

CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS - NORTH DISTRICT

MONTECITO HEIGHTS SENIOR CITIZEN CENTER

4545 HOMER STREET, LOS ANGELES, CA 90031 (213)485-8550
Email: montecitoheights.seniorcenter@lacity.org



JUNE
Guest Speaker



Come learn good hygiene practices like keeping your feet and toes clean and dry. Poor foot hygiene can put you at an increased risk for infection.



Free Event Speaker



June 12, 2024
11.00 AM

**Montecito Heights
Senior Center
4545 Homer St.
Los Angeles, CA. 90031**

Topic:
Foot Care Hygiene

**For further
information call
213-485-8550**

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. Achieving gender equality through a continuous commitment to girls and women in sports. All programs are subject to change and/or cancellation.

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**JUNIO
ORADOR INVITADO**



Venga a aprender buenas prácticas de higiene, como mantener los pies y los dedos limpios y secos. Una mala higiene de los pies puede aumentar el riesgo de infección.



Ponente Del Evento Gratis



12, de Junio 2024
11.00 AM

**Montecito Heights
Senior Center
4545 Homer St.
Los Angeles, CA. 90031**

Topic:
Higiene del cuidado
de los pies

Para más
información llame
213-485-8550

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