



BECOME A L.A. CITY **LIFEGUARD**



**Earn
\$23.92/hour**

**Work over 1000 hrs
in one year to earn
health benefits.**

**Scan the QR code
or sign up at
bit.ly/lacitylifeguardtest**

UPCOMING TESTS:

Date

Time

Location

Contact

Sun. Sept. 7

10:00 a.m. - 12:00 p.m.

H.Humphrey (818) 896-0067

Criteria:

- 70 - foot Dummy Tow under 1 minute 18 seconds to continue to the medley swim.
- 200-Yard Medley Swim (breast, back, side, and crawl stroke) will need to be completed in under 3 minutes 52 seconds.
- Visit your local L.A. City pool for practice tests
- Lifeguard must be 17 years old by July 1, 2026

**Scan to
register!**



City of Los Angeles
Dept. of Recreation & Parks
laparks.org/aquatics
citywide.aquatics@lacity.org
323-906-7953

Made possible by the LA28 Olympic and Paralympic Games



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