

**CLAUDE PEPPER SENIOR RECREATION CENTER MONTHLY ACTIVITY SCHEDULE
2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
9:00 – 10:00AM STRENGTH & CONDITIONING CLASS	9:30 – 11:30AM BINGO 0.25 PER CARD	9:00 – 11:00AM KNITTING (NO INSTRUCTOR)	9:30-11:00AM YOGA (\$5 A CLASS)	11AM – 1:30PM STOP SENIOR SCAMS ACTING		
10:00 – 11:15AM FLASHLIGHT SELF DEFENSE CLASS (\$10 A MONTH)	10:00- 11:15AM PEPPER STEPPERS (WALKING CLUB) MEET IN LOBBY	11AM – 2PM QUILTING (NO INSTRUCTOR)	10AM – 2:30PM (T.A.G.) THURSDAY ACTING GROUP (FREE)	12:30-4:00PM POKER (FRIENDLY GAME)		
12:45 – 1:30PM SMART PHONE 101 CLASS	1:00PM – 2:30PM YOGA CLASS (\$5 PER CLASS)	11:45AM – 1:00PM CHAIR YOGA (\$5 A CLASS)	1:00 – 2:00 PM LINE DANCE (FREE)	12:15-1:00PM INTRO TO SPANISH (ENDS APRIL 4) \$10 PER QUARTER		
10AM – 3:30PM COMPUTER LAB OPEN	10AM – 3:30PM COMPUTER LAB OPEN	2:00 – 2:45PM COMPUTER HELP – BY APPT ONLY	2:00 – 4:00PM BID WHIST CARD GAME (EXCEPT 3 RD THURSDAY – GENERAL MTG.)	2:00 – 3:30PM GOURD ART PROJECT (ENDS APRIL 11)		
11:30AM – 12:30PM JFS LUNCH PROGRAM (REGISTRATION REQUIRED)	11:30AM – 12:30PM JFS LUNCH PROGRAM (REGISTRATION REQUIRED)	11:30AM – 12:30PM JFS LUNCH PROGRAM (REGISTRATION REQUIRED)	11:30AM – 12:30PM JFS LUNCH PROGRAM (REGISTRATION REQUIRED)	11:30AM – 12:30PM JFS LUNCH PROGRAM (REGISTRATION REQUIRED)		
		1:30PM MOVIE DAY (LAST THURSDAY OF MONTH)	10AM – 3:30PM COMPUTER LAB OPEN	10AM – 3:30PM COMPUTER LAB OPEN		

- **Computer Help by Appt. only. Tuesday & Wednesday: 2:00 – 2:45pm (times subject to change) Call Lois in office @ 310-559-9677 or 323-369-5455**
- **Movie Day: Last Wednesday of the month – 1:30pm**
- **General Meeting: Every 3rd Thursday of the month: 1:00 – 3:00pm**
- **Call the office (310) 559-9677 for MORE INFORMATION**