



Spring 2024

WESTCHESTER REC CENTER

7000 W. MANCHESTER AVE, LOS ANGELES CA 90045

(310)670-7473

WESTCHESTER.RECREATIONCENTER@LACITY.ORG



TO REGISTER IN OUR PROGRAMS VISIT:
LAPARKS.ORG/RECCENTER/WESTCHESTER
OR CALL US AT: 310-670-7473

"PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details."



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WESTCHESTERRECCENTER



MONDAY

| PROGRAM | AGES | TIME | FEE | DATES |
|-----------------------------------|---------|---------------|-------|--|
| Skateboarding I. (Beginner) | 6 - 8 | 4:00 - 4:45pm | \$90 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| Skateboarding II. (Intermediate) | 6 - 8 | 5:00 - 5:45pm | \$90 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| Skateboarding III. (Intermediate) | 9 - 12 | 6:00 - 6:45pm | \$90 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| Karate I. (Mon. & Wedn.) | 7 - 11 | 4:00 - 4:45pm | \$140 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| Karate II. (Mon. & Wedn.) | 12 - 17 | 5:00 - 5:45pm | \$140 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| Karate III. (Mon. & Wedn.) | 18 & Up | 6:00 - 6:45pm | \$140 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| NEW Yoga Grounding | 18 & Up | 5:00 - 6:00pm | \$80 | 4/01/24 - 5/20/24 8 wks |
| NEW Kickboxing for Adults | 18 & Up | 7:30 - 8:30pm | \$80 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |

TUESDAY

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|---|---------|---|-------|-----------------------------|
| NEW Guitar or Piano Lessons *25 minutes per lesson* | 7 & Up | 2pm, 2:30pm, 3pm, 3:30pm, 4pm, 4:30pm, 5pm, 5:30pm, 6pm, 6:30pm | \$150 | 4/09/24 - 5/28/24 8 weeks |
| Fusion Mat Pilates | 18 & Up | 6:00 - 6:45pm | \$80 | 4/09/24 - 5/28/24 8 weeks |

WEDNESDAY

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|--|---------|---|-------|--|
| Guitar or Piano Lessons *25 minutes per lesson* | 7 & Up | 2pm, 2:30pm, 3pm, 3:30pm, 4pm, 4:30pm, 5pm, 5:30pm, 6pm, 6:30pm | \$150 | 4/10/24 - 5/29/24 8 wks |
| Karate I. (Mon. & Wedn.) | 7 - 11 | 4:00 - 4:45pm | \$140 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| Karate II. (Mon. & Wedn.) | 12 - 17 | 5:00 - 5:45pm | \$140 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| Karate III. (Mon. & Wedn.) | 18 & Up | 6:00 - 6:45pm | \$140 | 4/08/24 - 6/03/24 8 wks No Class on 5/27 = Holiday |
| NEW MMA Fundamentals | 18 & Up | 7:30 - 8:30pm | \$140 | 4/10/24 - 5/29/24 8 wks |

THURSDAY

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|---|--------|---------------------|-------|-----------------------------|
| Tiny Wheels Skateboarding | 4 - 5 | 4:00 - 4:45pm | \$90 | 4/11/24 - 5/30/24 8 weeks |
| Skateboarding I. (Beginner) | 6 - 8 | 5:00 - 5:45pm | \$90 | 4/11/24 - 5/30/24 8 weeks |
| Skateboarding I. (Beginner) | 9 - 12 | 6:00 - 6:45pm | \$90 | 4/11/24 - 5/30/24 8 weeks |
| Piano Lessons - Individual *25 minutes per lesson* | 7 & Up | 3pm, 3:30pm, 4pm | \$150 | 4/11/24 - 5/30/24 8 weeks |
| GPLA Ballet Basics - Beginner | 7 - 9 | 5:00 - 5:45pm | \$90 | 4/11/24 - 5/30/24 8 weeks |
| GPLA Ballet Basics - Intermediate | 7 - 9 | 6:00 - 6:45pm | \$90 | 4/11/24 - 5/30/24 8 weeks |
| NEW Adult Dance Workshop | 18+ | 7:00 - 8:30pm | \$140 | 4/11/24 - 5/30/24 8 weeks |

FRIDAY

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|------------------------|---------|-----------------|------|-----------------------------|
| GPLA Skateboarding | 7 - 9 | 4:00 - 4:45pm | \$90 | 4/12/24 - 5/31/24 8 weeks |
| GPLA Skateboarding | 7 - 9 | 5:00 - 5:45pm | \$90 | 4/12/24 - 5/31/24 8 weeks |
| GPLA Skateboarding | 10 - 12 | 6:00 - 6:45pm | \$90 | 4/12/24 - 5/31/24 8 weeks |
| NEW Gentle Yoga | 18 & Up | 10:15 - 11:15am | \$80 | 4/05/24 - 5/24/24 8 weeks |



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REFUND POLICY: AFTER THE WEDNESDAY PRIOR TO THE WEEK EACH SESSION BEGINS, NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE SENIOR CENTER. A 15% ADMINISTRATIVE FEE WILL BE ASSESSED BY THE CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS FOR ANY PATRON GRANTED A REFUND. ALL REFUND REQUESTS MUST BE SUBMITTED VIA A REFUND REQUEST FORM. THERE ARE NO REFUNDS OR CREDITS FOR MISSED DAYS.