BANNING POOL

1450 N. Avalon Blvd.
Wilmington, CA 90744
(310) 548-7420

SPRING 2020

Times subject to change without notice

Pool Hours / Horas de Natación
January 13 – June 06
Tuesday – Friday ... 4:00 p.m. - 5:00 p.m.
Saturday & Sunday .... 1:00 p.m. - 5:00 p.m.

Lap Swimming / Horas de Ensayo
(18 yrs. & Older ONLY)

Tuesday - Friday .......... 7:00 p.m. - 8:00 p.m.
Saturday & Sunday ....... 1:00 p.m. - 5:00 p.m.

Spring Break - Vacaciones de Primavera
April 14 - 20
Tuesday – Friday .......... 2:30 p.m. - 5:00 p.m.
Saturday & Sunday ....... 1:00 p.m. - 5:00 p.m.

Monday closure continue till June 2020

www.LAPARKS.org

Persons with disabilities are welcome to participate in programs and classes. Reasonable accommodations will be provided upon request. To ensure availability, you are advised to make your request at least 72 hours prior to the program or class you wish to participate.

TEAM SWIM LA

Team Swim LA is designed for entry-level athletes ages 7-17. The year-round program is a department-sponsored league in partnership with USA Swimming. USA Swimming Membership provides athletes and parents with enhanced training and educational resources.

Registration Requirements
Assessment to demonstrate Intermediate-level 4 swimming competency.

Team Registration: $60.00 per season, per season
USA Swimming Flex membership: $20.00 yearly

TEAM SPORTS

Designed for the entry-level competitors’ ages 7-17 yrs., proof of age required at time of registration. Participants will compete in a Department-sponsored league. Participants must demonstrate Intermediate – Level 4 swimming competency. Teams include for Fall Season - Diving. All meet times and locations will be announced at facility prior to event.

Registration: $50.00 for one team, $45.00 for each additional team.

A team sport awards banquet is scheduled at the end of the sports season. Athletes must compete in two or more meets and/or sports competitions to be eligible. Participants will receive a combined participation award, Team T-shirt.

SYNCHRONIZE SWIMMING

Length of Season ...................................................... January 21 – May 21, 2020
Workouts .............................................................. Tuesday - Friday 5:00 p.m. – 6:00 p.m.*

WATER POLO

Length of Season ...................................................... January 22 – May 22, 2020
Workouts .............................................................. Tuesday 6:00 p.m. – 7:00 p.m.*

U.S. SWIMMING

Length of Season ......................... Year-Round
Age Group 7 -17 ....................... Tuesday – Friday .............. 6:30 p.m. - 8:00 p.m.
ADMISSION FEES

ADULTS ..........(18 – 49) .............................................. $4.00
YOUTH* ......... (0 – 17) ......................................................... $1.00
SENIORS ........(50 & Up) .................................................. $1.00
Persons with Disabilities .................................................. $1.00

30 ADMISSIONS PASSES
ADULTS Lap Pass .............................................................. $88.00
Admission Pass (Senior, Person w Disabilities, Youth) ........... $25.00

* NOTE: Each child & under must be accompanied by an adult.
The adult must be within one arm’s length of the child at all times, whether on the pool deck or in the water.

Children under the age of 4 must wear a swim diaper.

PUBLIC SWIM ATTIRE – Swim suits, Swim trunks with liner
(exception board shorts providing coverage), must be worn by persons in the pool area.

All patrons must wear proper swimming attire in order to be allowed in the pool.

✓ All patrons must shower before entering pool.
✓ Lap lane availability subject to change without notice.
✓ NO FOOD OR DRINKS (unless it's plastic water containers) IS PERMITTED ON THE POOL DECK.

Groups or individuals desiring to provide coaching or instruction at City of Los Angeles swimming pools must obtain a permit. Private instruction (one-on-one) is not permissible. Permit guidelines and applications can be obtained online at LA Parks.org, aquatic link.

LEARN-TO-SWIM LESSON REGISTRATION

- Registration for 1st session will begin the Saturday, XXXXXXX, 2020 prior to the start of the next series, @ 10:00 a.m.
- Registration Cost: $30.00 for Adults / $30.00 for Children
- No telephone registration.
- Fees must be paid at the time of registration. NO EXCEPTIONS.
- Make checks payable to:
  L.A. City Department of Recreation and Parks

- No refunds unless a session is cancelled.
- All refunds will be assessed an administration fee of 10%
- Lessons are 25 minutes in length.
- A swim assessment will be required for any level above Advance Beginner-Level 3

GROUP LESSON FEES

CHILDREN/NIÑOS .......... $30.00 per session / por sesión
ADULTS/ADULTOS ........ $30.00 per session / por sesión

8 LESSONS / 4 WEEKS

CHILDREN & ADULT LESSONS – TUESDAY & THURSDAY

Session #1 .......... Tues. & Thur. ....... Jan. 07 - Jan. 20
Session #2 ............ Tues. & Thur. .......... Feb. 04 - Feb. 27
Session #3 ............ Tues. & Thur. .......... Mar. 03 - Mar. 26
Session #4 ............ Tues. & Thur. .......... Apr. 23 - Apr. 30
Session #5 ............ Tues. & Thur. .......... May 28 - May 22

CHILDREN LESSONS – WEDNESDAY & FRIDAY

Session #1 .......... Wed. & Fri. .......... Jan. 09 - Jan. 31
Session #2 ............ Wed. & Fri. .......... Feb. 05 - Feb. 28
Session #3 ............ Wed. & Fri. .......... Mar. 04 - Mar. 27
Session #4 ............ Wed. & Fri. .......... Apr. 01 - Apr. 24
Session #5 ............ Wed. & Fri. .......... May 29 - May 22

WEEKEND LESSONS – SATURDAY & SUNDAY

Session #1 .......... Sat. & Sun. ............. Jan. 11 - Feb. 02
Session #2 ............ Sat. & Sun. ............. Feb. 08 - Mar. 01
Session #3 ............ Sat. & Sun. ............. Mar. 07 - Mar. 29
Session #4 ............ Sat. & Sun. ............. Apr. 04 - Apr. 26
Session #5 ............ Sat. & Sun. ............. May 02 - May 24

ADULT LESSONS

Adv. Beg/Inter, ............ Tue. & Thur. ....... 6:35 p.m. - 7:00 p.m.
Beginner .......... Wed. & Fri. .......... 6:35 p.m. - 7:00 p.m.

CLASS TITLE | CLASS DESCRIPTION
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Preschool Aquatics 4-6 yrs. old | Children will learn how to enter and exit the water independently, submerge mouth underwater and blow bubbles for 3 seconds, glide on front for 2 body lengths then roll to back and float for 3 seconds and perform arm and leg actions on front and back.

Preschool Aquatics 4-6 yrs. old | Participants will learn how to open eyes underwater and retrieve objects, bobbing, floating on front and back, gliding on front and back, rolling from front to back and back to front, combined arm and leg actions on front and back for 3 body lengths.

Water Confidence Level 1 | Introduction to water safety and water acclimation. This beginner level teaches buoyancy in water and basic locomotion skills. Kicking, breathing and alternative arm action techniques are introduced.

Beginner Level 2 | Participants learn locomotion skills including front and back crawl and swimming in semi deep water.

Advance Beginner Level 3 | Participants learn elementary backstroke and continue to improve on front and back crawl.

Intermediate Level 4 | Participants learn breaststroke and sidestroke skills.

Swimmer Level 5 | Participants refine strokes and learn additional aquatic skills such as the butterfly stroke.

Adult Beginner | Help participants gain basic aquatic skills and swimming strokes.

Adult Intermediate | Improve participants' proficiency in basic aquatic skills and the six basic swimming strokes.

American Red Cross | Card showing proof of correct level may be required for swim lessons after Water Confidence. An evaluation to determine the student's correct level may be requested.

TINY TOTS LESSONS

Level 1, Starfish .......... $80.00 per session / por sesión
Tiny Tots ................. Sat. & Sun. .......... 12:35 p.m. - 1:00 p.m.

PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS: Adult, Child, Senior, Adaptive
4 private lessons = $110.00

SEMI-PRIVATE LESSONS (2 students only)
Adult, Child, Senior, Adaptive
$20.00 per lesson per student x 2 students = $40.00, 4 lessons = $160.00.