

**CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION & PARKS**

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**Citywide Aquatics Division**

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**Principal Recreation Supervisor II**

Maha Yateem

**Principal Recreation Supervisor II**

Andre Brent

**Aquatic Directors**

Carlos Espinoza  
Ivan Rodriguez  
Peter Schwaneman

**Aquatic Facility Managers**

Nivar Rivera AFM II

If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:  
3900 Chevy Chase Dr.  
L.A., CA 90039  
(323) 906-7953  
[citywide.aquatics@lacity.org](mailto:citywide.aquatics@lacity.org)



**City of Los Angeles  
Department of Recreation and Parks  
Citywide Aquatics Division**

# DYMALLY POOL



# FALL/WINTER 2025

**Effective September 13, 2025 - January 1, 2026**

**8800 S. San Pedro  
Los Angeles, CA 90003  
(323) 789 - 2726**

***[www.laparks.org](http://www.laparks.org) - Click on Aquatics***

***Email: [Dymally.pool@lacity.org](mailto:Dymally.pool@lacity.org)***

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

***\*Programs & Class times in this brochure may be subject to cancellation without notice.\****

# FEES & HOURS OF OPERATION

## ADMISSION FEES

YOUTH (0 - 17 yrs. ) .....	\$1.00
ADULT (18 - 49 yrs. ) .....	\$4.00
SENIORS (50 +) .....	\$1.00
Persons with Disabilities (All Ages) .....	\$1.00

## ADMISSION PASSES/30 ADMITS

Adult Lap Pass	(Good at all LACITY pools)	.....	\$88.00
Admission Pass	(Senior, Persons w/ Disabilities)	.....	\$25.00

Passes are good for 30 admissions.

## RECREATIONAL SWIMMING & DIVING BOARD

**September 7 - November 8**

Tuesday - Friday ..... 6:30 p.m. - 8:00 p.m.

Saturday & Sunday ..... 1:00 p.m. - 5:00 p.m.

## HOLIDAY HOURS

Indigenous People Day.....	Oct. 13 (Pool Closed)
Veterans Day.....	Nov. 11 (Pool Closed)
Thanksgiving Holiday.....	Nov. 27 & 28 (Pool Closed)
Christmas Holiday.....	December 25 (Pool Closed)
New Years Day 2026.....	January 1 (Pool Closed)

## Lap Swimming

**September 7 - November 8**

Tuesday - Friday.....6:30 p.m. - 8:00 p.m.

Saturday & Sunday.....1:00 p.m. - 4:00 p.m.

Groups or individuals desiring to provide coaching at a City of Los Angeles swimming pool must obtain a permit. Private instruction (one-on-one) is not permissible. Permit guidelines and applications can be obtained online at [LAParks.org](http://LAParks.org), click on the Aquatics link.

LA PARKS



SWIM LA



DYMALLY  
POOL



@iswimla.  
lacityparks



"Use of these school premises has been granted pursuant to the provisions of Sections 17400, et seq., of the Education Code of the State of California to «Licensee» from the Board of Education of the Los Angeles Unified School District. The Board of Education does not sponsor or take responsibility, nor does it necessarily endorse any of the activities, statements, or opinions which may be expressed at this meeting or activity"



If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility **(323) 789-2726**, or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice.

If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide.

## Pool Rules

*Pool employee interpretation of rules shall be final.*

- **Entrance is denied to:**
  - i. Children under seven (7), unless accompanied by an adult on a one to one ratio.
  - ii. Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs.
  - iii. Persons under the influence of alcohol or narcotics.
  - iv. Persons with colds, coughs, nasal or eye discharges, skin eruptions, open wounds, open sores or bandages.
  - v. Pets.
- **Please check all your valuables with the pool clerk.**
- **Personal property not permitted in the swimming pool or deck area includes:**
  - i. Street clothes, shoes, and carrying bags of all types.
  - ii. Floating apparatus, glass objects or containers of any kind.
  - iii. Sports or swim equipment; scuba equipment; electronic equipment.
  - iv. Wheeled vehicles (roller blades, bicycles, skateboards, etc...)
- **Soap showers must be taken before entering the pool area.**
- **Smoking is prohibited anywhere in the pool area.**
- **Eating/Drinking is prohibited anywhere on the pool deck & bleachers**
  - i. Only water in plastic containers will be allowed on the pool deck.
- **Foul or abusive language will not be tolerated. For the safety of the public there is no:**
  - i. Running on the pool deck.
  - ii. Climbing, sitting on, and jumping from storage benches or guard structures.
  - iii. Diving into shallow water.
  - iv. Double bouncing or crowding dive structures.
  - v. Swimming in the diving area.
  - vi. Horse playing on the deck or in the pool at any time.
  - vii. Snapping towels.
  - viii. Participating in other dangerous practices as determined by lifesaving staff.
- **Hypoxic training or prolonged underwater swimming is not allowed.**
- **Do not interfere with a lifeguard rescue, or call for help unless in distress.**

## General Information

- No lap lanes are available for lap swim during recreational hours unless stated in brochure.
- Locker rooms close 15 minutes after swimming pool has closed.
- Clothed patrons must be seated on the bleachers if they are not swimming.
- During recreational hours, all patrons will be asked to take a swim test before entering the deep end of the pool and using the diving board. This test will consist of two lengths of the pool swimming freestyle (Front Crawl), with an effective supporting kick.
- Kickboards, Pull buoys are provided during Lap swimming hours only, no equipment will be provided during recreational swim hours. All other equipment is for facility programs.
- There is no gum chewing allowed in the pool area.
- The shallow end will be cleared of all patrons during shallow water exercise classes.

## Swim Level Descriptions

**Preschool Aquatics 1-3** – A Parent or Guardian age 16 or older is required to be in the water with their child at all times. Parents will be taught various supporting holding and supporting techniques such as: the hug position, chin support, shoulder support on front, hip straddle shoulder support from the side, as well as skill cueing to support safe water skills. Participants will learn to enter and exit the water with support and independently, breath control skills: blowing bubbles on the surface, blowing bubbles with mouth and nose submerged, Underwater exploration, Submerge mouth, nose and eyes, Buoyancy skills: front glide, back glide back float, changing direction skills rolling from front to back and rolling from back to front, introduction to swim skills on front: leg action and arm action as well as water safety skills: The importance of wearing a life jacket, how to call for help, the importance of knowing first aid and CPR and Basic water safety rules.

**Tiny Tots:** Smaller class size 4 participants max. Ages 3 - 6 years old. Parents are not required to be in the water. In water instruction Swim lesson levels include: Starfish level 1, Seahorse level 2, Shark Pups level 3. Participants will learn how to enter and exit the water independently, submerge mouth underwater and blow bubbles for 3 seconds, glide on front for 2 body lengths then roll to back and float for 3 seconds and perform arm and leg actions on front and back.

**Water Confidence (Level I)** – Participants will learn how to open eyes underwater and retrieve objects, bobbing, floating on front and back, gliding on front and back, rolling from front to back and back to front, combined arm and leg actions on front and back for 3 body lengths.

**Beginner (Level II)** – Participants will learn to enter chest deep water by jumping in, fully sub-merge and hold breath for 10 seconds, rotary breathing, front float 10 seconds, back float 15 seconds, change direction of travel while swimming on front and back, tread water for 30 seconds in shoulder-deep water, combined arm and leg actions on front for 5 body lengths.

**Advance Beginner (Level III)** – Learn dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, front crawl and elementary backstroke.

**Intermediate (Level IV)** – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

**Swimmer (Level V)** – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool.



SwimLA ensures that youth in every LA City community, have an opportunity to learn to swim by offering lessons at a low cost. Scholarships are available to qualified patrons, on a first come, first serve basis.

## PRIVATE & SEMI-PRIVATE LESSONS

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 & older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of 4 lessons.

PRIVATE		MAXIMUM 1 PARTICIPANT	
1 Private Lesson = \$27.00		4 Private Lessons = \$108.00	
SEMI-PRIVATE		MINIMUM 2 PARTICIPANTS	
1 Semi-Private Swim Lesson= \$40		4 Semi Private Lessons = \$160	



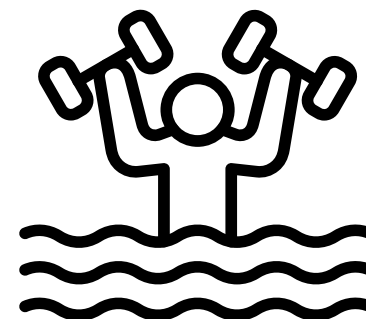
CITY OF LOS ANGELES  
**JUNIOR LIFEGUARDS**

## JUNIOR LIFEGUARD PROGRAM - \$50.00

Length of Season..... June – August

The Junior Guard program allows youths between **9 - 17 years** of age an opportunity to improve their swimming skills, receive a basic understanding of water rescue, first aid, beginning and intermediate snorkeling skills and canoeing skills. The cost of the program will include one Junior Lifeguard T-shirt, bus transportation to selected events, materials, and instruction. **Participants must PASS Level 6 Swimmer. Program limited to 20 participants. This program is not eligible for an additional team discount. This is a Summer ONLY Program. If you have any questions about our Jr Lifeguard Programs, please inquire with the facility manager .**

# SWIM FOR A HEALTHIER YOU!



## AQUAFIT

This class offers a variety of low to high intensity workouts that help promote aerobic conditioning and cardiovascular fitness. **A minimum of 3 participants needed to conduct a class.**

**\$5.00 Adults / \$4.00 for Adults 50+, per Walk-In Class**

Session #1 : .....9/13/25 - 11/1/25

Shallow Water

Saturdays

2:00 pm - 2:45 pm



# TEAM SPORTS

## Registration Information

**Sport Teams registration for Fall 2025 will be August 23 @ 9 am.**

- Sport Teams registration for Fall 2025 will be August 23 @ 9:00 a.m.
- Fall teams include: U.S. Swimming, Novice Swimming & Diving
- Designed for entry-level competitors.
- A skills evaluation will be required and given by a coach or pool manager.
- Proof of age required. Age verification must be completed before the first meet, or the participant will not be allowed to compete.
- Participants compete in a Department-sponsored league.
- Participants **Must demonstrate Intermediate level swimming competency.**
- All meet times and locations will be announced prior to start of season.
- Season Length from Sept. 16 through Dec. 19



### U.S.A. SWIMMING

Workout Days:.....Tuesday through Friday  
Team Practice Times:.....5:00 pm - 6:30 pm  
Competition Day:.....Saturdays  
Season Length:.....Aug. 23 through Nov. 28



### Artistic Swimming (Spring 2026)

Workout Days:.....Tuesday & Thursday  
Team Practice Times:.....6:00 pm - 7:00 pm  
Competition Day:.....Saturdays



### Water Polo (Spring 2026)

Workout Days:.....Wednesday & Friday  
Team Practice Times:.....6:00 pm - 7:00 pm  
Competition Day:.....Saturdays

# SWIM LESSON REGISTRATION

## SWIM LESSON REGISTRATION INFORMATION

- Walk-In Registration will begin on September 14 2025 @ 9:00 am or Online at ([www.laparks.org/discover-activities](http://www.laparks.org/discover-activities))
- Fees must be paid at the time of registration. NO EXCEPTIONS.
- ~~Payments of Cash, Visa & Mastercard~~ accepted
- Checks made payable to:  
***"CITY OF L.A. DEPARTMENT OF RECREATION AND PARKS"***
- Lessons are 25 minutes in length.
- 8 lessons = 2 lessons x 4 weeks
- NO refunds unless class is cancelled.
- NO MAKE UP LESSONS.
- All refunds will be assessed an administration fee of %10.

**YOUTH COST - \$ 10.00**

**PARENT CHILD - \$30.00**

SwimLA ensures that youth in every LA City community, have an opportunity to learn to swim by offering lessons at a low cost. Scholarships are available to qualified patrons, on a first come, first served basis. Sign up at [LAParks.org/discover-activities](http://LAParks.org/discover-activities) or in person.

## SWIM LESSON REGISTRATION DATES

Swim Lesson Sessions	Begins	Ends	Registration Date & Time
Session #1	Sept. 13	Oct. 11	Sept. 12 (9:00 am)
Session #2	Oct. 11	Nov. 7	Oct. 11 (9:00 am)



**Kaiser Permanente** Sponsorships for **Learn to Swim & Junior Lifeguard Program** available on a first come, first serve basis. Sponsorships does **not** include Private or Semi-private lessons.



## SWIM LESSON SCHEDULE OF CLASSES

Tuesday & Thursday	Begins	Ends
Beginner	4:30 pm	4:55 pm
Advanced Beginner	5:00 pm	5:25 pm
Intermediate	5:30 pm	5:55 pm
Wednesday & Friday	Begins	Ends
Advanced Beginner	4:30 pm	4:55 pm
Beginner	5:00 pm	5:25 pm
Swimmer	5:30 pm	5:55 pm
Saturday & Sunday	Begins	Ends
Water Confidence	12:00 pm	12:25 pm
Parent Child	12:30 pm	12:55 pm
Adult Beginner	1:00 pm	1:25 pm
Adaptive	1:00 pm	1:25 pm



## Tiny Tots



Tiny Tot lessons provide children ages 3-6 years old with small group instructions.

- Parent/Guardian NOT required to be in the water with child.
- Instructors are in the water with students.
- Maximum of 3 participants per class.
- Classes are 25min in length, 2 x week for 4 weeks
- Fee is \$80.00
  - Registration: Saturday Sept 13 & Saturday Oct 11 @ 9:00 a.m.

**Series Date # 1: Sept. 13 - Oct 5 (STARFISH)**

**Series Dates # 2: Oct. 11 - Nov. 2 (SEAHORSE)**

**Time:.....Saturday & Sunday, 12:00 p.m.-12:25 p.m**

# Swim for a healthier You!

