

## CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS



#### **FREE**

# WELLNESS PROGRAMS

FOR ADULTS

### **Sewing & Hand Arts**

Mondays 10:30a.m.—12:30 p.m. January 28th 2019 - April 1st, 2019

Students provide sewing machine and supplies.



#### **DELANO RECREATION CENTER**

15100 Erwin St Van Nuys, CA 91355 (818) 756-8529