CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS
CITYWIDE AQUATICS DIVISION

109TH STREET
SWIMMING POOL AND SPLASH PAD
1500 E. 109th St.
Los Angeles, CA 90059
(323) 249 – 0858

SUMMER 2019 POOL HOURS
*Times subject to change without notice*

OPENING DAY, June 8
Saturday ....................... 1:00 p.m. - 5:00 p.m.

June 9 – June 15
M-F Recreational Swim ...... 2:00 p.m. - 6:00 p.m.
Saturday & Sunday ............ 1:00 p.m. - 5:00 p.m.

June 16 – August 17
M-F Recreational Swim...... 11:00 a.m. - 2:00 p.m.
............................................. 3:00 p.m. - 6:00 p.m.
Saturday & Sunday ............. 1:00 p.m. - 5:00 p.m.

August 18 – September 2
M-F Recreational Swim ...... 2:00 p.m. - 6:00 p.m.
Saturday & Sunday ............. 1:00 p.m. - 5:00 p.m.

Holiday hours
Independence Day.
Thursday, July 4 ............... 1:00 p.m. - 5:00 p.m.
Labor Day, Monday, Sept. 2. 1:00 p.m. - 5:00 p.m.

POOL RULES
For the safety of the public and pool employees, the City of Los Angeles has set the following rules to create a safe swimming environment for all patrons. Staff interpretations of rules are final:

- Children under 7 years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm’s length of the child at all times.
- Children under 4 years of age must wear an approved floatation device.
- Proper swim attire includes a swimsuit or swim trunks and, with liner (except board shorts). No cotton shirts, socks, or undergarments are allowed into the water.
- White t-shirt or white rash-guards are not allowed in the pool area.
- All patrons must take a soap shower before entering the pool.
- The consumption and storage of food/drinks is not allowed in the pool area.
- All swimmers must wear proper swim attire to be allowed into the pool.
- Children under 7 years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm’s length of the child at all times.
- No refunds on admission, an Admission Voucher will be issued on a first come, first serve basis.

FEES AND RULES

<table>
<thead>
<tr>
<th>ADMISSION FEES</th>
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<tbody>
<tr>
<td>ADULTS (18 – 49 YRS OLD)</td>
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<tr>
<td>YOUTH (0 – 17 YRS OLD)</td>
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<tr>
<td>OLDER ADULTS (50 &amp; UP YRS OLD)</td>
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<tr>
<td>PERSONS WITH DISABILITIES (All ages)</td>
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</tbody>
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*Fees subject to change*

PLEASE SEE STAFF TO REQUEST ASSISTANCE

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

SwimLA ensures that youth in every LA City community, have an opportunity to learn to swim by offering lessons at a low cost. Scholarships are available to qualified patrons, on a first come, first served basis.

SwimLA.org website.
www.LAPARKS.org

Citywide Aquatics Office at:
3900 Chevy Chase Dr.
L.A., CA 90039
(323) 906-7953
citywide.aquatics@lacity.org
www.LAPARKS.org

SPONSORS & SCHOLARSHIPS

The LA84 Foundation (a legacy of the 1984 Olympic Games) has provided a limited number of team sports sponsorships for community youth between 7 and 17 years of age. Sponsorships are issued on a first come, first served basis for NOVICE SWIM TEAM, DIVE TEAM, AND ARTISTIC SWIM TEAM ONLY.

One LA84 sponsorship per participant.

The City of Los Angeles Department of Recreation and Parks is proud to announce its 14th year of joint-partnership with Kaiser Permanente.

Kaiser Permanente Sponsorships for SWIM LESSONS and JUNIOR LIFEGUARD PROGRAM are available on a first come, first served basis.

*One KP Jr LG sponsorship per participant.
PRIVATE & SEMI-PRIVATE LESSONS
(Inquire with Pool Clerk or Manager for Scheduling)
Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS
Adult, Child, Senior, Adaptive
1 Private Lesson: $27.00,
4 Private Lessons = $108.00

SEMI-PRIVATE LESSONS (Students only)
Adult, Child, Senior, Adaptive
$20.00 Per lesson per student x 2 students = $40.00
4 Lessons = $160.00

GROUP LESSON REGISTRATION INFORMATION
YOUTH - $30.00  ADULT - $30.00

- Online and In-person registration available
- Online registration limited to 5/lesson
- Make checks payable to:
  L.A. City Department of Recreation and Parks
- No refunds unless a class is canceled
- All refunds will be assessed an administration fee.
- Lessons are 25 minutes in length.
- A swim assessment may be required prior to registration.
- Fees must be paid at the time of registration.
  NO EXCEPTIONS.

MONDAY – FRIDAY
Session 1 Registration begins
Tuesday, June 15, at 5:00 a.m.
Session 2 - 5 Registration
Saturday after end of previous session at 9:00 a.m.

SATURDAY & SUNDAY
Session 1 Registration
Saturday, June 15 at 9:00 a.m.
Session 2 Registration: Last day of session 1

GROUP LESSON SESSIONS
MONDAY THROUGH FRIDAY
10 Lessons/2 weeks .......... YOUTH/ADULT
Session 1..................... June 17 - June 28
Session 2..................... July 1 - July 12
Session 3..................... July 15 - July 26
Session 4..................... July 29 - Aug 9

(Late Afternoon Lessons ONLY)
Session 5..................... Aug 12 - Aug 23

SATURDAY & SUNDAY
8 Lessons/4 weeks .......... ADAPTIVE
Session 1..................... June 22 - July 14
Session 2..................... July 20 - Aug 11

LESSON CATEGORIES & REQUIREMENTS

Preschool Aquatics: 4 yrs. – 6 yrs.
Children: 7 yrs. – 17 yrs.
Adult: 18 & older

Preschool Aquatics (Level 1 to 3) – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1) – Introduction to water safety and water availability. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

Beginner (Level 2) – Participants learn alternating kicks, rotary arm action techniques, and progressive skills leading to diving, front crawl and elementary backstroke.

Advanced Beginner (Level 3) – Participants learn advanced skills, dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, front crawl and elementary backstroke.

Intermediate (Level 4) – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

Swimmer (Level 5) – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine their performance of all six swimming strokes.

ADULT LESSONS
Adult.............. Mon - Fri 6:30 p.m. - 6:55 p.m.

ADAPTIVE LESSONS
Adaptive............. Mon - Fri 6:00 p.m. - 6:25 p.m.
Adaptive............. Sat & Sun 1:00 p.m. - 1:25 p.m.
Adaptive............. Sat & Sun 1:30 p.m. - 1:55 p.m.

SESSIONS 3 – 4
Please see pool clerk for details

GROUP LESSON SCHEDULE
Sessions 1 - 2
Preschool Aquatics . Mon - Fri 10:00 a.m. - 10:25 a.m.
Water Confidence . Mon - Fri 10:00 a.m. - 10:25 a.m.
Intermediate ......... Mon - Fri 10:00 a.m. - 10:25 a.m.
Water Confidence . Mon - Fri 10:30 a.m. - 10:55 a.m.
Beginner ............. Mon - Fri 10:30 a.m. - 10:55 a.m.
Adv. Beginner ......... Mon - Fri 10:30 a.m. - 10:55 a.m.
Water Confidence . Mon - Fri 11:00 a.m. - 11:25 a.m.
Beginner ............. Mon - Fri 11:00 a.m. - 11:25 a.m.
Beginner ............. Mon - Fri 11:30 a.m. - 11:55 a.m.
Ad. Beginner ......... Mon - Fri 11:30 a.m. - 11:55 a.m.

Preschool Aquatics . Mon - Fri 12:00 p.m. - 12:25 p.m.
Intermediate ......... Mon - Fri 12:00 p.m. - 12:25 p.m.
Water Confidence . Mon - Fri 12:30 p.m. - 12:55 p.m.
Beginner ............. Mon - Fri 12:30 p.m. - 12:55 p.m.
Beginner ............. Mon - Fri 1:00 p.m. - 1:25 p.m.
Adv. Beginner ......... Mon - Fri 1:00 p.m. - 1:25 p.m.
Preschool Aquatics . Mon - Fri 1:30 p.m. - 1:55 p.m.
Beginner ............. Mon - Fri 1:30 p.m. - 1:55 p.m.

Swimmers ............. Mon - Fri 3:00 p.m. - 3:25 p.m.
Beginner ............. Mon - Fri 3:30 p.m. - 3:55 p.m.
Adv. Beginner ......... Mon - Fri 4:00 p.m. - 4:25 p.m.
Water Confidence . Mon - Fri 4:30 p.m. - 4:55 p.m.
Beginner ............. Mon - Fri 5:00 p.m. - 5:25 p.m.
Adv. Beginner ......... Mon - Fri 5:30 p.m. - 5:55 p.m.
Intermediate ......... Mon - Fri 6:00 p.m. - 6:25 p.m.
Adv. Beginner ......... Mon - Fri 6:00 p.m. - 6:25 p.m.
Preschool Aquatics . Mon - Fri 6:30 p.m. - 6:55 p.m.
Beginner ............. Mon - Fri 6:30 p.m. - 6:55 p.m.

ADULT LESSONS
Adult.............. Mon - Fri 6:30 p.m. - 6:55 p.m.

ADAPTIVE LESSONS
Adaptive............. Mon - Fri 6:00 p.m. - 6:25 p.m.
Adaptive............. Sat & Sun 1:00 p.m. - 1:25 p.m.
Adaptive............. Sat & Sun 1:30 p.m. - 1:55 p.m.

SESSIONS 5
Please see pool clerk for details

Intermediate ......... Mon - Fri 4:00 p.m. - 4:25 p.m.
Adv. Beginner ......... Mon - Fri 4:30 p.m. - 4:55 p.m.
Adaptive............. Mon - Fri 5:00 p.m. - 5:25 p.m.
Advanced............ Mon - Fri 6:00 p.m. - 6:25 p.m.
Intermediate ......... Mon - Fri 6:00 p.m. - 6:25 p.m.
Beginner ............. Mon - Fri 6:30 p.m. - 6:55 p.m.
Preschool Aquatics . Mon - Fri 6:30 p.m. - 6:55 p.m.

*The classes and programs in this brochure may be subject to change/cancellation*