



CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION AND PARKS



# FREE WELLNESS PROGRAMS FOR ADULTS

DELANO RECREATION CENTER

15100 Erwin St

Van Nuys, CA 91355

818 756-8529

April 8th 2019 – May 31st 2019



◆ *Sewing*

*Monday 10:30am*

◆ *Beginning Theatre*

*Thursday/ 1:00pm*

◆ *Creative Stories*

*Friday/ 10:30am*

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.

REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS.

PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.