



REGISTRATION BEGINS / INSCRIPCIÓN COMIENZAN: 3/4/2024

TUMBLING & GYMNASTICS

VOLTERETA & GIMNASIA

COST/COSTO: \$10 AGES/EDADES: 5-12



PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games providing parks an opportunity to participate for \$10. Waivers available, ask for details.

INSTRUCTOR: OLA GILKEY

8 weeks of classes for \$10. / 8 semanas de clases por \$10.

Class Dates/ Fecha de Clases: 4/8, 4/15, 4/22, 4/29, 5/6, 5/13, 5/20, & 6/3.
No class on 5/27/24 due to Memorial Day.

No hay clases el 5/27/24 debido al Día Conmemorativo

8 weeks of classes for \$10. / 8 semanas de clases por \$10.

Class Dates/ Fecha de Clases: 4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, & 5/30.

MONDAY/ LUNES		
Class / Clase	Ages / Edades	Time / Tiempo
Gymnastics A Gimnasia A	5-7	3:00 pm- 3:45 pm
Gymnastics B ** Gimnasia B	6-12	4:00 pm- 4:45 pm
Gymnastics A* Gimnasia B	8-12	5:00 pm- 5:45 pm
Gymnastics A/B Gimnasia A/B	6- 10	6:00 pm- 6:45 pm
Gymnastics Advanced C ** Gimnasia avanzado C	6-12	7:00 pm- 7:45 pm

**Gymnastic Advanced C registration must be approved by the instructor.
El registro del Gimnasia avanzado C debe ser aprobado por la instructora.

THURSDAY/ JUEVES		
Class / Clase	Ages / Edades	Time / Tiempo
Gymnastics A Gimnasia A	5-7	3:00 pm- 3:45 pm
Gymnastics A Gimnasia A	7-10	4:00 pm- 4:45 pm
Gymnastics A/B Gimnasia A/B	8-12	5:00 pm- 5:45 pm
Tumbling A Voltereta A	7-12	6:00 pm- 6:45 pm
Gymnastics Advance C** Gimnasia avanzado C	7-12	7:00 pm- 7:45 pm

*Gymnastic B - This is an intermediate class and requires that the participant have experience or previously enrolled and completed Gymnastics A.
Gimnasia B- Esta es una clase intermedia y requiere que el participante tenga

All information is subject to change and/or cancellation at any time.

Achieving gender equity through a continuous commitment to girls and women in sports.

Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer.

Please submit your request for an accommodation as soon as possible.

Toda la información está sujeta a cambios y/o cancelaciones en cualquier momento.

Logrando la equidad del genero por medio de continuo compromiso de niñas y mujeres en deportes.

Personas con discapacidades son bienvenidas para participar en nuestros programas.

Se harán acomodaciones razonables con arreglos previos. Tenga en cuenta que algunos acomodaciones pueden tardar 30 días o más.

Por favor, envíe su solicitud de acomodaciones lo antes posible.



Follow us for updates



City of Los Angeles Department of Recreation and Parks
SUN VALLEY RECREATION CENTER
8133 Vineland Avenue Sun Valley, CA 91352
818.767.6151 sunvalley.recreationcenter@lacity.org

