

Be Water Ready!



DROWNING STATISTICS

- Home pool drowning is a leading cause of death for children younger than 5*
- Children were often out of sight less than 5 minutes and under the care of one or both parents at the time of many home pool drowning's **
- Emergency departments treat about 6,400 pool and spa injuries in children under 15 every year*

TAKE ACTION TO PREVENT DROWNING

1. Always swim with a buddy*
2. Keep children under active supervision*
3. Secure your pool or hot tub with appropriate barriers*
4. Establish and enforce rules*
5. Make sure everyone knows how to swim well*
6. Use reaching assists such as a ring buoy, towel, branch or pole
7. Learn how to respond to aquatic and other emergencies by taking Red Cross first aid, CPR and water safety courses*
8. Appoint a "Water Watcher" to supervise children while swimming
9. Enroll everyone in the home in American Red Cross water safety and learn-to-swim courses*
10. No one is "Drownproof", learning to swim takes time. Do not expect that children will learn to swim in one set of lessons or even in one season.*



Find Out More....

Enroll in a Learn to Swim Course on SwimLA.org
Learn more about Water Safety at RedCross.org
Get water-safety information from Centers for Disease Control and Prevention at healthyswimming.org

*Source: American Red Cross 2010 ** U.S. Consumer Product Safety Commission

