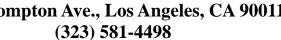
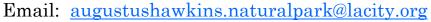


City of Los Angeles Department of Recreation & Parks AUGUSTUS HAWKINS NATURE PARK

5790 Compton Ave., Los Angeles, CA 90011





Website: www.laparks.org



Simple effective walking and firming moves at a safe and comfortable pace.



Monday & Wednesday 12:00pm - 1:00pm Free



5790 Compton Avenue Los Angeles, CA 90011 (323) 581-4498

Persons with disabilities are encouraged to participate in our programs and classes.

Reasonable accommodations will be made with prior arrangements.

Activities and programs may be subject to cancellation.

Achieving gender equity through a continuous commitment to girls and women in sports.

Payments by check or money order only. A fee will be charged for any returned checks by the bank.