

EL SERENO RECREATION CENTER * PARK 4721 KLAMATH ST. LA. CA 90032



(323)225-3517

SELF DEFENSE CLASSES



MONDAYS

6:00PM-7:00PM

@ EL SERENO SENIOR CENTER



MONDAYS

7:00PM-8:30PM

@ EL SERENO SENIOR CENTER



WEDNESDAYS

5:00PM-6:00PM

@ EL SERENO SENIOR CENTER



HER DEFENSE

WEDNESDAYS

6:15PM-7:30PM

@ EL SERENO SENIOR CENTER



CALL (323) 225-3517 FOR MORE INFO









@ElSerenoRecreationComplex

