

**CITY OF LOS ANGELES**  
DEPARTMENT OF RECREATION AND PARKS  
CITYWIDE AQUATICS DIVISION

**POOL RULES FOR PATRONS**

Pool staff interpretation of rules shall be final.

1. Entrance is denied to:
  - a. Children under 7, unless accompanied by an adult on a one-to-one ratio,
  - b. Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs,
  - c. Persons under the influence of alcohol or narcotics,
  - d. Persons with colds, coughs, nasal or eye discharges, skin eruptions, open wounds, open sores or bandages,
  - e. Pets.
2. Please check all your valuables with the clerk.
3. Personal property not permitted in the swimming pool or deck area includes:
  - a. Street clothes and shoes,
  - b. Floating apparatus, glass objects or containers of any kind,
  - c. Sports or swim equipment; electronic equipment,
  - d. Wheeled vehicles (roller blades, bicycles, skateboards, etc.) or toys (Exception for departmental aquatic programs)
4. Soap showers must be taken before entering the pool area.
5. Smoking is prohibited.
6. Eating and/or drinking is allowed only in designated areas.
7. Foul or abusive language will not be tolerated.
8. For the safety of the public there is no
  - a. Running on the pool deck,
  - b. Climbing, sitting on or jumping from fences or guard structures,
  - c. Diving into shallow waters,
  - d. Swimming in the diving area,
  - e. Horseplaying on the deck or in pool at any time,
  - f. Double-bouncing off of or crowding diving structures,
  - g. Snapping towels,
  - h. Participating in other dangerous practices as determined by lifesaving staff.
9. Hypoxic training or prolonged underwater swimming is not allowed.
10. Do not interfere with a lifeguard rescue or call for help unless in distress.
11. In addition to the above rules, please adhere to the following:
  - a. Proper swim attire is as follows:
    - I. Men must wear swim trunks with a liner AND a drawstring, board shorts are acceptable,
    - II. Females must wear a bathing suit, may be a one-piece or two-piece.
  - b. Inappropriate swim attire is as follows:
    - I. No cut-offs, bike shorts, basketball shorts, or street shorts,
    - III. No white t-shirts or white rash guards or shirts of any kind,
    - IV. Swimsuit must cover the buttocks, no thongs,
    - V. No bodysuits or leotards.

**\*\*\*Failure to follow the pool rules and guidelines will result in non-admittance or expulsion from the pool grounds.\*\*\***

## **Water Slide Rules**

1. All riders must be at least 48 inches tall or have prior approval from management in order to ride the water slide.
2. No combs or foreign objects are allowed in pockets and no jewelry can be worn while riding the slide.
3. No cut-off jeans – only swim suits allowed.
4. Riders must enter the slide in a sitting position and wait for instruction from the lifeguard stationed at the slide starter tub.
5. All riders must ride feet first while lying on their back. Absolutely no riding on stomach or head first is permitted.
6. Riders should lie on their backs with arms crossed across their chest or hands clasped behind their head with their legs crossed at the ankles.
7. Only one rider at a time. Absolutely no trains or chains or riders permitted.
8. Not tubes, mats, or life jackets are permitted on water slide.
9. The line should form on the deck with one rider on each landing and one rider in the starter tub.
10. Riders must be in good health. Pregnant women or individuals with poor heart or poor back conditions should not use this ride.
11. Do not use the slide while under the influence of alcohol or drugs.
12. Follow the instructions of the slide attendant.
13. No running, standing, kneeling, rotating, tumbling, or stopping in the flume. Arms and hands must remain inside the flume at all times.
14. No diving from the flume.
15. Leave the landing area promptly after entering.

### ***WARNING!!***

***FAILURE TO FOLLOW THESE RULES CAN RESULT IN SERIOUS INJURY.***

## **Diving Board Rules**

### ***Caution! Dive at Your Own Risk***

1. You must take a swim test before entering the deep end.
2. Head and cervical injuries can result from improper diving.
3. To avoid such injuries use caution when diving.
4. There may be additional hazards for persons weighing 170 lbs or more
5. Do not double bounce on the diving board.
6. Do not move the fulcrum all the way to the rear.
7. Check water depth and do not dive out of the deep water area.
8. Please ask the lifeguard or management as to where you are to dive.
9. Only one person at a time on the diving board.
10. Be sure the diving area is clear before diving.
11. Wait for the previous diver to reach the side of the pool before diving.
12. Do not swim under the diving board.
13. Dive straight off the board

## **Water Watcher Program**

The Water Watcher program is designed to augment Citywide Aquatics Lifeguarding Services to help maintain a safe swim environment for each camper at the swimming pool. The goal of the Water Watcher program is to train camp counselors to recognize and assist with pool rule enforcement to reduce the number of incidences at an aquatic facility.

The required camp staffing ratio is one adult counselor, 16 or older, per ten campers. If a child is under the age of seven, the enforced ratio is one adult counselor for each camper throughout the aquatic facility. The counselor is NOT a part of the 1 to 10 ratio for children 7 years and older.

An orientation to the pool and review of the rules occurs on the first day of pool attendance. The Water Watcher is responsible for supervising campers within their assigned station and the enforcement of the pool rules to help create a safe swim environment. Water Watchers are trained to respond to an emergency and evacuate campers safely from the aquatic facility if necessary.

The Water Watcher (counselor) receives a badge to wear after the orientation and will be assigned a poolside station. There are multiple stations for the Water Watchers and a rotation occurs every 15 minutes. At the end of the swim session, badges are collected by the head counselor and returned to the Pool Clerk. Badges are given to the Head Counselor to distribute to the assigned Pool Watchers each time the camp visits after the initial orientation.

Benefits from the program include a safer environment for campers to recreate, an increase in aquatic safety knowledge for the counselors, and transfer of safety concepts gained to other aquatic related outings.