



CITY OF LOS ANGELES • DEPARTMENT OF RECREATION AND PARKS

Lincoln Heights Senior Center

2323 Workman St. Los Angeles, CA 90031

323.225.9339

## RECREATION INSTRUCTOR

**Yoga Instructor**

**(2 position available)**

### Available Hours

Hours vary, 0-10 hours per week; various shifts Monday - Saturday, 9:00 a.m. - 8:00 p.m.

Hours are not guaranteed and depend on classes, activities and event schedule.

### **Job Description / Duties**

- Facilitate, instruct and supervise classes and/or activities in a class setting, including, but are not limited to:
  - Preparing lesson plans and teaching weekly classes
  - Must be interactive with adults of all ages
- Conduct instructional clinics and have the ability to teach
- Class, show/recital or demonstration related setup, cleaning, and breakdown
- Communicate effectively with students, patrons, volunteers and staff
- Support the Director in establishing rules and emergency procedures with participants.
- Some activities may be outdoors, resulting in exposure to the sun/heat for a prolonged period of time.
- Other assigned duties as assigned by Director (ex: organize registration binder, activity related office work, registration, payments, errands, and etc.)

### **Qualifications**

- Must be at least 18 years of age.
- Must have knowledge of fitness and yoga.
- Experience and ability to lead, problem solve and communicate effectively with parents, youth, coworkers, and supervisor preferred.
- Ability to walk and standing for long periods of time, as well as squat, kneel, lift/carry up to 20 pounds of equipment, such as canopies, water, coolers, carry tables and chairs, etc.
- Must be able to follow directions, be on time, and reliable.
- Capable of taking supervisory directions from multiple program staff and director.
- Bilingual in Spanish desired.

### **To Apply**

Send resume to: [Anthony.Montiel@lacity.org](mailto:Anthony.Montiel@lacity.org)

Must include: APPLY for Recreation Instructor in subject line

Last Day to Apply: June 25<sup>th</sup>, 2024

For candidates seeking initial City employment, in accordance with Los Angeles City Ordinance 187134, information regarding COVID-19 vaccination requirements as conditions of employment be found at

[https://clkrep.lacity.org/online/docs/2021/21-0921\\_ord\\_187134\\_8-24-21.pdf](https://clkrep.lacity.org/online/docs/2021/21-0921_ord_187134_8-24-21.pdf)