

City of Los Angeles Department of Recreation & Parks, Pacific Region-Harbor District

***Anderson Memorial Senior Citizen Center***

828 South Mesa Street, Los Angeles, CA, 91731, Phone: (310) 548-7596

*Ages: 50+ Club*

E-mail: [anderson.seniorcenter@lacity.org](mailto:anderson.seniorcenter@lacity.org)

Website: [www.laparks.org/scc/anderson-memorial](http://www.laparks.org/scc/anderson-memorial)



*Winter Program 2026*  
*January to March*



● Class Schedules

● Registration Dates

● Event Calendar

If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility 310.548.7596 or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice. If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide. Activity subject to change or cancellation

# Class Registration Procedure

1. **Registration begins: Winter-Nov 15, Spring-Feb 15, Summer-May 15, Fall-Aug 15.**
2. Payment by check or money order made to "City of Los Angeles, Department of Recreation and Parks." A collection fee will be charged for each returned check. Exact change for cash payments please.
3. Full payment is required at time of registration. No refunds unless class or activity is cancelled.
4. **Annual membership is \$20 comes with a parking permit starting 2024** (all others may be towed at owner's expense)
5. Registration fees are due the one week prior of the class/activity.
6. The City of Los Angeles does not provide insurance.
7. We may cancel the class or program when minimum enrollment is not meet.
8. The classes and programs in this brochure may be subject to change and or cancellation.
9. Refund policy: Refunds granted will assess a 15% administrative fee. No full refunds will be issued unless a program is cancelled by the facility. No refunds or credits issued on missed class days.
10. Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.
11. The City of Los Angeles Department of Recreation and Parks (RAP) is not responsible for any injury to any person Suffered while warming up or participating in exercise and fitness classes for any reason whatsoever. Each adult participant certifies upon registration that he/she is physically capable of participating in a class.

## Permit Information 310.548.7596

Welcome to Anderson Memorial Senior Citizen Center . Reservation to use our facility is made on a "first come, first served" basis with a deposit of 50% to place reservation on calendar. One initial meeting with a tour and second or final meeting one month ahead or whichever comes first to pay for the event with no balance remaining. Insurance that covers Anderson Memorial Senior Citizen Center is required. Reservation fee, non-refundable fee, staff, maintenance staff, utility hook-up, tables, chairs, kitchen and miscellaneous fees will be included in the permit.

### Special Event:

- **Big event** (100 to 200 participants): Please inquire 3 to 6 months before the event.
- **Small event** (1-99 participants): Please inquire 1 to 2 months before the event.
- **Auditorium** (200 persons maximum, \$75 per hour in addition to above underlined items)
- **Picnic:** First come first serve



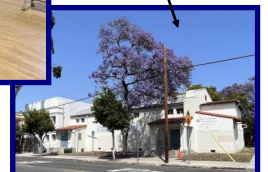
Entrance-north side of the building on 8th Street



Auditorium  
on Mesa Street



Courtyard  
on 9th Street



West side of the  
Building on Mesa Street

## Events and Activity Announcement (subject to change)



### *Monthly Social*

~ It's a Potluck! ~

~ Everyone is welcome ~

*Let's  
Party*

**Every Month at 10:00 am**

New Year Celebration on January 14

Valentine's Day Party on February 14

St. Patrick's Day Party on March 17

Egg Hunt Party on April 18

Mother's Day Party on May 9

Father's Day Party on June 10

Independence's Day Party on July 1

Luau Party on August 5

Fun by the Harbor on September 30

Halloween Party on October 31

Thanksgiving Party on November 21

Winter Showcase on December 9

## *Free Field Trips* (AMSCC members only)

*Hollywood Bowl in the Summer (Classical Music)*

*Secret Field Trips later in the year*

***Sponsored by Council District 15! First come! First served!***

*This is a day trip, bus is free for Anderson Memorial Senior Citizen Center's members. There may be a fee to the event or activity or facility attending. Meals and misc. fees are not included.*



## 8 Weeks Winter Classes-Jan 5 to Feb 27, 2026

**Monday Classes meet on:** 1/5, 1/12, 1/26, 2/2, 2/9, 2/23 (make up class 3/2/2025 if any)

### **Tai Chi**

10 to 11:15 AM for \$10 /6 weeks

Slow movement that is easy on our body.

### **Line Dancing**

11:30 to 12:30 PM for \$10 /6 weeks

A line dance is a choreographed dance in which a group of people dance along to a repeating sequence of steps in lines.

### **Chair Yoga**

12 to 1:15 PM for \$10 /6 weeks

Simple stretching for our body sitting on a chair.

### **Badminton** (Free for members)

12 PM to 4 PM

Badminton is a great body-toning workout. Between running, lunging, diving and ball hitting (burns ~450 calories per hour).

### **Chinese Calligraphy**

2 to 3:30 PM for \$20 /6 weeks

We will begin our journey similar to a Chinese scholar.

### **Tuesday Classes meet on:**

1/6, 1/13, 1/27, 2/3, 2/10, 2/24 (make up class 3/3/2025 if any)

### **EPOCH (Dance) Fitness**

10:15 to 11:30 AM for \$20 /8 weeks

Like Zumba with American oldies!

### **Badminton** (Free for members)

10:30 AM to 2 PM

Badminton is a great body-toning workout. Between running, lunging, diving and ball hitting (burns ~450 calories per hour).

### **Ceramic**

10 am to 12:30 pm for \$60 /8 weeks

**Material Fee: \$30 (for clay & glazes)**

This is the moment we take for ourselves, to be free and expressive. We create our pieces with just our hands.

### **Piano-all ages**

30 min. private lesson

30 minutes/week for \$110 /8 weeks

Our instructor tailored the lessons according to student's level in a spacious private room using a baby grand piano.

### **Pickleball**

3 to 4 PM for \$20 /8 weeks

4 to 5PM for \$20 /8 weeks

This is the new in sport for everyone who used to play tennis. It is so easy!

### **Monday through Friday\***

### **Ping-Pong** (Free for members)

9 am-10 am, 12 pm to 4 pm

We have everything, just come and play!

\*Except Wednesday afternoon



### **Wednesday Classes meet**

**on:** 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, (make up class 3/4/2025 if any)

#### **Badminton** (Free for members)

**9 AM to 1 PM**

Badminton is a great body-toning workout. Between running, lunging, diving and ball hitting (burns ~450 calories per hour).

#### **iPhone Help** (Free for members)

**9:30 AM to 10:30 AM**

We can help you navigate with iPhone.

#### **Ceramic**

**10 am to 12:30 pm for \$60 /8 weeks**

**Material Fee: \$30 (for clay & glazes)**

This is the moment we take for ourselves, to be free and expressive. We create our pieces with just our hands.

#### **Watercolor**

**2 to 3:30 pm for \$10 /8 weeks**

Watercolor paint is a translucent art medium, basically a colored pigment in a water-soluble binder. Vibrant and translucent nature, quick drying time, simple set up and clean up.

#### **Ping Pong Class**

**3 PM to 4 PM for \$10 /8 weeks**

Maybe we can play as good as Forest Gump!  
**We have everything, just come and play!**

#### **Meditation** (Free for members)

**4:30 pm**

Meditation is a practice that involves focusing the mind to achieve a state of calm and clarity.

### **Thursday Classes meet on:**

1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26 (make up class 3/5/2026 if any)

#### **Tai Chi**

**9 to 10 AM for \$10 /8 weeks**

Slow movement that is easy on our body.

#### **Sewing** (Free for members)

**9:30 am to 12 noon /8 weeks**

#### **Ceramic**

**10 am to 12:30 pm for \$60 /8 weeks**

**Material Fee: \$30 (for clay & glazes)**

This is the moment we take for ourselves, to be free and expressive. We create our pieces with just our hands.

#### **Black & White Photography**

**10 to 11 AM for \$20**

The art of capturing images using only shades of gray. It's a timeless art form that emphasizes composition, contrast, and light.

#### **Crochet**

**11:30-12:30 PM for \$10 /8 weeks**

How many lovely little things you can make with a hook!

#### **Chinese Folk Dance**

**1:30 to 2:30 PM for \$20**

Encompasses a wide variety of dance styles, traditions, and customs passed down through different regions and ethnic groups within China

#### **Posture Perfect**

**2-3:15 PM for \$20 /8 weeks**

Imagine looking taller, skinner and potentially improve the look of your neck, shoulder and back.



## 8 Weeks Classes: Winter 2026, 1/5-2/27 & Nutrition Program

### Friday Classes meet on:

1/9, 1/16, 1/23, 1/30, 2/6, 2/13, 2/20,  
2/27 (make up class 3/6/2026 if any)

### Badminton (Free for members)

10 AM to 4 PM

Badminton is a great body-toning workout.  
Between running, lunging, & diving.

### Acrylic Painting

12 to 1:30 PM for \$20 /8 weeks

Acrylic paint is a type of paint that is mixed  
with a water-soluble resin. They are typically  
used to create a layer of paint on a surface.  
Acrylic paint is typically made from acrylic res-  
in, pigment and dyes.

### Instagram Help (Free for members)

1:30 to 2:30 PM

We can help you navigate with social media.

### Mahjong (Free for members)

1:30 PM to 3:30 PM

A tile-based game originating from China,  
similar to rummy, where players draw and dis-  
card tiles to form sets, aiming to complete a  
14-tile hand to win the round.

## Senior Nutrition Program

### First come! First served!

Mondays through Fridays

(except city holidays)

Hot lunch is served daily at 10:45 AM

Seniors 60+ is \$3, all others \$5

Department of Aging generously provided this nutri-  
tion program for senior members of Anderson Memo-  
rial Senior Citizen Center.



## Bingo

Wednesdays

11:15 AM to 12:30 PM

(We will start soon)

\$0.25 a card

Maximum 6 cards per  
game

## Loteria

Wednesdays

11:15 AM to 12:30 PM

Free for members

Mexican style Bingo



## Nutrition Program Menu from January 5 to April 3, 2026

<b>2026</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1/5-1/9</b>	Tuna Sandwich	Spaghetti W/Meatballs	Chicken Enchilada	Lemon Pepper Fish	Pork Loin black Pepper sauce
<b>1/12-1/16</b>	Beef Chili Mac	Herb Baked Fish	Turkey a la King	Meatloaf with red sauce	Chicken Mole
<b>1/19-1/23</b>	<b>Holiday No Lunch</b>	Beef Picado	<b><i>Fish Vera Cruz</i></b>	Oven Baked Chicken	<b><i>Meatloaf</i></b>
<b>1/26-1/30</b>	Beef Lasagna	Shepherd's Pie	<b><i>Lemon Dijon Chicken</i></b>	<b><i>Beef Stir Fry</i></b>	BBQ Chicken
<b>2/2-2/6</b>	Garlic Butter Fish	<b><i>Hawaiian Chicken</i></b>	Beef Stew	Chicken Marsala	Breaded Fish
<b>2/9-2/13</b>	BBQ Hamburger	Creamy Cilantro Fish	<b><i>Roast Turkey</i></b>	Roast Beef	<b><i>Herb Chicken</i></b>
<b>2/16-2/20</b>	<b>Holiday No Lunch</b>	Spaghetti W/Meatballs	Chicken Enchilada	Lemon Pepper Fish	Pork Loin black Pepper sauce
<b>2/23-2/27</b>	Beef Chili Mac	Herb Baked Fish	Turkey a la King	Meatloaf with red sauce	Chicken Mole
<b>3/2-3/6</b>	Stuffed Bell Peppers	Beef Picado	<b><i>Fish Vera Cruz</i></b>	Oven Baked Chicken	<b><i>Meatloaf</i></b>
<b>3/9-3/13</b>	Beef Lasagna	Shepherd's Pie	<b><i>Lemon Dijon Chicken</i></b>	<b><i>Beef Stir Fry</i></b>	BBQ Chicken
<b>3/16-3/20</b>	Garlic Butter Fish	<b><i>Hawaiian Chicken</i></b>	Beef Stew	Chicken Marsala	Breaded Fish
<b>3/23-3/27</b>	BBQ Hamburger	Creamy Cilantro Fish	<b><i>Roast Turkey</i></b>	Roast Beef	<b><i>Herb Chicken</i></b>
<b>3/30-4/3</b>	<b>Holiday No Lunch</b>	Spaghetti W/Meatballs	Chicken Enchilada	Lemon Pepper Fish	Pork Loin black Pepper sauce





## CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

Karen Bass , Mayor

Tim McOsker, Councilmember, District 15



### Recreation and Parks Commissioners

Renata Simril, President, Luis Sanchez, Vice President,

Marie Lloyd, Benny Tran, Commissioner

### Recreation and Parks Administration

Jimmy Kim, General Manager

Matthew Rutnick, Executive Officer & Chief of Staff

Chinyere Stoneham, Assistant General Manager - Recreational Service Branch

Cathie Santo-Domingo, Assistant General Manager - Planning, Maintenance and Construction Branch

Brenda Aguirre, Assistant General Manager, Special Operations Division

### Pacific Region

Kimberly Simonet, Acting Superintendent

Leslie Perez , Acting Principal Recreation Supervisor II

Julio Hernandez , Principal Grounds Maintenance Supervisor II

Elaine Piha, Principal Recreation Supervisor I

Ramon Bernal, Senior District Supervisor

### Anderson Memorial Senior Citizen Center

Hua Ling, Recreation Facility Director

### Recreation Staff

Lisa Ferguson, Teyahna Hall, & Mindee Choi

### Maintenance Staff

Berry Rankins, Maintenance Supervisor, Point Fermin District

Boris Rivera, Lead Senior Gardener, Jose Bernal, Senior Gardener

Teresa Reveles, SPA II

## Park Advisory Board

Anderson Senior Center is looking for a few good volunteers who would volunteer a few hours a month and come to 4 (four) meetings a year with a term limit of one year at a time. If you are interested in getting donations and fundraising for Anderson SCC, please call (310) 548-7596.

## Hours of Operation

Monday through Friday	9:00 a.m. - 5:00 p.m.
Saturday	Closed
Sunday and All Los Angeles City Holidays	Closed (There will be no classes on holidays)

## City of Los Angeles Holiday

New Years Day, Thursday, 1/1/2026	Martin Luther King's birthday, Monday, 1/19/2026
President's Day, Monday, 2/16/2026	Cesar Chavez's Day, Monday, 3/30/2026

## Important Numbers

**Bulk Item pick up:** (800) 773-2489

**Dead Animal pick-up:** (800) 773-2489

**Film Office:** (323) 644-6220

**Graffiti Removal:** (213) 978-0228

**LA Police Department (Emergency)...**Call 911

**Street Lights Out:** (213) 473-3231

**Public Information:** (213) 202-2700

**Bee Infestation:** (800) 233-9279

**DWP lines in trees:** (800) 821-5278

**Golf Reservation:** (818) 291-9980

**LAPD:** (877) 275-5273 non-emergency

**Pot Hole Repair:** (800) 996-2489

**Street Tree Trimming:** (800) 996-2489

**L.A. Animal Services:** (888) 452-7381