

2024 Co-Rec Spring Soccer Rules

Major/Junior Division

<p>1. Game will consist of two (2) - <u>20 minute halves</u>, running clock. Home team has choice of side or ball first.</p>
<p>2. Game will be played 7 vs. 7 (including goalies). The goalie is required to wear a different color jersey from their team color jersey. Goalies <u>CAN</u> play all game. Minimum of 5 players to begin game to avoid forfeit.</p>
<p>3. <u>Mandatory substitutions of all players</u> will be required at the 5-minute and clear the bench. The final 10 minutes of the half will be free substitutions. <u>2nd Half:</u> will be required at the 5-minute and clear the bench. The final 10 minutes of the half will be free substitutions.</p>
<p>4. Games can end a tie during the regular season, due to time. However, all post-season games will be determined in a shoot-out (per LA City-Wide Soccer Rules).</p>
<p>5. For safety reasons, there is <u>NO SLIDE TACKLING/SLIDING</u> of any kind while playing in the game. This will result in a warning for first offense and immediate Yellow Card following 2nd offense and a 5-minute "cooling off" period.</p>
<p>6. <u>NO FOUL LANGUAGE</u> of any time will be tolerated. 1st offense, warning. 2nd offense, Yellow Card and a 5-minute "cooling off" period. 3rd offense, Red Card and removal from game (may prohibit participation in future games).</p>
<p>7. Additionally for safety reasons, <u>ALL PLAYERS</u> must wear shin guards due to potential contact between players.</p>
<p>8. <u>ALL</u> kickoffs, goalie kicks, and throw-ins must be <u>2-touches</u> before any goal is allowed. Referee has final judgment.</p>
<p>9. <u>Any penalty kicks</u> will be placed at the large white dot on the field. Once ball has been kicked, ball is live for play.</p>
<p>10. Any players not in the game must be sitting on the bench when on the sideline. No practicing or kicking of any balls are allowed during the game.</p>
<p>11. If you feel sick, please stay home and contact your coach. We want you back at the park, safely!</p>
<p>12. <u>All other rule modifications not listed here will adhere to the LA City-Wide Soccer Rules.</u></p>
<p>13. Most importantly, let's have fun and enjoy the season!</p>