



SPRING 2020 AQUATICS

LA84/John C. Argue Swim Stadium

ONLINE Registration Available

SPRING Classes and Programs

MONDAY— FRIDAY

ADULT LAP SWIM (18yrs & up)

6:30am - 8:30am
(Competition Pool Only)

11:00am - 3:30pm
(Competition Pool Only)

5:00pm - 7:30pm
(Family Pool Only-Limited Lanes)

RECREATIONAL SWIM

11:00am - 7:30pm
(Family Pool Only)

SATURDAY

ADULT LAP SWIM (18yrs & up)

1:00pm - 4:30pm
(Competition Pool Only)

RECREATIONAL SWIM

1:00pm - 4:30pm
Closed Sunday

GENERAL ADMISSION

17 years & under \$1.00

18 years to 49 years.. \$4.00

50 years & older \$1.00

Persons with Disabilities... \$1.00

NOTE:

4 yrs. & under, swim diaper required.

6 yrs. & under, must be accompanied by adult on a 1:1 ratio. (One child to one adult)

All Prices subject to change

CALL (213) 763-0125

LAP PASS

Adult Lap Pass:

\$88.00 for 30 admission

Youth/ Senior Pass:

\$25.00 for 30 admissions

TEAM SWIM LA

Team Swim LA is designed for entry-level athletes ages 7-17. The year-round program is a department-sponsored league in partnership with USA Swimming.

Registration requirements

- Assessment to demonstrate intermediate level swimming
- USA Swimming Flex Swim membership

Team Registration: \$60 per season

USA Swimming Flex: \$20 yearly

Swim Training

Tue.-Fri. 4:30pm-6:00pm



NOVICE TEAMS

Ages 7-17

\$50.00 per participant

Requires a minimum of Intermediate (level 4) swimming skills.

ARTISTIC SWIMMING

Mon. 5:00pm - 7:30pm

Tue./Thu. 5:00pm - 7:00pm

WATER POLO

Mon. 5:30pm - 7:30pm

Wed./Fri. 6:00pm - 7:30pm

TECHNIQUE Classes

Fee: \$30 per Session

DIVE TEAM

Sat.

1:30pm - 3:30pm

SUMMER 2020

Jr. GUARD CAMP

Session: 1 June 15 to July 10

Session: 2 July 13 to Aug. 7

Program Cost \$340 a session (\$85 a week)

Mon. - Fri. 8:00am - 3:00pm

Limited Enrollment

GENERAL INFORMATION and EVENTS

IMPORTANT DATES

Spring Camp Registration
Spring Class Registration Begins
Summer Campership applications submission
Spring Camp
Spring Classes Begin
Summer Camp Registration Begins
Summer Camp Begins

Register Now
Feb. 24
Mar. 16 - Apr. 3
Apr. 6 - Apr. 10
Apr. 06
Apr. 13
June 15



EXPO Center and POOL Closed

Cesar Chavez
Memorial Day
Independence Day
Labor Day

Mar. 30
May 25
July 03
Sept. 07

Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037 laparks.org/expo | facebook.com/expocenterla

City of Los Angeles Department of Recreation and Parks

All classes and programs listed may be subject to change or cancellation.

All refunds will be assessed a 15% administration fee

02-19-20

Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.



EXPO CENTER AQUATICS

LA84/John C. Argue Swim Stadium



— SCHEDULE OF CLASSES —

ONLINE Registration Available

SPRING Classes and Programs

YOUTH GROUP SWIM LESSONS

\$30.00 per session
25 minutes per lesson

AGES 4-6 yrs. INFANT-PRESCHOOL AQUATIC PROGRAM

Children must be accompanied by an adult.

Mon./Wed. 4:00pm-4:25pm **Level 1**
4:30pm-4:55pm **Level 3**

Tue./Thu. 6:00pm-6:25pm **Level 2**
6:30pm-6:55pm **Level 1**

AGES 7-17 yrs.

Level 1 - WATER CONFIDENCE

Mon./Wed. 5:00pm-5:25pm
Tue./Thu. 5:30pm-5:55pm

Level 2 - BEGINNER

Mon./Wed. 5:30pm-5:55pm
6:00pm-6:25pm
Tue./Thu. 5:00pm-5:25pm
5:30pm-5:55pm

Level 3 - ADVANCE BEGINNER

Mon./Wed. 6:30pm-6:55pm
Tue./Thu. 4:30pm-4:55pm
5:00pm-5:25pm

Level 4 - INTERMEDIATE

Mon./Wed. 6:30pm-6:55pm
Tue./Thu. 4:00pm-4:25pm

Level 5 & 6 - SWIMMERS/ ADV. SWIMMERS

Tue./Thu. 4:00pm-4:25pm

CALL (213) 763-0125

ADULT & SENIORS GROUP SWIM LESSONS (18+ yrs.)

\$30.00 per session
25 minutes per lesson

Level 1 - WATER CONFIDENCE

Level 2 - BEGINNER

Mon./Wed. 12:00pm-12:25pm
Tue./Thu. 5:30pm - 5:55pm
6:00pm - 6:25pm

Level 3 - ADVANCED BEGINNER

Level 4 - INTERMEDIATE

Mon./Wed. 11:30am-11:55am
Tue./Thu. 4:30pm - 4:55pm

PRIVATE SWIM LESSONS

(Ages 4 and up)

Fees: 4 lessons of 25 min each

(1 person) ***Private \$108.00**
(2 persons) **Semi-Private \$160.00**

***Private:** is a one-to-one ratio

***Semi-private:** is a two-to-one ratio

Registration for private lessons
is limited to 2 half-hours slots per family.

**Ages 4-6 Parent must accompany
child in the water.**

- Note: Space in class is limited, registrations taken on a first come first serve basis until class is full.
- All prices subject to change without notice.
- The classes and programs in this brochure may be subject to change or cancellation.
- Patrons with disabilities are welcome to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.
- **No refunds unless class is cancelled by facility.**
- **All refunds will be assessed a 15% administrative fee.**

AQUACISE ADULTS & SENIORS

18+ yrs

Adults - \$5.00 per class
\$45.00 per series (8 lessons)

Seniors - \$4.00 per class
\$40.00 per series (8 lessons)

Mon./ Wed./ Fri.

6:30am-7:30am | 12:00pm-1:00pm
5:00pm-6:00pm

COMING SOON



BOGA FIT

Tue. / Thu.
7:30am - 8:30am
7:30pm - 8:30pm

SPECIAL OLYMPICS

Students "swimming ability"
not required. This class is designed
for athletes with disabilities.

Fri. 5:00pm - 6:00pm

Fee: FREE

Aquatics Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037 laparks.org/expo
City of Los Angeles Department of Recreation and Parks

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- SCHEDULE OF SWIM CLASSES -

ONLINE REGISTRATION <https://reg.laparks.org>

Online Registration Starts at 12:01am and Ends at 11:59pm

* Class Descriptions (see listing below)	Session: 2 Mar. 2 - Mar. 26	Session: 3 Mar. 31 - Apr. 23	Session: 4 Apr. 27 - May 21
	Online Registration Dates		
Level 5/6: Swimmer/Adv. Swim Level 4: Intermediate	Feb. 29	Mar. 28	Apr. 25
Level 3: Adv. Beginner & Level 2: Beginner	to Mar. 3	to Mar. 31	to Apr. 28
Level 1: Water Confidence & IPAP			

Level 1. Water Confidence - Introduction to water safety and water acclimation. This beginner level teaches buoyancy in water and basic locomotion skills. Kicking, breathing and alternative arm action techniques are introduced.

Level 2. Beginner - Learn locomotion skills including front and back crawl and swimming in semi deep water.

Level 3. Advance Beginner - Learn elementary backstroke and continue to improve front and back crawl.

Level 4. Intermediate - Learn break stroke and sidestroke skills.

Level 5/6 Swimmer/Adv. Swimmer - Participants refine strokes and learn aquatic skills such as butterfly stroke.

WALK - IN Swim Lessons Registration - (Session 2 - 4)

*Walk in registration starts 9:00am - Registration may begin early to meet demand

Session 2: Sat. Feb. 29 | Session 3: Sat. Mar. 28 | Session 4: Sat. Apr. 25

*There are no classes on holidays and there will be no make ups.

City of Los Angeles - Mayor *Eric Garcetti*

Councilmember *Curren D. Price 9th District*

Board of Recreation and Parks Commissioners

Sylvia Patsouras, *President* | Lynn Alvarez, *Vice President*

Member - *Nicole Chase, Joseph Halper*

Recreation and Parks Administration - Michael A. Shull, *General Manager*

Anthony-Paul Diaz, Esq., *Executive Officer*

Sophia Pina-Cortez, *Assistant General Manager - Special Operations Branch*

Belinda Jackson, *Executive Director* | Patricia Delgado, *Principal Recreation Supervisor I*



PARKPROUDLA



Aquatic Office Hours Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

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laparks.org/expo/aquatic

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