**CALL (213) 763-0125**

**LAP PASS and HEALTH CLUB**

Adult Lap Pass:
$88.00 for 30 admission

Youth/ Senior Pass:
$25.00 for 30 admissions

Adult Health Club Pass
$70.00 for 3 months
(Pool use, Fitness, and Weight room)

**AQUACISE**

**ADULTS & SENIORS**

Ages: 18+
- Adults - $4.50 per class
  - $45.00 per month
- Seniors - $4.00 per class
  - $40.00 per month

**Mon./ Wed./ Fri.**
- 6:30am-7:30am
  - 12:00pm-1:00pm
- 5:00pm-6:00pm

**WINTER Jr. GUARD CAMP**

December 16 to January 3

Fee: $45 a week  
Actual Program Cost $85*

*40 is subsidized by the generous donations from The Friends of EXPO Center.

**Mon. - Fri.**
- 8:00am - 3:00pm
  - Limited Enrollment

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**NOVICE TEAMS**

Ages 7-17
Registration begins: Sept. 22
Practice begins: Sept. 23
$50.00 per participant
Requires a minimum of Intermediate (level 4) swimming skills.

**SPRING BOARD DIVING**

Tue./ Thu. 5:00pm - 7:00pm
Fri. 5:00pm - 6:00pm

**NOVICE SWIM TEAM**

Mon. / Wed. 5:00pm - 7:00pm
Fri. 5:00pm - 6:00pm

**TECHNIQUE Classes**

Fee: $20 per Session

**WATER POLO**

Wed. / Fri.
5:00pm – 6:00pm

**SYNCHRONIZED**

Tue./Thu.
5:00pm - 6:00pm

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**LAC-PAT**

Date/Time/fee - TBD

For updated information concerning LAC-PAT call Aquatic office (213) 763-0125.

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**IMPORTANT DATES**

Aquatic Fall Classes Begin  
EXPO Fall Classes Begin  
EXPO Halloween FunFest  
Winter Class Registration Begins  
EXPO Winter Festival  
L. A. Rams Games  
Thanksgiving  
Christmas  
USC Football  

EXPO Center and POOL Closure dates  
USC Football  
LAC-PAT  
L. A. Rams Games  
Thanksgiving  
Christmas  
USC Football  

**Office Hours**
Mon. - Fri. 9:00am-7:00pm  
Sat. 1:00pm-4:30pm  
Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037 laparks.org/expo  
freshome.com/expocenterla
City of Los Angeles Department of Recreation and Parks
All classes and programs listed may be subject to change or cancellation.
All refunds will be assessed a 15% administration fee

Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.

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**GENERAL INFORMATION and EVENTS**

Scheduling of Special Events at LA Coliseum and LAC games may cause additional days of closure to EXPO Center and LA84/John C. Argue Swim Stadium.
### SCHEDULE OF CLASSES

**ONLINE Registration Begins Sept. 21**

**FALL Classes Begin Sept. 23**

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#### CALL (213) 763-0125

**ADULT & SENIORS GROUP SWIM LESSONS (18+ yrs.)**

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
<th>Mon./Wed. Times</th>
<th>Tue./Thur. Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1</td>
<td>WATER CONFIDENCE</td>
<td>12pm - 12:25pm</td>
<td>1pm - 1:25pm</td>
</tr>
<tr>
<td>Level 2</td>
<td>BEGINNER</td>
<td>12:30pm - 12:55pm</td>
<td>5:30pm - 5:55pm</td>
</tr>
<tr>
<td>Level 3</td>
<td>ADVANCED BEGINNER</td>
<td>11:30am - 11:55am</td>
<td>4:30pm - 4:55pm</td>
</tr>
<tr>
<td>Level 4</td>
<td>INTERMEDIATE</td>
<td>4:00pm - 4:25pm</td>
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</tbody>
</table>

**PRIVATE SWIM LESSONS**

(Ages 4 and up)

Fees: 4 lessons of 25 min each

- (1 person) *Private $108.00
- (2 persons) Semi–Private $160.00

*Private: is a one-to-one ratio
*Semi-private: is a two-to-one ratio

**HYDRORIDER**

Mon./Wed./Fri.

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30am - 8:30am</td>
<td>BOGA FIT</td>
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Fee: $4.50 per class for Adults

$4.00 per class for Seniors

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**ADAPTIVE AQUATICS**

Students “swimming ability” not required. This class is designed for athletes with disabilities.

Fri. 5:00pm - 6:00pm

**AQUACISE for ADULTS & SENIORS**

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Fri. 5:00pm - 6:00pm

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**Aquatics Office Hours**

Mon. - Fri. 9:00am-7:00pm | Sat. 1:00pm-4:30pm | Sun. Closed

3980 Bill Robertson Lane, Los Angeles, CA 90037 laparks.org/expo
City of Los Angeles Department of Recreation and Parks

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Persons with disabilities are encouraged to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.

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**Registration for private lessons is limited to 2 half-hours slots per family.**

**Levels 3 & 4 Parent must accompany child in the water.**

**Level 1 - WATER CONFIDENCE**

Mon./Wed. 5:00pm-5:25pm

Tue./Thur. 5:30pm-5:55pm

**Level 2 - BEGINNER**

Mon./Wed. 5:30pm-5:55pm

6:00pm-6:25pm

Tue./Thur. 5:00pm-5:25pm

5:30pm-5:55pm

**Level 3 - ADVANCE BEGINNER**

Mon./Wed. 6:30pm-6:55pm

Tue./Thur. 4:30pm-4:55pm

5:00pm-5:25pm

**Level 4 - INTERMEDIATE**

Tue./Thur. 4:00pm - 4:25pm

**Level 5 & 6 - SWIMMERS/ADV. SWIMMERS**

Tue./Thur. 4:00pm-4:25pm

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- Space in class is limited, registrations taken on a first come first serve basis until class is full. No refunds unless class is cancelled by facility.
- All prices subject to change without notice. All classes and programs in this schedule are subject to change or cancellation.
- All refunds will be assessed an 15% administrative fee.
# FALL 2019

## AQUATICS

LA84/John C. Argue Swim Stadium

### SCHEDULE OF SWIM CLASSES -

#### ONLINE REGISTRATION

https://reg.laparks.org

Online Registration: starts Saturday at 9:00am and closes Tuesday at 11:59pm

<table>
<thead>
<tr>
<th>SWIM CLASSES</th>
<th>SESSION: 1</th>
<th>SESSION: 2</th>
<th>SESSION: 3</th>
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<tbody>
<tr>
<td>Level 2: Beginner</td>
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<td>Level 3: Adv. Beginner</td>
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<td>Level 4: Intermediate Level</td>
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<tr>
<td>5/6: Swimmer/Adv. Swim -</td>
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<tr>
<td>Adult Lessons &amp; Private Lessons</td>
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### WALK-IN Swim Lessons Registration - (Session 1 - 3)


### WALK-IN TEAMS Registration

Sun Sept. 22 starts at 9:00am

There are no classes on holidays and there will be no make ups.

City of Los Angeles - Mayor Eric Garcetti | Councilmember Curren D. Price 9th District

Board of Recreation and Parks Commissioners

Sylvia Patsouras, President | Lynn Alvarez, Vice President

Member - Nicole Chase, Pilar Diaz, Joseph Halper

Recreation and Parks Administration - Michael A. Shull, General Manager

Anthony-Paul Diaz, Esq., Executive Officer

Sophia Pina-Cortez, Assistant General Manager - Special Operations Branch

Belinda Jackson, Executive Director | Patricia Delgado, Principal Recreation Supervisor I

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City of Los Angeles Department of Recreation and Parks

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