



# OUTDOOR AND VIRTUAL

## WINTER 2021-2022 LA PARKS PROGRAMMING



### VIRTUAL RECREATION RESOURCES

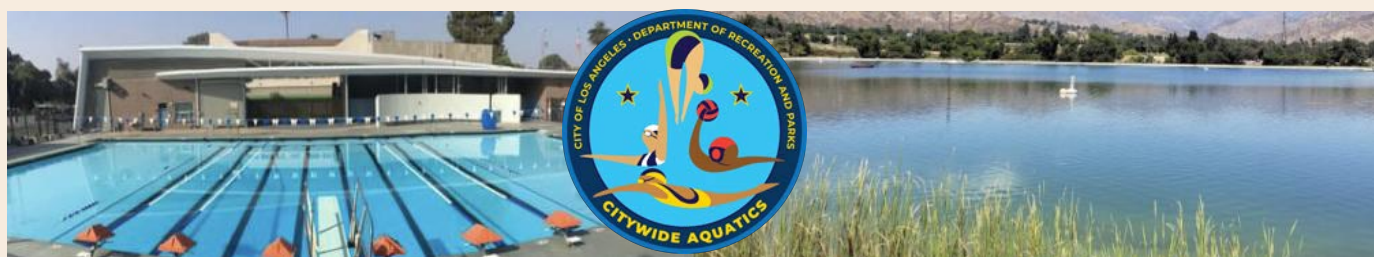
- **VIRTUALRECLA** - From virtual fitness classes to arts and crafts activities to do at home, VirtualRecLA offers multiple FREE online resources for you to stay active and creative.
- **VIRTUAL AQUATIC FITNESS** - In partnership with VirtualRecLA, our Aquatics team has put together at home workouts to help keep you in swimming shape.



### RECREATION CENTERS AND PARKS

- **TENNIS** - Our tennis courts are available for self guided public use for participants of all ages. Currently all reservations must be made online. Some of our recreation centers offer lessons for adults and youth that you can register for on [reg.laparks.org](http://reg.laparks.org).
- **SOCCER** - Our youth soccer programs offer an outlet for children under the age of 18, to compete with other recreation center teams in the sport. Check out the brochure of your nearest recreation center for more information.
- **GOLF** - We have seven 18-hole courses, three 9-hole courses, and two 3-par courses available for public use.

- **UNIVERSAL ACCESSIBLE PLAYGROUNDS** - Our park playground features are open for use, where children of all abilities can play side by side.
- **OUTDOOR FITNESS ZONES** - Check out these outdoor areas to workout safely while maintaining social distancing.
- **SKATE PARKS** - Our skate parks are open for public use all year round. Check out the list of our 29 skate park locations to find the one nearest you. Don't forget your helmet!
- **OUTDOOR CLASSES & TEAMS** - Unvaccinated patrons are welcome to register for the classes and teams offered at our recreation centers that take place exclusively outdoors, so long as you follow the testing requirements for that program. Testing requirements are the sole responsibility of the participant, and may not be provided by the recreation center or program. Visit the link above to check for the nearest recreation center nearest you, and be sure to call and inquire about the program you are interested in to make sure you are eligible to participate.



## AQUATICS

- **LINCOLN PARK POOL** - This year round pool is our only facility that is fully outdoors from check-in to check-out. We offer adult, youth, and senior classes, youth team sports, adult lap swimming hours, and recreational use hours. Visit the link above for the pool's 2021-2022 brochure.
- **YEAR ROUND OUTDOOR SWIMMING POOLS** - Our other outdoor swimming pools require masks at all times while walking through the lobby and shower areas, until you go outside onto the pool deck. The indoor showers are unavailable for those who are unvaccinated, as they would not be permitted to remove their mask. **Please visit the link above to ensure you are going to an outdoor pool before you arrive.**
- **HANSEN DAM AQUATIC CENTER** - Though the pool will be closed until the Summer 2022 season, Hansen Dam offers a space for the public to do self guided fishing, stand-up paddleboarding, and kayaking. Bring your own equipment and we'll provide the water!

For more information on our recreation and aquatic programs, please visit our website at [www.laparks.org](http://www.laparks.org).