## CABRILLO BEACH BATHHOUSE

## GREATIVE GERBA GORREGIORS

We invite you to "Creative Connections," a program designed for active adults ages 50+. This initiative is a wonderful opportunity to meet new people and enjoy a fun, engaging time with others on Fridays.

	JANUARY 9	JANUARY 16	JANUARY 23	JANUARY 30
9am-10am	Art with Selina \$25/month	Art with Selina \$25/month	Art with Selina \$25/month	Art with Selina \$25/month
10am-11am	Health, Wellness & Wholeness Seminar - Free	Stress Management Seminar - Free	Depression & Anxiety Seminar - Free	Preserving your Memory Seminar - Free
11am-12pm	Mahjong - Free	Mexican Train Game - Free	Mahjong - Free	Mexican Train Game - Free
12pm-1pm	Social Media Assistance - Free	Walking Club -Free	Email Assistance - Free	Walking Club -Free
1pm-2pm	Piano \$10/month	Singing \$25/month	Performing Arts	Piano

MONTHLY REGISTRATION REQUIRED.

ADDITIONAL FEES MAY APPLY PER CLASS.

\$25 YEARLY FEE

