday, July 15
Lesson Session #4	Saturday, July 29
Lesson Session #5	Saturday, August 12

www.LAPARKS.org

AQUATIC FACILITY INFORMATION, FEES AND RULES

ADMISSION FEES	
\$4.00	
\$1.00	
\$1.00	
\$1.00	
PASSES AVAILABLE*	
ADULT LAP PASS - \$88.00 (30 Entries)	
YOUTH, ADULTS 50+, PERSONS W/ DISABILITIES ADMISSION PASS - \$25.00 (30 Entries)	

YOUTH SUMMER SWIM PASS - \$10.00 (Unlimited entry, May 28 – September 5)

*Fees subject to change

POOL RULES

For the safety of the public and pool employees, the City of Los Angeles has set the following rules to create a safe swimming environment for all patrons. Staff interpretations of rules are <u>final.</u>

- <u>Children under 7</u> years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm's length of the child at all times.
- <u>Children under 4</u> years of age must wear an approved "swim diaper."
- All swimmers must wear proper swim attire to be allowed into the pool.
- Proper swim attire includes a swimsuit or swim trunks with liner (except board shorts). No cotton shirts, socks, or undergarments are allowed into the water.
- White t-shirt or white rash-guards are not allowed in the pool area.
- All patrons must take a soap shower before entering the pool.
- Patrons wishing to swim in the deep-water section of the pool will be asked to complete a swim test to assess for swimming proficiency.
- Do not interfere with a lifeguard rescue or call for help unless in distress.
- The consumption and storage of food/drinks is not allowed on the pool deck, with the exception of water in non-breakable containers.
- No refunds on admission, an Admission Voucher will be issued.

PLEASE SEE STAFF TO REQUEST ASSISTANCE



As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

SPONSORSHIPS & <u>SCHOLARSHIPS</u>

The City of Los Angeles Department of Recreation and Parks is proud to announce its 18th year of joint-partnership with Kaiser Permanente.



Kaiser Permanente Sponsorships for SWIM LESSONS and JUNIOR LIFEGUARD PROGRAM* are available on a first come, first served basis.

*One KP Jr LG sponsorship per participant.



SwimLA ensures that youth in every LA City community, have an opportunity to learn to swim by offering lessons at a low cost. Scholarships are available to qualified patrons, on a first come, first served basis. Sign up at www.SWIMLA.org or in person at designated pools.



Team Sports and Junior Lifeguard REGISTRATION OPENS Saturday, June 10, 2023 at 9 a.m.

JUNIOR LIFEGUARD PROGRAM

Ages 9 – 17 \$40.00 June 12 – August 11 2:00 p.m. - 3:00 p.m.

The Junior Guard program allows youths between 9-17 years of age an opportunity to improve their swimming skills, receive a basic understanding of water rescue, first aid, beginning and intermediate snorkeling skills and canoeing skills. The cost of the program will include one Junior Lifeguard T-shirt, bus transportation to selected events, materials, and instruction. This program is not eligible for the two team discount rate. Program limited to 20 participants. This program is not eligible for an additional team discount. Check with pool clerk for last day to register.

NOVICE TEAM SPORTS

Ages 7 – 17 \$50.00 for Swim team \$50.00 for Artistic Swim team \$45.00 for each additional team sport

Designed for entry-level competitors. Proof of age required. Age verification must be completed before the first meet, or the participant will not be allowed to compete. Participants compete in a Departmentsponsored Swimming league. Participants must demonstrate an intermediate level swimming competency. All meet times and locations will be announced. Fees includes t-shirt and awards. A team sport awards banquet is scheduled for the last week of summer. Athletes who compete in two or more meets and/or sports will receive a combined participation award.

*Team members must attend a minimum of 2 workouts per week to compete in meets.

SWIM TEAM

June 12 – August 18 Monday - Friday, 5:00 p.m. - 6:00 p.m.

ARTISTIC SWIM TEAM

June 12 – August 18 Monday - Friday, 4:00 p.m. - 5:00 p.m.

LESSON LEVELS

Preschool Aquatics: 3 yrs. - 6 yrs. Children: 7 yrs. - 17 yrs. Adult: 18 & older

Preschool Aquatics (Level 1 to 3) - Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1) - Introduction to water safety and water acclimation. Buovancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

Beginner (Level 2) - Participants learn alternating skills including combined arm and leg actions on front and back and swimming in chest-deep water.

Advanced Beginner (Level 3) - Participants learn advanced skill, dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, front crawl and elementary backstroke.

Intermediate (Level 4) - Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

Swimmer (Level 5) - Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine their performance of all six swimming strokes.

PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 3 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS

Adult, Child, Senior, Adaptive 1 Private Lesson: \$27.00, 4 Private Lessons = \$108.00

SEMI-PRIVATE LESSONS (2 Students only)

Adult, Child, Senior, Adaptive 20.00 Per lesson per student x 2 students = 40.004 Lessons = \$160.00

GROUP LESSON REGISTRATION INFORMATION

YOUTH - \$67.00 ADULT - \$67.00

- Online and In-person registration available
- Online registration limited to 5/lesson • Make checks payable to: L.A. City Department of Recreation and Parks
- No refunds unless a class is canceled.
- All refunds will be assessed an administration fee.
- Lessons are 25 minutes in length.
- A swim assessment may be required prior to registration.
- Fees must be paid at the time of registration. NO EXCEPTIONS.

REGISTRATION LINKS

Online: https://bit.ly/RAPreg



GROUP LESSON SESSIONS

MONDAY THROUGH FRIDAY 10 Lessons/2 weeks YOUTH/ADULT

Session 1	June 19 - June 30
Session 2	July 3 - July 14
Session 3	July 17 - July 28
Session 4	July 31 - Aug 11

(Late Afternoon Lessons ONLY) Session 5..... Aug 14 - Aug 25

SATURDAY & SUNDAY

8 Lessons/4 weeksADAPTIVE

Session 1	June 17 - July 14
Session 2	July 15 - Aug 11

GROUP LESSONS SCHEDULE

Sessions 1-2

362210112	1 = 2
Beginner Mon - Fri Adv. Beginner Mon - Fri Preschool Aquatics . Mon - Fri Beginner Mon - Fri	11:00 a.m 11:25 a.m. 11:00 a.m 11:25 a.m. 11:00 a.m 11:25 a.m. 11:30 a.m 11:55 a.m. 11:30 a.m 11:55 a.m. 11:30 a.m 11:55 a.m.
Intermediate Mon - Fri Water Confidence Mon - Fri	12:00 p.m 12:25 p.m. 12:00 p.m 12:25 p.m. 12:30 p.m 12:55 p.m. 12:30 p.m 12:55 p.m. 1:00 p.m 1:25 p.m. 1:00 p.m 1:25 p.m. 1:30 p.m 1:55 p.m. 1:30 p.m 1:55 p.m.
Swimmers Mon - Fri Beginner Mon - Fri Adv. Beginner Mon - Fri Water Confidence Mon - Fri Beginner Mon - Fri Adv. Beginner Mon - Fri Intermediate Mon - Fri Preschool Aquatics . Mon - Fri	3:00 p.m 3:25 p.m. 3:30 p.m 3:55 p.m. 4:00 p.m 4:25 p.m. 4:30 p.m 4:55 p.m. 5:00 p.m 5:25 p.m. 5:30 p.m 5:55 p.m. 6:00 p.m 6:25 p.m. 6:30 p.m 6:55 p.m.
Adult Mon - Fri	SSONS
ADULT LES	SSONS 6:30 p.m 6:55 p.m.
ADULT LES	SSONS 6:30 p.m 6:55 p.m.
Adult Mon - Fri Adult Mon - Fri Adaptive Mon - Fri Adaptive	SSONS 6:30 p.m 6:55 p.m. ESSONS 6:00 p.m 6:25 p.m. 1:00 p.m 1:25 p.m. 1:30 p.m 1:55 p.m. 3 - 4
Adult Mon - Fri Adaptive Mon - Fri Adaptive Mon - Fri Adaptive Sat & Sun Adaptive Sat & Sun Sessions	SSONS 6:30 p.m 6:55 p.m. ESSONS 6:00 p.m 6:25 p.m. 1:00 p.m 1:25 p.m. 1:30 p.m 1:55 p.m. 3 - 4 erk for details
Adult Mon - Fri Adaptive Mon - Fri Adaptive	SSONS 6:30 p.m 6:55 p.m. ESSONS 6:00 p.m 6:25 p.m. 1:00 p.m 1:25 p.m. 1:30 p.m 1:55 p.m. 3 - 4 erk for details