

# LESSON CATEGORIES & REQUIREMENTS

**Preschool Aquatics: 4 yrs. – 6 yrs.**

**Children: 7 yrs. – 17 yrs. Adult: 18 & older**

**Tiny Tots\* / Preschool Aquatics (Level 1 to 3)** – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

**\*TINY TOTS: 4 STUDENTS MAXIMUM ENROLLED. NO PARENT IN THE WATER REQUIRED.**

**Water Confidence (Level 1)** – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

**Beginner (Level 2)** – Participants learn alternating skills including combined arm and leg actions on front and back and swimming in chest-deep water.

**Advanced Beginner (Level 3)** – Participants learn advanced skill, dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, front crawl and elementary backstroke.

**Intermediate (Level 4)** – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

**Swimmer (Level 5)** – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine their performance of all six swimming strokes.

## PRIVATE & SEMI-PRIVATE LESSONS



**\*INQUIRE WITH POOL CLERK OR MANAGER FOR SCHEDULING**

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

Learn to surf is a newer program where our Youth will get the opportunity to go to the beach, learn water and beach safety and best of all learn how to stand on a surfboard and catch a wave!

**Online Registration Begins**  
January 4 @ 9 a.m.  
February 3 @ 9 a.m.

**Price:** \$10  
**Ages:** 10-17  
**Days:** Saturday & Sunday  
**Time:** 9 a.m. - 3 p.m.\*  
\*Times will vary

## CITY OF LOS ANGELES



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Maha Yateem

##### PRINCIPAL RECREATION SUPERVISOR I

Andre Brent


#### AQUATIC DIRECTORS

- Melanie Escamilla
- Carlos Espinoza


#### AQUATIC FACILITY MANAGER II

Juan Carrillo

If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:



3900 Chevy Chase Dr.  
Los Angeles, CA 90039  
(323) 906-7953  
[citywide.aquatics@lacity.org](mailto:citywide.aquatics@lacity.org)



## CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS CITYWIDE AQUATICS DIVISION



## Algin Sutton Swimming Pool

8800 S. Hoover St.  
Los Angeles, CA 90044  
(323) 789 - 2826  
[alginsutton.pool@lacity.org](mailto:alginsutton.pool@lacity.org)

### Winter/Spring 2024

**January 1 - June 8  
POOL HOURS**

**\*TIMES SUBJECT TO CHANGE WITHOUT NOTICE\***

#### Recreational Swim & Lap Swim

Monday..... Closed  
Tuesday - Friday..... 12:00 p.m. - 7:00 p.m.  
Saturday & Sunday..... 1:00 p.m. - 5:00 p.m.

#### HOLIDAY CLOSURES

- January 1 & 15
- February 19
- March 25
- May 27

ADMISSION FEES	
ADULT (18 - 49 YRS OLD)	\$4.00
YOUTH (0 - 17 YRS OLD)	\$1.00
ADULT (50 + YRS OLD)	\$1.00
PERSONS WITH DISABILITIES	\$1.00
PASSES AVAILABLE*	
ADULT LAP PASS - \$88.00 (30 Entries)	
YOUTH, ADULT (50+), PERSONS WITH DISABILITIES ADMISSION PASS - \$25.00 (30 Entries)	

**\*FEES SUBJECT TO CHANGE**



# Novice Team Sports & Pre-Academy Training



## Team Registration

Saturday, January 27, 2024 @ 9:00 a.m.

Ages 7-17

Tuesday - Friday

Registration: \$10 per session

## Session Dates

January 30 - April 19, 2024

### Artistic Swimming

4:00 p.m. - 5:00 p.m.

### Water Polo

5:00 p.m. - 6:00 p.m.

### Swim Team

5:30 p.m. - 6:00 p.m. [Dry Land]

6:00 p.m. - 7:00 p.m. [Swimming]

The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games.

## LA City Pre-Academy Training (LAC-PAT)

Ages 16 & Over

Tuesday & Thursday

4:00 p.m. - 7:00 p.m.

Registration: FREE



## Aqua Fit-Cardio

Water exercise for swimmers and non-swimmers. Increases flexibility range of motion & provides cardiovascular workout. Exercise includes rhythmic activities, muscle strengthening and toning.

Series = 10 classes

*\*INQUIRE WITH POOL CLERK FOR DETAILS.*

Adult (18-49): \$45 Series or \$5 per class

Adult (50+): \$35 Series or \$4 per class

Wednesday & Friday..... 6:00 p.m. - 6:45 p.m.

# Swim Lesson Registration

## LEARN-TO-SWIM Group Lessons

Youth: \$10.00

Adult (18 +): \$30.00

Tiny Tots: \$80.00 \*

*\* 4 STUDENTS MAXIMUM*

Lesson Registration can be done online at LAPARKS.ORG or via the LA Parks app or in person at Algin Sutton Pool.

Registration is on a first come first serve basis.



## Registration Dates

**(4 weeks/ 8 lessons)**

Session #1 ... Saturday, January 6 @ 9 a.m.

Session #2 ... Saturday, February 3 @ 9 a.m.

Session #3 ..... Saturday, March 2 @ 9 a.m.

Session #4 ..... Saturday, March 30 @ 9 a.m.

Session #5 ..... Saturday, April 27 @ 9 a.m.

## Session Dates

Session #1 ..... January 6 - February 2

Session #2 ..... February 3 - March 1

Session #3 ..... March 2 - March 29

Session #4 ..... March 30 - April 26

Session #5 ..... April 27 - May 24

## Private & Semi Private Lessons

*Adult (18 +), Youth, Persons with Disabilities*

### PRIVATE LESSONS

4 Private Lessons = \$108.00

### SEMI-PRIVATE LESSONS (2 Students only)

4 Lessons = \$160.00

# Swim Lesson Schedule

## Tue & Thu

Preschool Aquatics 1	4:30 p.m. - 4:55 p.m.
Beginner (Level 2)	5:00 p.m. - 5:25 p.m.
Adv. Beginner (Level 3)	5:30 p.m. - 5:55 p.m.
Adult Swim Lesson	6:00 p.m. - 6:25 p.m.
Adaptive Swim Lesson	6:30 p.m. - 6:55 p.m.

## Wed & Fri

Adult Swim Lesson	1:30 p.m. - 1:55 p.m.
Intermediate (Level 4)	5:30 p.m. - 5:55 p.m.
Water Confidence (Level 1)	6:00 p.m. - 6:25 p.m.
Adv. Beginner (Level 3)	6:30 p.m. - 6:55 p.m.

## Sat & Sun

Preschool Aquatics 1	1:00 p.m. - 1:25 p.m.
Water Confidence (Level 1)	1:30 p.m. - 1:55 p.m.
Beginner (Level 2)	2:00 p.m. - 2:25 p.m.
Adv. Beginner (Level 3)	2:30 p.m. - 2:55 p.m.
Intermediate (Level 4)	3:00 p.m. - 3:25 p.m.

## Privates

*\*INQUIRE WITH POOL CLERK OR MANAGER FOR SCHEDULING*

1:00 p.m. - 1:25 p.m.	2:00 p.m. - 2:25 p.m.
1:30 p.m. - 1:55 p.m.	2:30 p.m. - 2:55 p.m.

*\*THE CLASSES AND PROGRAMS IN THIS BROCHURE MAY BE SUBJECT TO CHANGE/CANCELLATION*