Girls Winter Basketball 2020

REGISTRATION BEGINS: NOVEMBER 2, 2019

*** LEAGUE BEGINS IN JANUARY 6, 2020 ***

<table>
<thead>
<tr>
<th>DIVISION</th>
<th>YEAR BORNE</th>
<th>EVALUATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>MINORS (9-10)</td>
<td>2011-2010</td>
<td>DEC. 14</td>
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<tr>
<td></td>
<td></td>
<td>12PM-1PM</td>
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<tr>
<td>MAJORS (11-12)</td>
<td>2009-2008</td>
<td>DEC. 14</td>
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<tr>
<td></td>
<td></td>
<td>12PM-1PM</td>
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<tr>
<td>JUNIORS (13-15)</td>
<td>2005, 2006,</td>
<td>DEC. 14</td>
</tr>
<tr>
<td></td>
<td>2007</td>
<td>12PM-1PM</td>
</tr>
</tbody>
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*AGE AS OF JANUARY 1, 2020
(Copy of birth certificate is required)

GPLA FEE: $10
FEE INCLUDES: UNIFORM, TROPHY, OFFICIALS FEE

"PAYMENT BY CHECK, MONEY ORDERS, VISA AND MASTERCARD ONLY" A COLLECTION FEE WILL BE CHARGED FOR EACH RETURNED CHECK.
MAKE PAYABLE TO:
CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

Notes
- Full payment due at registration.
- Dates and time are subject to change without prior notice

VOLUNTEER COACHES NEEDED! SIGN-UP NOW!

Persons with disabilities are welcome to participate in our programs.
Reasonable accommodations will be made with prior arrangements.
"Achieving gender equality through a continuous commitment to women and girls in sports"

Not affiliated with L.A.U.S.D. or Castelar Elementary School
CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS

ALPINE'S HOLIDAY PROGRAM

"COME CELEBRATE THE HAPPY HOLIDAYS WITH US."

ALPINE RECREATION CENTER
817 YALE STREET
LOS ANGELES, CA 90012
PHONE: 213.485.5448  FAX: 213.473.4574
E-MAIL: alpine.recreationcenter@acity.org

SATURDAY, DECEMBER 7, 2019 @ 3:00 PM

ENTERTAINMENT:

• GPLA MARTIAL ART DEMO
• AFTER SCHOOLERS
• ALPINE DANCE ENSEMBLE
• PIANO SOLOS
• EAST WIND LION DANCERS

***No Christmas toys will be given out at this holiday show.***

DON'T FORGET!! CHRISTMAS TOY GIVEAWAY ON
SATURDAY, DECEMBER 7, 2019 BETWEEN 11:00 AM – 12:30 PM
AGES 3-11 YEARS
THE FIRST 100 KIDS OR UNTIL 12:30 P.M. WHICHEVER COMES FIRST.
CHILD MUST BE PRESENT TO RECEIVE WRISTBAND FOR GIFT.
CHRISTMAS TOYS DONATED BY THE HARVARD WESTLAKE CHINESE CULTURAL CLUB.

Persons with disabilities welcome to participate in our programs. Reasonable accommodation will be made with prior arrangement.

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The Department of Recreation and Parks are proud to be a part of the Mayor’s Million Tree Initiative.
ALPINE RECREATION CENTER
817 YALE STREET, LOS ANGELES, CA 90012 (213) 485-5448
Email: alpine.recreationenter@lacity.org Website: https://www.laparks.org/reccenter/alpine

GIRLS VOLLEYBALL CLINIC
FRIDAYS

8-12 Year olds
5pm-6pm
Learn the basic volleyball fundamentals.
Will teach the proper techniques while having fun and making friends!

13-15 Year olds
6pm-7pm
Enhance your skills and learn to communicate and play as a team.

ONLY $10

REGISTRATION STARTS December 6, 2019
CLINIC DATES: January 10—February 28, 2020

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CARDIO FITNESS

Registration Begins at December 2, 2019
Starting January 6, 2020
Monday & Wednesdays
6:30PM TO 7:30PM
MONTHLY FEE of $10 or $2 per class

Cardio Fitness is a low-impact to medium physical activity that keeps your body moving and gets your sweat going.

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Payment by check, money orders, Visa or Mastercard only. A collection fee will be charged for each returned check.

Refund policy: "Full refunds are only issued when the Recreation Center cancels the activity. A 15% cancellation fee is assessed for all refunds. Changes or transfers per class, sports league or day camp registration maybe assessed additional fees. After the first day of a session, the Recreation Center issues a partial refund to patrons withdrawing from the activity."

"The classes and programs in this flyer may be subject to cancellation."

"Achieving gender equity through a continuous commitment to girls and women in sports."

Good Sportsmanship is Everyone's Responsibility. Be a Good Sport.
Martial Arts

Registration Begins
December 2, 2019

Ages: 8-15 Years
Day: Tuesdays
Time: 4:00pm-5:00pm
January 7 – February 25, 2020

This class will emphasize on conditioning and flexibility, building strength, learning self discipline, basics of kicking and punching, and develop coordination with the body and mind.

Not Affiliated
With L.A.U.S.D. or
Castellar Elementary School

FOLLOW US ON
Facebook: alpine.recreationcenter
Instagram: @alpine.recreationcenter

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