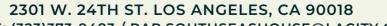
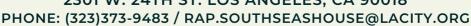
CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS

## SOUTH SEAS HOUSE RECREATION CENTER













## **REGISTER NOW!!!**

**REGISTRATION BEGINS: MONDAY, SEPTEMBER 8, 2025** CLASSES BEGIN: MONDAY, OCTOBER 6, 2025 WWW.LAPARKS.ORG/RECCENTER/SSH



YOUTH CLASSES **FALL 2025** \$10 - 8 Weeks



	CLASS NAME	AGES	TIME	INSTRUCTOR
	MONDAYS: 10/06 - 11/24			
	Dodgeball	5 - 12	4:00 p.m 5:00 p.m.	STAFF
	Ultimate Frisbee	5 - 12	5:00 p.m 6:00 p.m.	STAFF
	TUESDAYS: 10/07 - 11/25			
	Capture the Flag	5 - 12	4:00 p.m 5:00 p.m.	STAFF
	Co-Ed Flag Football	5 - 7	4:00 p.m 5:00 p.m.	MARIO
	GPLA Flag Football	5 - 7	5:00 p.m 6:00 p.m.	MARIO
	Kids Zumba	5 - 12	5:00 p.m 6:00 p.m.	STAFF
	WEDNESDAYS: 10/08 -11/26			
.4.	Basketball Shoot Out	5 - 12	4:00 p.m 5:00 p.m.	STAFF
	Dodgeball	5 - 12	5:00 p.m 6:00 p.m.	STAFF
K	THURSDAYS: 10/09 -11/27			
	Co-Ed Soccer	5 - 7	4:00 p.m 5:00 p.m.	MARIO
1	GPLA Soccer	5 - 7	5:00 p.m 6:00 p.m.	MARIO
	The Art of Yoga	5 - 12	4:00 p.m 5:00 p.m.	STAFF
	Parachute Play Fitness	5 - 12	5:00 p.m 6:00 p.m.	STAFE
	FRIDAYS: 10/10 - 11/28			
	Co-Ed Basketball	5 - 7	4:00 p.m 5:00 p.m.	MARIO
À	GPLA Basketball	5 - 7	5:00 p.m 6:00 p.m.	MARIO
	Beginners Badminton	5 - 12	4:00 p.m 5:00 p.m.	STAFF
	Playgro <mark>un</mark> d Parkour	5 - 12	5:00 p.m 6:00 p.m.	STAFF

\*\*THE CLASSES AND PROGRAMS IN THIS FLYER MAY BE SUBJECT TO CHANGE OR CANCELLATION\*\*

