



CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS



CHAIR DANCE FIT

FOR ADULTS 18 AND OVER



MONTHLY SESSIONS AVAILABLE:

APRIL 9 -30, 2024

MAY 7-28, 2024



\$25/
month



Register Here



TUESDAYS

10:00AM-10:45AM



Cabrillo Beach Bathhouse

3800 STEPHEN M. WHITE DR. SAN PEDRO, CA 90731

(310) 548-7554

CABRILLOBEACH.BATHHOUSE@LACITY.ORG



CABRILLO_BEACH_BATHHOUSE



CABRILLOBB

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.
REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS.
PLAYLA YOUTH AND ADAPTIVE SPORTS PROGRAM IS MADE POSSIBLE BY THE LA28 OLYMPIC AND PARALYMPIC GAMES.
WAIVERS AVAILABLE FOR THOSE WHO QUALIFY, ASK FOR DETAILS.
CLASSES AND PROGRAMS ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT PRIOR NOTICE.