



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
ALPINE RECREATION CENTER
 817 YALE ST. LOS ANGELES, CA 90012
 PHONE (213) 485-5448 FAX (213) 473-4574
<http://www.laparks.org/dos/reccenter/facility/alpineRC.htm>
alpine.recreationcenter@lacity.org



PARK PROUD LA

Only \$10

GPLA

Girls Play Los Angeles

Girls Winter Basketball 2020

REGISTRATION BEGINS: NOVEMBER 2, 2019

*** LEAGUE BEGINS IN JANUARY 6, 2020 ***

<u>DIVISION</u>	<u>YEAR BORN</u>	<u>EVALUATION</u>
MINORS (9-10)	2011-2010	DEC. 14 12PM-1PM
MAJORS (11-12)	2009-2008	DEC. 14 12PM-1PM
JUNIORS (13-15)	2005, 2006, 2007	DEC. 14 12PM-1PM

*AGE AS OF JANUARY 1, 2020
 (Copy of birth certificate is required)

GPLA FEE: \$10
**FEE INCLUDES: UNIFORM, TROPHY,
 OFFICIALS FEE**

"PAYMENT BY CHECK, MONEY ORDERS, VISA AND MASTERCARD ONLY"
 A COLLECTION FEE WILL BE CHARGED FOR EACH RETURNED CHECK.
MAKE PAYABLE TO:
 CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

Notes

- Full payment due at registration.
- Dates and time are subject to change without prior notice

VOLUNTEER COACHES NEEDED! SIGN-UP NOW!

Persons with disabilities are welcome to participate in our programs.
 Reasonable accommodations will be made with prior arrangements.
 "Achieving gender equity through a continuous commitment to women and girls in sports"

Not affiliated with L.A.U.S.D. or Castelar Elementary School



PARK PROUD LA

CITY OF LOS ANGELES

DEPARTMENT OF RECREATION AND PARKS

ALPINE'S HOLIDAY PROGRAM



"COME CELEBRATE THE HAPPY HOLIDAYS WITH US."

ALPINE RECREATION CENTER

817 YALE STREET

LOS ANGELES, CA 90012

PHONE: 213.485.5448 FAX: 213.473.4574

E-MAIL: alpine.recreationcenter@lacity.org

SATURDAY, DECEMBER 7, 2019 @ 3:00 PM

ENTERTAINMENT:

- ◆ GPLA MARTIAL ART DEMO
- ◆ AFTER SCHOOLERS
- ◆ ALPINE DANCE ENSEMBLE
- ◆ PIANO SOLOS
- ◆ EAST WIND LION DANCERS



*****No Christmas toys will be given out at this holiday show.*****

**DON'T FORGET!! CHRISTMAS TOY GIVEAWAY ON
SATURDAY, DECEMBER 7, 2019 BETWEEN 11:00 AM – 12:30 PM
AGES 3-11 YEARS**

**THE FIRST 100 KIDS OR UNTIL 12:30 P.M. WHICHEVER COMES FIRST.
CHILD MUST BE PRESENT TO RECEIVE WRISTBAND FOR GIFT.**

CHRISTMAS TOYS DONATED BY THE HARVARD WESTLAKE CHINESE CULTURAL CLUB.

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The Department of Recreation and Parks are proud to be a part of the Mayor's Million Tree Initiative.

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Email: alpine.recreationcenter@lacity.org Website: <https://www.laparks.org/reccenter/alpine>



GPLA
Girls Play Los Angeles



Girls Volleyball Clinic

FRIDAYS

8-12 Year olds

5pm-6pm

Learn the basic volleyball fundamentals.

Will teach the proper techniques while having fun and making friends!

13-15 Year olds

6pm-7pm

Enhance your skills and learn to communicate and play as a team.

ONLY \$10

REGISTRATION STARTS December 6, 2019

CLINIC DATES: January 10—February 28, 2020



PARK PROUD LA

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FOLLOW US ON



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Instagram:

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PARK PROUD LA

CARDIO FITNESS

Registration Begins at December 2, 2019

Starting January 6, 2020

Monday & Wednesdays

6:30PM TO 7:30PM

MONTHLY FEE of \$10 or \$2 per class

Cardio Fitness is a low-impact to medium physical activity that keeps your body moving and gets your sweat going.



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Payment by check, money orders, Visa or Mastercard only. A collection fee will be charged for each returned check.

Refund policy: "Full refunds are only issued when the Recreation Center cancels the activity. A 15% cancellation fee is assessed for all refunds. Changes or transfers per class, sports league or day camp registration maybe assessed additional fees. After the first day of a session, the Recreation Center issues a partial refund to patrons withdrawing from the activity"

"The classes and programs in this flyer may be subject to cancellation."

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Good Sportsmanship is Everyone's Responsibility. Be a Good Sport.



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PARK PROUD LA

\$10



Marital Arts



\$10



Registration Begins
December 2, 2019

Ages: 8-15 Years
Day: Tuesdays
Time: 4:00pm-5:00pm
January 7 – February 25, 2020

Not Affiliated
With L.A.U.S.D. or
Castelar Elementary School

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 Instagram:
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This class will emphasize on conditioning and flexibility, building strength, learning self discipline, basics of kicking and punching, and develop coordination with the body and mind.

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