



City of Los Angeles Department of Recreation & Parks

# FREE CLASSES

## Delano Recreation Center

15100 Erwin St. Van Nuys 91411 CA

# 818-756-8529

**September 18th, 2023 through December 4th, 2023**

No Class 10/9 and 11/27

10 week session

Registration begins August 28th, 2023

**Activity/ Description:**

**Day:**

**Time:**

**Ages:**

Kickboxing



Monday

6pm-7pm

5-8

Kickboxing



Monday

7pm-8pm

9-15

**Activities may be subject to change.**

"Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible."