



BRANFORD RECREATION CENTER

13306 BRANFORD STREET, ARLETA, CA 91331 (818) 893-4923



YOGA & FITNESS INSTRUCTOR

Available Hours

0-10 hours a week

Schedule of Hours

- Mondays, Wednesdays, Friday 10:00 am - 1:00 pm.
- Saturdays, 9:00 am - 4:00 pm.
- Exact schedule will vary based on enrollment.

Description of Duties

Duties include, but are not limited to

- Planning and scheduling classes.
- Providing practical instruction.
- Supervising participants to ensure that interactions remain safe at all times.
- Encourage personal discipline and respect.
- Teach various yoga and mindful meditation techniques
- Communicate effectively with all participants, and staff.
- Preparing the gym and equipment for each session.
- Ensure safety and good sportsmanship are always being practiced.
- Assist with any additional duties as needed for the effectiveness of the program.
- Be able to resolve conflicts.
- Create a learning and safe environment.

Qualifications

- Prior experience teaching yoga or Fitness to Adults
- High School Diploma or GED equivalent, complete training with a registered yoga school.
- Ability to work a flexible schedule.
- Patience, respectful, supportive, and fair approach to teaching.
- Outstanding verbal communication skills with the capacity to command attention.
- Must be passionate about teaching and self-development.
- Committed to providing outstanding customer service and demonstrate strong interpersonal skills.
- Excellent organizational skills, ability to prioritize, and comfortable working independently.
- Ability to move, carry equipment and supplies as needed for programming.
- First Aid / CPR certified.
- Enthusiastic, responsible, and reliable.
- Must be able to speak and make presentations in front of large groups.

To Apply

Email resume to:

Email: gabino.quiroz@lacity.org

Subject: Instructor position– Recreation Assistant

Last Day to Apply: October 21th, 2023

For candidates seeking initial City employment, in accordance with Los Angeles City Ordinance 187134, information regarding COVID-19 vaccination requirements as conditions of employment be found at:

https://clkrep.lacity.org/onlinedocs/2021/21-0921_ord_187134_8-24-21.pdf