CHAIR YOGA
Ages: 50+
Day/Time: Tuesday 1:00pm - 2:00pm
Instructor: Luke Euzarranga
Location: Auditorium
Video lead interactive class

INGLES
Ages: 50 -100yrs.
Day/Time: Martes y Jueves 10:00am - 11:00am
Instructor: Luke Euzarranga
Location: Salon 101

ROSI’S DANCE HALL
Ages: 50+
Day/Time: Wednesday /Thursday 2PM-4PM
Instructor: Ms. Rosie
Location: Corner Room

TAI CHI
Ages: 50 +
Day/Time: Thursday 1:00pm-2:00pm
Instructor: Luke Euzarraga
Location: Auditorium
Video Lead interactive class

TECH TIME
Ages: 50+
Day/Time: Tuesday 10-11 AM
Instructor: Gaby
Location: Library
Helping Seniors use technology

PAstry GALORE
Ages: 50+
Day/Time: Friday 12:30-2:00PM
Instructor: Gaby
Location: Main Kitchen/Auditorium

SENIOR LUNCH
Ages: 60+.
Day/Time: Monday– Friday 11:00am-12:00pm
Location: Lunch room / Auditorium
Contribution: $3
Organization: JAYCEE Foundation

SEWING
Ages: 50+
Day/Time: Monday 9:00am - 2:00 pm
Instructor: Mary Lopez
Location: Sewing Room
Learn to read patterns and basic sewing techniques. All levels are welcome.

FITNESS
Ages: 50+
Days/Time: Monday 1:00 pm—2:30pm
Friday 9:30am– 11:00am
Instructor: Patty Logan
Location: Auditorium
Get fit and keep in shape

CERAMICS
Ages: 50+
Days/Time: Tuesday 10:00 am—1:00pm
Wednesday 2:00pm-5:00pm
Instructor: Beth Elliot and Lisa Ferguson
Fee: 10.00 for 6 weeks
Location: Art Room

BINGO CLUB
Ages: 50+
Days/Time: Tuesday 12:00 pm—2:00pm
Instructor: Senior Club
Location: Auditorium

SENIOR CLUB MEETINGS
Ages: 50+
Day/Time: Tuesday 11:00am - 12:00 pm
Location: Auditorium

Hours of Operation: Monday—Friday 9:00am=5:00pm

City of Los Angeles Department of Recreation and Parks
Persons with disabilities are encouraged to participate in our classes and programs.
Reasonable accommodations will be made with prior arrangements.
Activities and programs may be subject to cancellation.