

IMPROVE YOUR SKILLS AND HAVE FUN

LEAGUE START OCT. 4 TO NOV. 22



WHAT TO EXPECT

- Experienced volleyball coaches
- Skill development
- Team building exercises
- Strategy sessions
- Fitness & conditioning drills
- Friendly Games

9-16 YEARS OLD

Registration Fee

\$10

"Achieving gender equity through a continuous commitment to girls and women in sports."

"Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer, submit your request for an accommodation as soon as possible." First come, first served.

The classes and programs in this flyer may be subject to cancellation without notice. No refunds will be issued unless the program is cancelled by the Recreation Center.